



# Island Sun

VOL. 23, NO. 39

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 18, 2016

MARCH SUNRISE/SUNSET: 18 7:34 • 7:38 19 7:33 • 7:39 20 7:32 • 7:39 21 7:31 • 7:40 22 7:30 • 7:40 23 7:29 • 7:41 24 7:28 • 7:41



The Sanibel School's Spanish language teacher Silvia Zavala, center, with students Riley Mann and Osa Nuenlist holding one of the poster entries for the World Language Fair  
photos by Jeff Lysiak

## Sanibel School Lauded At World Language Fair

by Jeff Lysiak

On March 12, the Lee County School District hosted the World Language Fair. All middle schoolers from The Sanibel School participated in the fair, submitting either an art project, poster, slide presentation or a video. According to Spanish language teacher Silvia Zavala, who helped organize and



Riley Mann, left, and Osa Nuenlist display their artwork entries

submit The Sanibel School's dozens of entries, this year's World Language Fair – for middle school pupils studying Spanish, German, French and American Sign Language – focused on the theme Languages Open Doors To New Horizons.

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## Captains For Clean Water Plan Meeting On March 22

by Jeff Lysiak

Captains For Clean Water, in an effort to rally residents and visitors of Sanibel and Captiva to continue the push for improved water conditions, will host a meeting for island property owners, business owners and vacationers on Tuesday, March 22 from 7 to 9 p.m. at The Community House, 2173 Periwinkle Way on Sanibel.

"Whether you are a fisherman, kayaker, sheller, beach-lover, birder or boater; if you are a restaurateur, retailer, hotelier or tourist-based business... we need your voice!" an open letter from the group announced last week. "It is our time to engage the politicians as one voice! We need to purchase the sugar land, use Amendment #1 and Legacy Funds to fix this problem once and for all!"

Created by a small group of charter boat captains in Southwest Florida, Captains For Clean Water (CCW) organized in response to a crisis caused by deliberate mismanagement of Florida's water resource. Collectively, members have spent hundreds of thousands of days on the watersheds of southern Florida from the Kissimmee Chain of Lakes, through the Everglades, coastal estuaries, and into the Gulf of Mexico and Atlantic Ocean.

"We are intimately familiar with our watersheds and their flaws. We have watched the continued decline in water quality in our estuaries," the CCW website states, in part. "The decrease in marine life in the area is a result of inactivity by those in charge to make serious efforts to solve the problem. Most of Florida's great fishing takes place in the fragile shallow water estuaries, which are also nurseries for offshore species. The water crisis in early 2016 caused by unprecedented heavy rains brought the problem into the limelight once again. As a group, we felt it was time to make our united voices

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A youngster finds a stash of Easter eggs

## Community Easter Egg Hunt

It's spring and there will be eggs everywhere on the campus of Sanibel Community Church, 1740 Periwinkle Way. The Easter egg hunt will be on Saturday, March 26 from 11 a.m. to 1 p.m. and will include games, family putt-putt, free lunch for the family, storytelling and age appropriate areas to collect thousands of eggs and redeem them for prizes.

All families with children age 3 through fifth grade are welcome.✱



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Emma Murray as The Cat in the Hat

Ava Wodjeski was a Trufula tree from *The Lorax*Charlee Armstrong was Cindy Lou Who from *The Grinch*

Wyatt Jefferson was Thing 1

## Dr. Seuss Week Celebration At Children's Center

The students and teachers of the Children's Education Center of the Islands celebrated the March 2 birthday of Dr. Seuss by dressing as their favorite Dr. Seuss characters. All week long, Dr. Seuss books were shared along with creative art projects.

The 110th birthday of Theodor Geisel, better known as Dr. Seuss (Seuss was his middle name), was celebrated worldwide. He was best known for his children's books that had wonderful rhythm and rhyme, said to be inspired by the engine rhythms of a voyage on an ocean liner. Although he has more than 60 books to his name – many of them award winning – his most important role was introducing millions of children to the joys of reading and the magic of wordplay.✧

Teachers Ms. Joy, a Trufula tree; Ms. Kerra, The Lorax; Ms. Bryanna, a Sneetch; Ms. Cindy as Thing 1; and Ms. Mandy as Thing 2



**SAN-CAP ART LEAGUE**  
**CLOTHESLINE**  
**ART SHOW**

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 2173 Periwinkle Way, Sanibel Island

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### What's Happening At The House In 2016

#### Events

**Historic Documentary Film**  
March 20 Island Cinema 1 pm  
Birthplace of a City,  
Heartbeat of its People

**Nutrition**  
"Super Green"  
March 24

**King Arthur Flour Day**  
Free Cookies, Kids Baking 3 pm  
Thanks Sponsor- Kiwanis!  
Potluck 6pm

#### Programs

**Bridge Lessons and Sanctioned**  
Duplicate Bridge Tues/Thurs  
Wed, March 23 9am

**Carla's Color Club**  
Tues, March 22 6pm

**Glassware Painting**  
Thurs, March 31 6pm

**Paint Your Pet**  
Thurs, March 24 6pm

**Shell Crafting**  
Lessons Mondays 10am  
Crafts on Sale until 3

**Starfish Painting Step Stool**  
Mon., March 21 6-9 pm

**Yoga**  
Mon., Thurs 8:30 am

\*other dates/times available see website

**The Community House**  
SANIBEL COMMUNITY ASSOCIATION  
Telephone: (239) 472-2155  
info@sanibelcommunityhouse.net  
www.sanibelcommunityhouse.net  
2173 Periwinkle Way, Sanibel, FL 33957

"To enrich community spirit through educational, cultural and social gatherings in our historic Community House."  
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Connie Mahany

Happy 70th Birthday to Connie Mahany Saturday, March 19. Thanks for making us look gorgeous for all these years! Love, all your island friends and clients.

A note from Amy Sbarra, owner of Spatini Tea Bar Organic Spa and Hair Lounge, where Mahany is employed: "Connie landed on Spatini's proverbial 'doorstep' about a year ago. She has been a blessing, bringing her work ethic, clients and expertise to us since. It's funny how you can look for a new staff member forever but only when God is ready does the right person show up. We weren't even looking at the time but have been truly blessed with Connie. Happy Birthday, Connie!"



The drummers play Latin and African rhythms

### Drum Circle

The next drum circle in Jerry's Market courtyard is planned for Friday, March 18 at 7 p.m. The drummers play African and Latin rhythms. There will also be a beginner through intermediate belly dancing class at 6 p.m. The class fee is \$20.\*

Looking Back:  

## Andy's Dock & Randall's Dock

The History Gallery, developed by the Captiva Island Historical Society, is accessed through the Captiva Memorial Library, located on Chapin Lane. Open during library hours, all ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. This week's image is Andy's Dock, showing the pilings from Randall's Dock on the left. Randall's Dock dates back to the early 1900's, when it was the original Captiva ferry dock. In the '40s, '50s and '60s Andy Rosse and his wife, Dessa, ran the dock and waterfront saloon. The History Gallery features many vintage photos like this.

photo archives of the Captiva Island Historical Society

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March 1<sup>st</sup> Thru March 31<sup>st</sup>

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## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Page Turners with Ann Rodman** – If you are not on the Page Turners list, and wish to be, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, April 13 at 2:30 p.m. is *The Dinner* by Herman Koch. "A European Gone Girl...*The Dinner*, a sly psychological thriller that hinges on a horrific crime and its consequences for two families, has become one of spring's most anticipated suspense novels." – The Wall Street Journal.

**Hurricane Season: Be Prepared Before the Threat of a Storm** – Friday, March 18 at 1 p.m. Lt. William Dalton, Sanibel Emergency Management director with the Sanibel Police Department will provide the presentation. There will be a question-and-answer session for those who would like information regarding the upcoming hurricane season. Contact the center or stop by to register.

**Rosy Tomorrows Heritage Farms Tour with Lunch** – Wednesday, March 30. Cost is \$25 for members and \$35 for non-members. A casual tour with a knowledgeable docent who will take you on a short walking tour to get an up close and personal look at a working local farm. Meet the animals and learn more about the organic and holistic methods used at Rosy Tomorrows Organic Farms. Homemade prix-fixe lunch (included) with your choice of entrees and a farm fresh garden salad. Carpooling available. Advanced registration is required. Sign up deadline is March 25.

### Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Bridge** – Monday and Wednesday at 1 p.m.

**Mahjongg** – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Hand & Foot** – Thursday at 1 p.m.

**Bingo** – Tuesday, March 22, 1:30 p.m.

**Tuesday and Thursday Kayak-**

**ing** – March, 22 and 24, 28 and 31 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday,

Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m. and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday

and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.\*

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Ty Strauss, Korynn Livermon, Karmindy Schafer, Abbie Wheeler and Sophia Paulus line up at the popcorn bar to select their favorite toppings before settling in to watch a movie with all their friends at LOGOS

## LOGOS Movie Night

At Movie Night for LOGOS Kids at Sanibel Community Church on Wednesday, March 9, the children spread out their blankets and watched a movie following their dinner. But first, they lined up for the popcorn bar

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH



Invites you to join us during  
**HOLY WEEK**



**March 19 - March 27**

#### PALM SUNDAY - THE SUNDAY OF THE PASSION

Saturday, March 19th - 5:00 p.m.

& Sunday, March 20th - 8:00 & 10:30 a.m.

#### WEDNESDAY IN HOLY WEEK - 5:00 p.m.

Service of Tenebrae - an ancient Holy Week service of light and shadows, candles and scripture. This will be followed by "The Seven Last Words of Christ" - a presentation of music and meditation by Jennifer Rundlett.

#### MAUNDY THURSDAY - 5:00 p.m.

Washing of the Feet, Holy Eucharist and Stripping of the Altar

#### GOOD FRIDAY - 12:00 Noon with Communion

#### HOLY SATURDAY - 5:00 p.m.

with Communion

Following the service, there will be a potluck supper.

#### THE GREAT VIGIL OF EASTER - Saturday - 10:00 p.m.

Kindling of the new fire, lighting of the Paschal Candle,

Lessons, and Holy Eucharist

#### — EASTER SUNDAY EUCHARIST —

7:30, 9:30 & 11:30 am

The Rev. Dr. Ellen Sloan • 239-472-2173

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with freshly popped corn and their choice of mini marshmallows, sprinkles and mini M&Ms for toppings.

This midweek family ministry happens each Wednesday at Sanibel Community Church for children age 3 through 5th grade.✱

## Community Church Holy Week Schedule

Sunday, March 20 is the beginning of Holy Week, culminating with Easter Sunday on March 27, with the celebration of the Resurrection of Jesus Christ.

On March 20, Palm Sunday, children of Sanibel Community Church will sing, waving palm branches commemorating Christ's triumphal entry into Jerusalem. Three worship services will be conducted that morning: 8 a.m. traditional with communion; 9 a.m. contemporary with Praise Band; and 11 a.m. traditional with Chancel Choir.

On Thursday, March 24 at 7 p.m., the church will commemorate Maundy Thursday, the night Christ shared in the Lord's Supper with his disciples, and when he washed their feet. The evening will include both traditional and contemporary music, the Lord's Supper and the opportunity for the washing of feet.

On Saturday, March 26, the whole community is invited to an Easter egg

hunt from 11 a.m. to 1 p.m., with lunch provided. There'll be candy and prizes. Participation is free.

Thousands of people will gather on the Sanibel Causeway at 6:30 a.m. on Easter morning for a sunrise service. Prior to the service there will be free donuts and coffee. Attendees are reminded to bring lawn chairs. The church's Praise Band will provide the music; Teen Challenge will present testimonies, followed by a drama by the H2O teens of Sanibel Community Church. Dr. Daryl Donovan will proclaim the good news of the living Christ. A Believer's Baptism by immersion will be offered after the service.

At 8 a.m., 9 a.m. and 11 a.m., Resurrection Morning services will be held on the campus of Sanibel Community Church, with a vibrant celebration and powerful proclamation of the Easter Message. Dr. Ed VanderHey will preach at the 8 a.m. service, with Dr. Daryl Donovan preaching at 9 a.m. and 11 a.m. Child care will be available at all services.

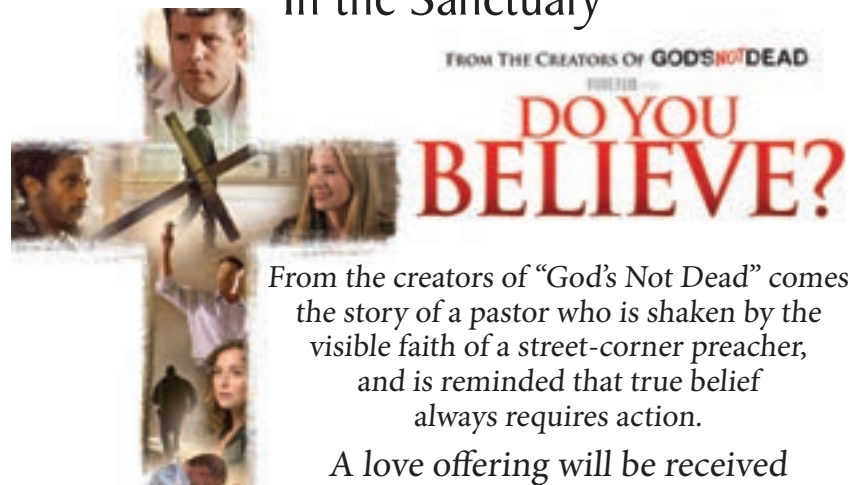
Sanibel Community Church is located at 1740 Periwinkle Way. For more information, visit [www.sanibelchurch.com](http://www.sanibelchurch.com) or call 472-2684.✱

SANIBEL COMMUNITY CHURCH PRESENTS

## FREE MOVIE NIGHT!

Sunday, March 20th at 5 p.m.

In the Sanctuary



From the creators of "God's Not Dead" comes the story of a pastor who is shaken by the visible faith of a street-corner preacher, and is reminded that true belief always requires action.

A love offering will be received for The Gabriel House.

*Hot dogs, sodas, & healthy snacks will be ready at 4:30 p.m.*

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SUNDAY SERVICES: 8:00 A.M., 9:00 A.M. & 11:00 A.M.



## Gardenia Artwork Up For Auction

A recent art donation will be used to raise funds for stray and abandoned animals on Sanibel and Captiva.

Former island resident Katie Gardenia has donated a piece of her artwork to the Protection of Animal Welfare Society to help raise funds. The piece, entitled *Mermaids Gardenia*, is 24 inches wide by 36 inches tall by 1-3/4 inches deep and is on display at Sanibel Art and Frame at 630 Tarpon Bay Road at the Olde Sanibel Shoppes.

If interested, send bid to [sanibelcat@embarqmail.com](mailto:sanibelcat@embarqmail.com). Open bid is \$800. Retail price was \$4,200. Each day, the current highest bid will be posted on the PAWS of the Islands, Sanibel, Florida, Facebook page. Highest bidders will be notified via email if you are outbid and provided with the new highest bid. The email auction will continue until April 1.

Call Pam at PAWS at 472-4823 for more information.

Funds raised from this auction will help cover the cost of food, supplies, veterinary and other care for the island's homeless domestic animals.\*



*Mermaids Gardenia* up for auction

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# The Community House



Vintage photo of The Community House

## Documentary

The Community House has scheduled the last few showings of its documentary film. The film shows the rich history of The Community House and features never before seen clips of Sanibel and Captiva from 1927 through present. Donations are appreciated at the door. The next showings are: March 20 at 1 p.m. at the Island Cinema; March 21 at 5 p.m. at the Captiva Civic Center; and April 15 at 7 p.m. at The Community House. Films can be purchased at The Community House for \$10.

## Wood Painting

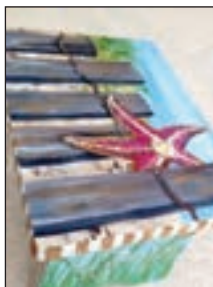
Instructor Jenny M. Licht will show you how to paint a wooden step stool on Monday, March 21 from 6 to 9 p.m. Stools are sanded, primed, base coated and ready to paint. All materials are provided. Members are \$7, guests \$85. Prepayment and registration required. Call 472-2155. Cancellation

fees may apply. Minimum number of students required.

## Meditation Class

This workshop teaches meditation in a contemporary way, maintaining respect for ancient tradition while incorporating and referencing modern neuroscience. The technique is easy and natural, and rigorous research has validated its effectiveness. In addition to many health benefits, meditators experience a pronounced shift away from fear-based perceptions to a world view characterized by acceptance and joyfulness.

The course is from 10 a.m. to noon. The price for members is \$89, guests are \$99. Classes are Monday March 21, Wednesday March 23 and Friday, March 25.



Wooden step stool

## Chalk Painting

Learn how to chalk paint with Carla. All materials are provided including choice of paint, a coordinating color wax and brush, as well as the frame and full instruction. Each person will be painting an old picture frame.

Chalk paint is easy to use and dries quickly, so the frame you paint in class will be ready to take home that day. You can also bring in a piece from home. There is an occasional contest to see who can bring in the ugliest piece to paint.

Classes are on Tuesday, March 22 from 6 to 9 p.m. Cost is \$70 for members, \$75 for guests. Prepayment and registration are required. Cancellation fees may apply. Minimum number of students required.

## Potluck



Amelia from King Arthur Flour with a batch of cookies

The Community House and King Arthur Flour will team up for a potluck on Wednesday, March 23 at 6 p.m. There will be a community dinner, a baking contest, prizes, a baking demonstration, tasting and other activities. The evening will conclude with a cinnamon roll baking demonstration by the King Arthur speaker, Julie Christopher. There will also be a drawing for two cookbooks.

The day begins at 2 p.m. when the King Arthur Flour team arrives with their bake truck laden with chocolate chip oatmeal cookies. From 2 to 6 p.m., you can drive in to The Community House parking lot to drop off a donation toward the renovation campaign and receive a free cookie and a scoop of Tommy Williams' homemade ice cream. Or park your car and visit with your neighbors. The Community House is in the last third of the fundraising for its renovation; \$1 million must be raised in the next month.

An entry form for the baking contest is available at The Community House. You must submit the form along with a copy of your recipe using King Arthur Flour by Monday, March 21.

For the potluck, bring an appetizer, a main dish, bread or vegetables for six. There is no charge for admission, but donation are welcome.

## Beading Classes

All ages are invited to learn the intricate art of beading with shells and other treasures of the sea with Anita Gober. All supplies and tools will be available and included in the price. If you typically wear reading

glasses, you should bring them. There is a minimum of three students and a maximum of 10. Classes will be on Wednesdays: March 23, April 6 and April 20. Cost is \$35 for members and \$40 for guests. Advanced classes will be scheduled ad hoc for \$50 for three hours for members.

## Paint Your Pet

Immortalize your furry family member with art instructor Jenny M. Licht on Thursday, March 24 from 6 to 9 p.m. No experience is necessary. Submit a clear photo of your pet with your registration, which will be used to provide a sketched primer/design on your canvas. All other materials are provided including canvas, brushes, palette, easel, paint and samples. Students can paint multiple pets on the same canvas, but must pay an additional fee for the extra sketching.

The class fee is \$65 for members and \$70 for guests. Fees for an additional pet sketch are \$80 for members and \$85 for non-members. Cancellation fees apply, full refunds are available if cancelled within 48 hours of class, no refunds for cancellations within 24 hours of class. Minimum number of students required.

## Drug-Free Arthritis Relief

Dr. Brian Healy will be discussing various treatment options for the inflammation, immobility and chronic pain commonly associated with various forms of arthritis on Thursday, March 24 from 2 to 3 p.m. and 6 to 7 p.m. Topics will include Massage Therapy, Acupuncture, Movement Therapy, Herbal Medicines, Homeopathic Remedies, Topical Products, Anti Inflammatory Diet and Laser Therapy.

Dr. Healy is an acupuncture physician, doctor of oriental medicine, medical massage therapist and certified yoga teacher. He is the director of Sanibel Wellness Inc. and has been treating arthritis in the Sanibel-Captiva community since 1993.

Admission is free with a donation of canned goods or \$5 to FISH of Sanibel.

## Glassware Painting

Art Instructor, Jenny M. Licht will hold a glassware painting class on Thursday, March 31 from 6 to 9 p.m. Create unique designs or paint intricate scenes on four pieces of glass stemware. No experience is necessary.

Students bring four glasses of their own choice – stemware or glasses, glass or acrylic, any shape or size. All other materials are provided.

There is a \$50 pre-paid registration fee for members and \$60 for guests. Cancellation fees apply, full refunds are available if cancelled within 48 hours of class, no refunds for cancellations can be made within 24 hours of class. Minimum number of students required.

The Community House is located at 2173 Periwinkle Way. For more information and reservations, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✧



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**Jameson Irish Whiskey**  
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**No need to leave the island... it's all right here!**

**Bailey's Shopping Center (just right of the hardware store)**  
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# The Reason They Are Called Shared Use Paths

by Anne Mitchell

**W**alking on Sanibel's shared use paths can be hazardous to your health.

Sanibel is noted for its marvelous network of paths for cyclists, dog walkers, joggers and pedestrians – but many cyclists seem to think these ribbons of asphalt are for their use only and that other users are in their way.

Lately, I've walked the paths more than usual and have encountered ex-

treme rudeness from cyclists who don't want to have to take a minor detour around a pedestrian approaching them. I have been yelled at, told which side of the path I should walk on and insulted because I'm English and don't get it because "they drive on the other side in your country."

I have lived on Sanibel for 35 years. I do get it. Additionally, I pay taxes to help provide and maintain these lovely paths for the benefit of all.

I prefer to walk facing the oncoming bikers, just as I would if there were no paths and I was on the road. That way, I can see what's coming towards me and take action if necessary.

Cyclists coming up from behind whizz past too often too close for

comfort, and most do not use a warning bell or a courtesy alert such as "passing on your left/right." Not only do you not hear them coming, you do not know if there is one or half a dozen riders to watch out for. There are entire families, some with wobbly youngsters and grandpas in tow, some groups on Surrey-type cycles and others with a need for speed. And heaven forbid you have to step aside for a tree root or fallen branch without hearing a cyclist approaching from the rear.

Add to that the fact that many people on our paths may not have ridden a bicycle for months... or years. I don't plan to put my safety in the hands of these cycling novices who I see ignoring BIKE STOP markings and Walk Your

Cycle signs.

I will be walking on the left and you can yell at me all you want.

All I ask as a pedestrian is that I should be given the courtesy of sharing these paths with all other users in a friendly, cooperative manner, one in which I choose not to put myself in danger.

That's why we call them "shared use paths."\*\*

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

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**239.472.3644 x232**

**[mschoeffel@crowclinic.org](mailto:mschoeffel@crowclinic.org)**

### Thank you to our sponsors







Sanibel Mayor Kevin Ruane, seated center, met with members of Cub Scout Pack 1740 on March 1. Also pictured, from left, is Cubmaster Brian Boyd and scouts Tyler Evers, Drew Barron, Griffin Colson, Kyler Kouril, Connor Nickerson, Charlie Stone, Sam Kupsaw, Liam Tritaik, Nicholas Tison, Karsten Schafer, Ronan Maughan, Scotty Tongyai, Raleigh Stevens and Zackary Alonso. photos courtesy Cub Scout Pack 1740

## Island Cub Scouts Meet 'Hometown Hero' Mayor

At the March 1 meeting of Cub Scout Pack 1740, Sanibel Mayor Kevin Ruane visited the island-based youth group as a "Hometown Hero" for one of their Adventure Belt Loop requirements. Ruane met with 14 youngsters in a semi-circle, sharing with them what it is like to be the mayor of Sanibel by listening and asking questions. He also taught the pack



Mayor Kevin Ruane shakes hands with Sam Kupsaw

how to give a proper handshake and gave each scout the opportunity to practice a handshake with him.

For many of the scouts, this was their very first opportunity to talk with a mayor, and a meeting they will always remember.✧

## City, Chamber Financial Loss Report Due To Lake Okeechobee Releases

The Florida Virtual Business Emergency Operations Center (FLVBEOC) is recording economic losses from frequent discharges of floodwaters from Lake Okeechobee by the U.S. Army Corps of Engineers, has been activated by the State Emergency Response Team. The City of Sanibel and the Sanibel & Captiva Islands' Chamber of Commerce are issuing a joint statement urging Sanibel business owners to file their economic losses related to Lake Okeechobee discharges with the FLVBEOC.

"We want to be certain the economic impact of the Lake Okeechobee releases to our community's business community are recorded and accounted for by the state," said Sanibel Mayor Kevin Ruane. "Both the city and the chamber urge all those impacted to take the time to complete this simple on-line damage assessment survey."

Chamber of Commerce President Ric Base added, "It is extremely important that all businesses respond to this survey."

The center will assist in assessing the impact the discharges and flooding have had on local businesses in Lee, Martin and St. Lucie counties. The center is a partnership between the Florida Division of Emergency Management and the Center for Disaster

Risk Policy at Florida State University.

Sanibel businesses suffering economic losses stemming from the frequent Lake Okeechobee discharges can complete a Business Damage Assessment Survey available online at [flvbeoc.org/index.php?action=bda](http://flvbeoc.org/index.php?action=bda). Select the "Lake Okeechobee Discharge" event.

The survey results will be shared with various state and local agencies to expedite implementation of appropriate disaster relief programs for affected businesses.✧

## Business Damage Survey Request

Area businesses in Lee, Martin and St. Lucie counties that are suffering severe economic losses resulting from frequent discharges of harmful flood waters from Lake Okeechobee are being asked to complete a Business Damage Assessment Survey.

Go to <http://flvbeoc.org/index.php?action=bda> (select the "Lake Okeechobee Discharge" event) to find the survey.

The State Emergency Response Team, through Emergency Support Function-18, Business, Industry and Economic Stabilization, has activated the Florida Virtual Business Emergency Operations Center (FLVBEOC) to assist in assessing the impact that the discharges and flooding have had on local businesses.✧



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# The Kiwanis Club Says “Grazie” For Supporting *Spaghetti Dinner 2016*

The Kiwanis Club of Sanibel-Captiva would like to thank everyone who attended *Spaghetti Dinner 2016*. Your participation helped us raise funds that will underwrite Island youth scholarships and recreational programs during the coming year.

The Spaghetti Dinner couldn’t happen without the sponsors who help stage the event and the donors who contribute raffle and auction prizes. These fine organizations and individuals are listed below. Please join us in saluting them, and please reward them with your patronage!

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**Kiwanis Club of Sanibel-Captiva**

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**See You  
Next Year!**



## Holy Week At St. Michael's

St. Michael and All Angels Episcopal Church invites islanders to a special, musical Tenebrae service at 5 p.m. on Wednesday, March 23. The service features an appearance by flutist, author and lecturer Jennifer Rundlett, who, during a 10-minute prelude to the service, will perform music by Handel, Bach and Marin Marais, as well as a traditional Irish sacred tune, *Be Thou My Vision*.

After the service, Rundlett will give a lecture and meditation on The Seven Last Words of Christ, during which attendees experience the scriptural readings through art and music. The presentation includes works of art by Rembrandt, Velasquez, Rubens and Gruenwald, among others, and musical masterworks by Haydn, Giovanni Pergolesi and Heinrich Schutz.

Rundlett will also perform the Prelude for the Maundy Thursday service at 5 p.m. on March 24.

After earning her Master of Music performance degree from the Peabody Conservatory, Rundlett studied flute with renowned flutist Trevor Wye at England's Royal Northern College of Music. She appeared in master classes with the legendary flute virtuosi Jean Pierre Rampal and Marcel Moyse and performed frequently in the Royal Liverpool Orchestra. She was formerly on the Shepherd University faculty and was a flutist with the Millbrook Orchestra. She teaches at Maryland's Frederick Community College and Mount Saint Mary's University. She is author of *My Dancing Day: Reflections of the Incarna-*



**Flutist Jennifer Rundlett performs the preludes for both Tenebrae and Maundy Thursday services at St. Michael and All Angels Episcopal Church, 5 p.m. March 23 and March 24.**

*tion in Art and Music* and a frequent lecturer on God Through the Arts. Rundlett performs on a gold flute.

The Tenebrae service, originating in the 9th century as an early morning vigil, includes light and shadow, scripture and the extinguishing of candles. The Maundy Thursday service features the holy eucharist, as well as the ritual washing of feet and stripping of the altar.

The Tenebrae evening will include a meet-the-artist reception with light refreshments.

For more information on special events at St. Michael's, contact Rector Ellen Sloan at the church, 2304 Periwinkle Way, at 472-2173 or [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).✱

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

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### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544.

### CAPTIVA CHAPEL BY THE SEA

The Reverend George E. Morris Services every Sunday 11 a.m. through April 24, 2016. 11580 Chapin Lane on Captiva. 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

### SANIBEL FELLOWSHIP, sbc

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### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684 Dr. Daryl Donovan, Senior Pastor

Sunday Worship: 8 a.m. Traditional in historic Chapel, 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

2050 Periwinkle Way 472-0497  
The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 and 11 a.m. Full Service with Sunday school and nursery care provided. Elevator access.

### ST. ISABEL CATHOLIC CHURCH

3559 San-Cap Road, 472-2763  
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 8 and 10:30 a.m. Sunday Eucharist, 10:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 6 p.m. Third Wednesdays Taizé Service. 472-2173, [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org)  
**UNITARIAN UNIVERSALISTS OF THE ISLANDS**

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email [ryi39@aol.com](mailto:ryi39@aol.com) or 433-4901.✱

## In Loving Memory Of Our Friend And Brother In Christ

**BRITT STOTT**  
Graduated to Glory  
February 7, 2016

*Britt was a kind and gentle man who loved the Lord Jesus Christ and his Church Family. He will be greatly missed.*



## Holy Week Services Sanibel Congregational United Church of Christ

### Palm Sunday - March 20

The Rev. Dr. John H. Danner preaching  
7:45 a.m. Chapel Service  
9:00 & 11:00 a.m. Special music featuring Suncoast Brass Quintet

### Maundy Thursday - March 24

Tenebrae & Holy Communion - 7:00 p.m.

### Good Friday Vigil Service

Noon - A Dramatic Monologue  
The Rev. Deborah Kunkel

### Easter - March 27

The Rev. Dr. John H. Danner preaching  
7:45 a.m. Chapel  
9:00 & 11:00 a.m. Special music  
All are welcome!

2050 Periwinkle Way, Sanibel, FL 33957  
[www.sanibelucc.org](http://www.sanibelucc.org) • (239) 472-0497

Rev. Dr. John H. Danner, Senior Pastor  
Rev. Deborah Kunkel, Associate Pastor



## Holy Week Services

During the week leading up to Easter, known as Holy Week, the Sanibel Congregational Church of Christ will present several special services and music of the season.

On Palm Sunday, March 20, the 9 and 11 a.m. services will feature special music by the Suncoast Brass Quintet and the Chancel Choir. The Rev. Dr. John H. Danner will preach the sermon at all three services.

On Maundy Thursday, March 24 at 7 p.m., Pastor Danner will lead a Tenebrae and Holy Communion service. The Chancel Choir will sing.

At the Vigil Service at noon on Good Friday, March 25, Associate Pastor Deb Kunkel will present a dramatic monologue entitled, *Watching From A Distance: Told By The Mother Of The Sons Of Zebedee*.

At the services on Easter, March 27, Pastor Danner will preach. Music will be provided at the 9 and 11 a.m. services by Keith Shult on trumpet and the Chancel Choir.

Each Sunday, the church also offers a Chapel Service at 7:45 a.m., with preludes played by pianist John Fredericks. These are followed by full services at 9 and 11 a.m. The schedule changes on May 1, when there are 7:45 and 10 a.m. services.

Sanibel Congregational Church of Christ is located at 2050 Periwinkle Way. SCUCC invites the community and public to attend any of their Holy Services. For more information, call the church office at 472-0497.\*

Read us online at  
IslandSunNews.com

## OBITUARY



### JACK RYAN TUMINELLO

Jack Ryan Tuminello, age 5, passed away peacefully in his mother's arms on March 2, 2016 after a six-month battle with brain and spine cancer.

Jack loved superheroes, especially Spider-Man. He also loved Dr. Who, baseball and listening to his 11-year-old sister, Talia, sing. Jack's best friend was his 15-year-old brother, Frankie.

Jack's parents, Samantha and Shannon, as well as his entire family would like to thank the community for all their love and support during this very difficult time.

Jack leaves behind his mother and father, Samantha and Shannon Tuminello; his brother, Frankie; his sister, Talia; his grandparents, Frank and Nancy Tuminello; his aunt, Marie Ogden; and many great grandmothers, aunts, uncles and cousins.\*

**COME WORSHIP**  
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# Holy Week

## AT SANIBEL COMMUNITY CHURCH

*Sunday, March 20*  
Palm Sunday - Waving of the Palms by the children.  
8 a.m. and 11 a.m. -  
Traditional with Choir.

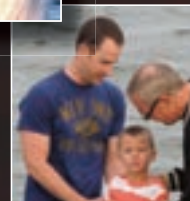
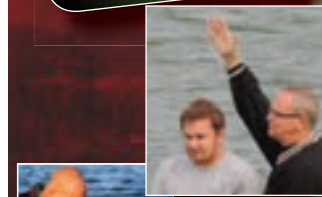
9 a.m. -  
Contemporary with Praise Team.

*Thursday, March 24, 7 p.m.*  
Maundy Thursday  
Come share in communion with fellow believers as we celebrate the gift of God's grace. The night includes an opportunity to choose to experience foot washing, with powerful songs of worship in the main Sanctuary at 7 p.m.

*Saturday, March 26*  
11 a.m. to 1 p.m.  
Community Easter Egg Hunt  
SCC campus. 100's of colored eggs, putt putt golf, games, story telling and a free lunch for everyone!  
In Fellowship Hall & Playground.

*Sunday, March 27, 6:30 a.m.*  
Easter Sunrise Service on the Causeway  
Bring your lawn chair and enjoy free donuts and coffee prior to the service. Drama, powerful singing. Believers Baptism in the Bay available following the service.

*Resurrection Services*  
Campus of Sanibel Community Church  
8 a.m. and 11 a.m. -  
Traditional with Choir.  
9 a.m. -  
Contemporary with Praise Team.



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# Sanibel-Captiva Conservation Foundation

## Tank Talks

On Tuesday, March 22 at 10 a.m., meet the SCCF Nature Center ambassadors. There's Indie the endangered Indigo snake, who will soon be laying her eggs, Happy the snapping turtle, and Lucky the soft shell. There are also two young diamond back ter-rapins that hatched last August.

Take a tour with a biologist to learn about the SCCF research and projects associated with these local critters.

## Beach, Bay And Bird Walk

Meet an SCCF guide beach-side at the covered picnic pavillion at Lighthouse Park for a beach, bay and bird walk on Wednesday, March 23 or 30 at 8 a.m. Take a walk on the beach, keeping your eyes open for resting, nesting and migratory birds. Learn about SCCF's Marine Lab and water quality research program, which is protecting the estuary. The program is free to all but you must pay to park.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.\*



Snowy plover with chick

photo by Heather Porter

## Snowy Plover Presentation At CROW

The Clinic for the Rehabilitation of Wildlife will partner with the Sanibel-Captiva Conservation Foundation to present Secret Lives of Snowy Plovers on Thursday, March 24 at

4:15 p.m. in CROW's Visitor Education Center, located at 3883 Sanibel-Captiva Road.

Snowy plovers are tiny shorebirds whose feathers are the color of sand. Because their main defense is camouflage, it's almost impossible to see them unless they're moving. They nest right on the beach and are potential prey for a host of predators. As a result, these cryptic birds are listed as threatened in the state of Florida.

With miles of unspoiled beach, Sanibel is home to a significant population of breeding snowy plovers. In 2002, SCCF initiated its Snowy Plover Project, along with the JN "Ding" Darling National Wildlife Refuge and the City of Sanibel, to protect and study these vulnerable ground nesters. Staff members and volunteers comb the beach from mid-March through August for snowy plover nests, stake off the nests to prevent their inadvertent destruction by human activities, monitor the progress of each nest and record resulting data.

Joel Caouette, SCCF's former shore-bird monitoring coordinator, will join Claudia Burns, long-time CROW and Snowy Plover Project volunteer, to present photos, videos, recorded vocalizations and a diorama Caouette created to show typical snowy plover habitat.

Secret Lives of Snowy Plovers offers insights into snowy plover behavior, which is completely different than that of birds who nest in trees. This is a rare opportunity to learn about a threatened species that depends on Sanibel's beach for its continued survival. It's also a chance to explore CROW's Visitor Education Center and learn more about efforts to save wildlife through care, education and collaboration.

CROW is located at 3883 Sanibel-Captiva Road, across from The Sanibel School. Reservations are required and admission is \$7 for adults, \$5 for teenagers and free for children 12 and under. Call 472-3644. ext. 228 or email [rabinbolt@crowclinic.org](mailto:rabinbolt@crowclinic.org) for reservations.\*

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## New Green Team At Church Welcomes Ideas, Collaboration



Green Team members, seated from left, are Iver Brook, E.J. Neafsey and Bill Rankin; standing from left, Bruce Findley, Jean Chandler, Virginia Robinson, Sandy Jordan and Georgia Wellman

The Sanibel Congregational United Church of Christ now has a "Green Team." The Church Council formed this ad hoc committee as a way of living out the portion of the church's covenant that calls on the congregation to protect all life "on this fragile barrier island." The purpose is to care for all of God's creation – people, but also other animal, bird and plant life – as part of the wider relationship with the world.

The idea of having an environmental task force came from a discussion at a January retreat on the theme of Creation and Critters, led by Jean Chandler and sponsored by Sanibel Church Women in Ministry (SCWIM).

Nine people have been named to serve on the Green Team. Each brings his or her own experience with the issues and also reflects the congregation's commitment to the environment. Some, such as Bill Rankin, Iver Brook and E.J. Neafsey, are actively involved in the environmental field. Others, such as Virginia Robinson and Jean Chandler, are active in churches in Massachusetts that are engaged in combating climate change and in conservation efforts. And all members, including Georgia Wellman, Sandy Jordan, Bruce Findley and Barbara Weinberg, have long been lovers of the natural world.

Among the issues the Green Team wants to explore are ways to promote renewable energy and energy efficiency, encourage recycling by institutions and individuals, and increase water conservation both at the church and throughout the community.

The Green Team would like to hear from similar groups in the area, as well as from others within the congregation. They're looking for ideas for the team and ways groups might work together effectively. Those interested can contact the Sanibel Congregational United Church of Christ office at 472-0497 or email [jean-chandler@verizon.net](mailto:jean-chandler@verizon.net). The church is located at 2050 Periwinkle Way.\*

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## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rainbolt@crowclinic.org](mailto:rainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, March 18, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process.

**Friday, March 18, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation. Meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts:

an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

**Saturday, March 19, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Baby Care at CROW, presented by a CROW volunteer.

Wildlife parents are devoted to the care of their young and rarely abandon them. Juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

**Saturday, March 19, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process, so come ask our staff how they work their magic.

**Monday, March 21, 11 a.m. and 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – CROW Case of the

Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and are share their favorite patient stories.

**Tuesday, March 22 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

**Tuesday, March 22, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

**Tuesday, March 22, 4:15 to 5:15 p.m.,** adults \$7, teens \$5, 12 and under no charge, advance registration required – Speaker Series: Story of Ospreys with guest speaker Claudia Burns, volunteer at the International Osprey Foundation.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and

recorded vocalizations to explain osprey behavior. This program is dedicated to "Bird" Westall, founder of the International Osprey Foundation.

**Wednesday, March 23, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer. Live animal encounter following the presentation.

**Wednesday, March 23, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity available following the tour with an animal ambassador.

**Thursday, March 24 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." The CROW presenter will explain why they are admitted and how the medical staff treats this species.

**Thursday, March 24, 2 p.m.,** adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer. Live animal encounter following the presentation.\*



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## Clocks On Display At Historical Village

In a nod to daylight savings time, clocks from the early 1900s are on display at the Sanibel Historical Village through Saturday, April 9.

"Inspired by daylight savings time, the display crew at the Sanibel Historical Museum and Village has dusted off some vintage clocks and put them on display in each of the buildings," explained Deb Gleason, chair of the village's display committee and chair of the city's historical preservation committee. "Many of the clocks are from the collection of islander Dale McGinley, who donated them to the village some years ago. The handsome cases are constructed of mahogany, oak and walnut and most date from the early 1900s."

Clocks are on display in every village building, and scattered among them are various quotations regarding the use of time:

"Don't say you don't have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Louis Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson and Albert Einstein." – H. Jackson Brown, Jr.

"Time is what we want most but what we use worst." – William Penn

More than a dozen clocks are on display, one of which was a wedding gift, marked Ingersoll Striker, Escape Wheel, English Oak Case, circa 1940. An engraved plaque on the front says, "Presented to Miss Marjorie Baker by the Directors of Ingersoll LTD, London, on the occasion of her marriage." Another English clock in an oak case is dated 1935 and marked, "Westminster chime."

The Sanibel Historical Museum and Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicapped access to all buildings. Admission is \$10 for adults (18 and over). Members and children are free. For more information, call 472-4648 during museum hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).✧



Antique and vintage clocks are on display at the Historical Village through April 9



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## Great Airplane Race Takes Place At Sanibel Community Church



Sally and Dwight Shelton, aerodynamic experts for the evening, help Jessica LaBorde and Grace Mitchell engineer great flying planes

The LOGOS kids gathered for one of their favorite annual themes, the Great Airplane Race, on Wednesday March 2 at Sanibel Community Church. After a rigorous process of boarding the plane, the kids had an in-flight dinner served to them by the flight parents. Then they crafted personal paper airplanes and the flight contest began. Each grade level had a superior pilot, and the kids



Cindy Sifton, right, dinner dean and senior pilot for the night, congratulates Vincas Jankauskas for having the longest paper airplane flight of the evening

tested their flying skills against each other. Vincas Jankauskas had the longest flight of the evening, making him the 2015-16 Great Airplane Race winner. Family program members meet each Wednesday October through April from 3:30 to 7 p.m. For more information, contact Kathy Cramer at 472-2684.✱



Junior pilot Ty Strauss, a LOGOS kindergarten, learns the craft of paper airplane making from his dad, Justin Strauss



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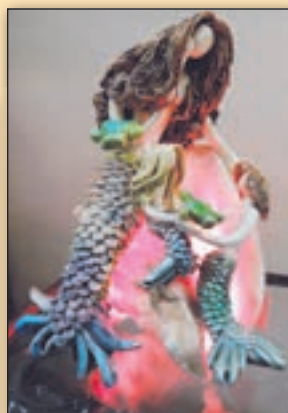
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From page 1

# Captains For Clean Water

heard by those who can make the changes needed to stop the destruction of the marine environment that is so important to us, the Florida economy and the millions of people who use these waters. Until this point, the fishing community had been unorganized, and uninvolved in this fight.”

During the meeting, attendees can expect to hear unbiased information about the current issues plaguing Southwest Florida’s waterways. CCW spokespeople will also offer a brief synopsis of the problems created by freshwater discharges coming out of Lake Okeechobee and into the Caloosahatchee, and what needs to be done – in both the short-term and long-term – to help improve conditions.

“Basically, the water has to flow south,” said Capt. Daniel Andrews, one of CCW’s founders. “There has been a problem (with freshwater releases) from almost a century, but it’s getting much worse now. The effects of the Lake O releases are a long-term problem that will take decades to recover from. Eventually, we’re going to reach a tipping point.”

According to Andrews, billions of gallons of nutrient-laden fresh water flow into our lower estuaries via the Caloosahatchee and St. Lucie rivers every day. The concern to our estuaries is not just that these unnatural discharges contain pesticides, herbicides, fungicide and bacteria which have led to public health warnings. The volume of this fresh water alone is enough to disrupt our fragile marine ecosystems. These nutrients enter our waters through agricultural areas in the center of the state, mostly north of Lake Okeechobee.

“Thankfully, with cooperation of farmers throughout the state, we have slowly been able to reduce phosphates and nitrates that enter the water supply,” he said. “Nutrient levels are still much higher than natural lake and river water.”

Under normal circumstances, Everglades Agricultural Area farmers do not contribute many nutrients to the local water supply. When the region experiences heavy rainfalls, sugar and other farm land south of Lake Okeechobee becomes flooded. That water is drained into ditches and ultimately pumped into Lake Okeechobee. This practice is known as backpumping, which adds a lot of fresh water and nutrients to the lake.

“It doesn’t happen on a daily basis, only when we have heavy rains. This is, arguably a violation of the intent of the Clean Water Act, justified in the name of reducing flood risk in farm fields south of Okeechobee,” Andrews added. “It is just one of the many water mismanagement issues facing our state. Our water management system is flawed as it is implementing a practice that violates the intent of federal law and the will of Florida voters.”

For more information about the March 22 meeting, contact Capt. Daniel Andrews at 989-9352 or Capt. Blake Matherly at 671-5646. Captains For Clean Water, Inc. is a 501(c)3 nonprofit organization with members across the state of Florida dedicated to improving water quality in the estuaries of South Florida through restoration of the Everglades and local watersheds. Visit [www.captainsforcleanwater.org](http://www.captainsforcleanwater.org) for more information.✪

## Shells Found



Neil and Janice Sands with some of their shell finds

Neil and Janice Sands of Irvington, New York, found many horse conchs and whelks from the end of February through the second week of March. The majority of the shells were found a few blocks on either side of Caribe Beach Resort. The best shell finds were when they went out into the water waist deep at low tide. They would slowly walk while shuffling their bare feet until they felt a “round notch.”

It took a lot of patience but the rewards were great. The photo shows only a portion of their shells as there are only so many they can take home. Many beach walkers ended up with a true treasure as the Sands gave away the rest. In all, they found nearly four dozen.✪

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## American Legion Post 123

On Sunday, March 20, American Legion Post 123 will have a shrimp and fish fry from 1 to 8 p.m. Cost is \$11 to \$13. The following Sunday, March 27, Post 123 will offer a ham dinner. On Mondays, the 8-Ball Pool League plays at 5 p.m. Every Tuesday, tacos are served all day and on Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome. The Ladies Auxiliary has cookbooks available for a donation of \$15. If you have an American flag that needs to be retired, drop it off at your convenience. American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✪

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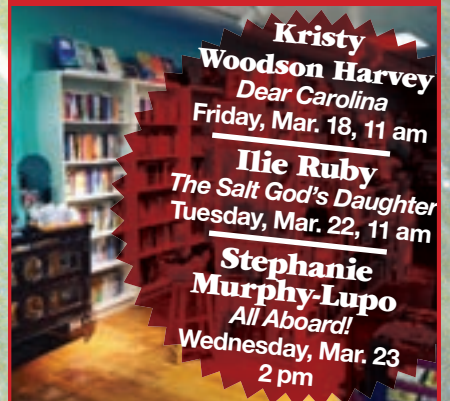
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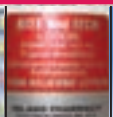
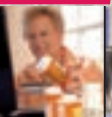
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### Caloosahatchee Oxbow & Riverlore Cruise — April 10

Come with us to experience the historic meanders of the upriver Caloosahatchee on this 2.5-hour cruise guided by Rae Ann Wessel. *Advance reservations and payment required. \$45 per person. Call 472-2329.*

### The City That Almost Wasn't & the Sanibel Plan — Mar. 23

The City of Sanibel was the first in the country to adopt a comprehensive land use plan based on the island's natural systems. Learn about the City's creation and the Sanibel Report. *Wed., March 23 at 1 p.m. \$5 adults.*



### Gator & Crocodile Tales — March 23

Florida's history of gators and humans is closely intertwined, and Sanibel has one crocodile. Learn about what we must do to ensure our safety and their survival. *Wednesday, March 23 at 10 a.m. \$5 adults*

### Guided Walking Tours... Call 472-2329 for more info

Lighthouse Beach, Bay & Birds — March 23 at 8 a.m.

Meet at picnic pavilion. You must pay to park.

Weeds, Seeds & Birds at the Preserves — March 28 at 8:45 a.m.

Meet on the Nature Center Porch at SCCF.

Trail Walks at the Nature Center — Tuesday - Friday at 11 a.m.

### Tank Talk — March 22

Learn about the Nature Center's educational ambassadors living in tanks, including an endangered Indigo snake, Diamondback Terrapins, and critters in the touch tank. *Tuesday, March 22 at 10 a.m. \$5 adults*

### Turtle Tracks — March 24

Learn about the life cycles and habits of the sea turtles and shorebirds that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. *Thursday, Mar. 24 at 10 a.m. \$5 adults.*

### Explore Our Trails, Nature Center and Observation Tower

**Butterfly House** – Guided tour Tuesdays 10 a.m.; also self-guided.

**Nature Center** – live turtles, snakes, videos, 4 miles of walking trails with an observation tower. \$5 adults

**The Shipley Trail** – Located on the Bailey Homestead Preserve.

### SCCF's Native Landscapes & Garden Center

Come visit our Native Landscapes & Garden Center at the Bailey Homestead Preserve, 1300 Periwinkle Way.

Hours: 8:30 a.m. - 5 p.m. Mon.-Fri. and 10 a.m. - 3 p.m. on Sat.

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**Garden Center:** Open Mon-Fri 8:30 a.m.-5 p.m.; Sat 10 a.m.-3 p.m.

SCCF: (239) 472-2329 Garden Center: 472-1932 [www.sccf.org](http://www.sccf.org)

## 'Ding' Darling Refuge Announces 2nd Annual Summer Day Camp



Day camp activities range from fishing and crafts to nature photography and biking

Last week, the JN "Ding" Darling National Wildlife Refuge on Sanibel announced its second annual day camp program for the summer of 2016. This year the camp has been extended to six consecutive weeklong Nature Explorers Day Camp sessions, starting on June 20. Campers may attend only one session.

Each session will be limited to 14 middle school students (completed fourth, fifth or sixth grade) from the Lee County and surrounding school districts or homeschool equivalent. Students attending Title 1 schools will receive preference. Lottery drawings will determine the remaining spots. Cost per one-week session per student is \$100. Financial assistance is available based on need.

The camp program was made possible by a \$15,000 grant from an anonymous donor to the "Ding" Darling Wildlife Society-Friends of the Refuge. The donation covers the costs of lunch and transportation for day campers, scholarships, T-shirts, digital cameras and other program materials. It will also underwrite stipends for one education intern to assist with the program. Tarpon Bay Explorers will be assisting with water-related activities.

"The refuge feels that our Nature Explorers Day Camp fills an urgent need in our community," said Ranger Becky Larkins, who oversees the program as refuge education specialist. "Existing day camps fill quickly, so we felt we could provide an excellent alternative that gets kids out in nature. By targeting Title 1 schools, we hope to reach children who cannot otherwise afford summer camps."

Larkins designed day camp programming to reflect the mission and purposes set by the National Wildlife Refuge System. Weekly activities will include nature photography, wildlife observation, saltwater fishing, kayaking, a beach walk, nature sketching, biological research, biking and nature crafts.

"Last year in our inaugural kickoff of our day camp program, students and parents told us that the experience was life changing," said Larkins. "By adding two weeks this summer, we hope to influence even more kids with the message of nature."

Students interested in applying for Nature Explorers Day Camp should visit [dingdarlingsociety.org/day-camp](http://dingdarlingsociety.org/day-camp) for a printable application. To receive an application by mail, call Larkins at 472-1100 ext. 236 or Toni Westland at ext. 237.

The deadline for application is April 29. ✱

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These reproductions of Calusa art are available at the Museum Store.

## Calusa Day Coming To Historical Village

The Sanibel Historical Village will again honor the Calusa Indians with a festive and informative day-long event, Calusa Day, on Wednesday, March 23.

The Calusa people had a complex society for over a thousand years before contact with Ponce de Leon in 1513. By the 17th century, there were few Calusa left.

The historical village has artifacts from archaeological digs that illustrate their daily life and art. Calusa Day is an opportunity for people to see and hear more of their history.

Curator Theresa Schober will give a presentation on ArtCalusa, Exploring the Calusa in Art. ArtCalusa visually interprets the life and experiences of the Calusa Indians through their contact with early European explorers. It was conceived to reflect on how Florida's history is presented and the impact of those representations on our collective understanding of the past.

Schober is an archaeologist and cultural resource consultant working in south Florida since 1998. For nine years she directed the restoration and exhibit development at Mound House and Newton Park on Fort Myers Beach. Schober is also executive producer of a forthcoming documentary film about the Calusa capital of Mound Key in Estero Bay.

Village docents specializing in the Calusa will give talks in the museum's Calusa room: Susan Schmidt in the morning and Bonnie Frankel in the afternoon.

Calusa Day will include activities for children including coloring Calusa masks and making necklaces. There will also be Calusa shells and pottery available for viewing and handling.

The historical village is open from 10 a.m. to 4 p.m. Wednesdays. The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults 18 and older; those under 18 and members are admitted free. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. For information, call 472-4648 during business hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

## FISH Sponsors Credit Program



FISH of SanCap, working with Cheryl McConahy, vice president and branch manager of Fifth Third Bank, is offering a complimentary workshop for those who wish to build or

rebuild their credit. The workshop will be held at the Sanibel Public Library's Meeting Room #1 (ground floor) from 6 to 8 p.m. on Monday, March 21.

People in attendance will learn how to deal with debt related issues and begin rebuilding or correcting their credit report. The workshop will cover topics including rebuilding credit, debt collection, reduc-

ing debt, bankruptcy and foreclosure, and more. McConahy, who deals with credit issues every day, will be available to speak one-on-one about participant's particular concerns.

For additional information or to RSVP, call Christine or Jessi at the FISH Walk-In Center at 472-4775, or visit [www.fishof-sancap.org](http://www.fishof-sancap.org).

Historic and current flow of the Kissimmee, Okeechobee, Everglades watershed.  
Graphic: U.S. Army Corps of Engineers, Jacksonville District

# CAPTAINS

## FOR CLEAN WATER

OPEN LETTER TO ALL RESIDENTS, PROPERTY OWNERS, BUSINESS OWNERS AND VACATIONERS ON SANIBEL & CAPTIVA ISLANDS:

STAND UP AND SUPPORT CLEAN WATER!!!

Captains for Clean Water

will be meeting at the Sanibel Community House on

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All Residents and Visitors on Sanibel and Captiva are encouraged to attend this Important Meeting.

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For more information, please contact: Capt. Daniel Andrews - 239.989.9352

Capt. Blake Matherly - 239.671.5646

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This Ad courtesy of Robert Brooks Associates



# Museum Makes A Big Splash At 79th Sanibel Shell Festival

Stefanie Wolf, marine biologist at the Bailey-Matthews National Shell Museum, took first place in the scientific division for the zigzag scallop pair she found while shelling after work in front of the Island Inn.

In addition, Gretchen Falk, retail manager, entered in the artistic division with a picture frame made from thousands of layers of kitten paw shells. Melanie Moraga, assistant director, entered her photo of a ponderous ark at sunset also in the artistic division. Her photography has appeared on the last three covers of the Sanibel Shell Festival magazine, as well as on the Shell Show awards. Jose H. Leal, science director and curator, was one of the scientific judges this year and has been a judge previously since 1997.

Also, eight Bailey-Matthews National Shell Museum volunteers exhibited. They included Kelle Covington in the artistic division and Mary Burton, Ken and Joyce Matthys, Phyllis Sharp, Ethel Sinow and Bill and Amy Tripp in the scientific division.

"I'm delighted that this year we had four employees and eight of our fantastic volunteers from the shell museum with entries in the shell show," said Dorrie Hipschman, executive director of the Bailey-Matthews National Shell Museum. "I'm proud of all of them for their great work." ✨

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# BIG ARTS Community Chorus Concerts

submitted by Steve Cramer

Here are some questions you might be asking:

1. Do you remember how much fun you had last year at the BIG ARTS Community Chorus concert toasting those "Champagne's delicious bubbles" in *Die Fledermaus*? And hearing "teenage" (OK, slightly older) screaming after *Duke of Earl*?

2. Do you remember how happy you were if you got your tickets before the two spring concerts sold out? Or how sad you felt if you missed out?

So this year, BIG ARTS and the Community Chorus added a third concert just for you!

How great will it be to hear all of the major songs from *West Side Story* and *Kiss Me Kate*? How beautiful will it be to hear John Rutter's *For The Beauty of the Earth* and *Blow, Blow, Thou Winter Wind*?

Could you possibly miss out on a world premiere of a Greg Brown commissioned song toasting Shakespeare's *Plumpy Bacchus* featuring a four-part kazoo band?

Why would you not want to sing along with the final chorus of *Brush Up Your Shakespeare* and one other rollicking tribute?

Answer: Join your friends and neighbors for a performance of melodies that you will sing and hum the rest of the evening or afternoon either Tuesday, March 29 at 7 p.m., Wednesday, March 30 at 2 p.m. or Thursday, March 31 at 7 p.m. Tickets – available at BIG ARTS, located at 900 Dunlop Road on Sanibel – are \$10 for adults while children are admitted free. Call 395-0900 for more information. ✨



Steve Cramer, music director for BIG ARTS Community Chorus

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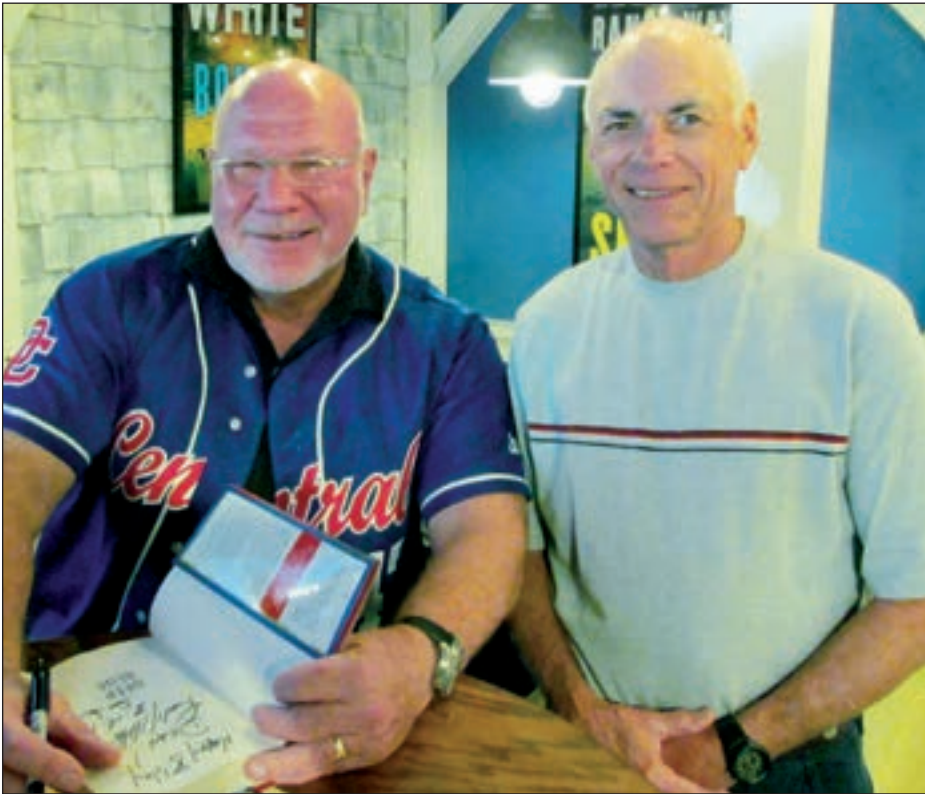
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## Randy Wayne White Signs Books



Randy Wayne White, left, signs a copy of his latest novel, *Deep Blue*, for Arlington, Virginia resident Dean Williamson at Doc Ford's Rum Bar & Grille on Sanibel. It was Williamson's 69th birthday on the day of the signing, Monday, March 14. Doc Ford's, located at 975 Rabbit Road, is named after White's main character in the novel series.

photo by Bob Petcher

## Sanibel Music Festival Presents Cliburn Gold Medalist Olga Kern

Russian pianist Olga Kern will perform at the Sanibel Music Festival Tuesday, March 22, in the intimate setting of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way, at 8 p.m. Tickets may be purchased for \$50 each at [www.sanibelmusicfestival.org](http://www.sanibelmusicfestival.org) or by calling 344-7025, or by cash or check only at Bank of the Islands, 1699 Periwinkle Way, and Sanibel Captiva Community Bank, 2477 Library Way.

Critics have praised this Cliburn Gold Medalist for her "almost superhuman power and endurance," her "voluptuous charisma" and "incredible stage presence." Born into a family of musicians with direct links to Tchaikovsky and Rachmaninoff, Kern began studying piano at the age of five.

Last year, she gave five recitals with Renee Fleming, including one at the Kennedy Center. *The Washington Post* wrote "Call it star quality – music likes Kern the way the camera liked Garbo."

The concert is sponsored by Janet and Joseph Davie and Gene and Lee Seidler. Her program:

Scarlatti: 3 Sonatas

Beethoven Sonata No. 21 in C major, Op. 53 (*Waldstein*)

Mendelssohn *Variations sérieuses*, Op. 54

Schumann *Kinderszenen*, Op. 15

Liszt *Reminiscences of Don Juan* S. 418

The Sanibel Music Festival, celebrating its 30th season, presents world-renowned artists during the month of March at the Sanibel Congregational United Church of Christ. ✱



Olga Kern

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"This is beyond exciting!" said Ranger Becky Larkins, the refuge education specialist who also runs the Florida JDS program. "It's only fitting that we get to host a judging because the Junior Duck Stamp program actually started right here on Sanibel Island, and it was Jay 'Ding' Darling who started the Federal Duck Stamp Program

"We have yet to place a first-place winner from Florida," said Larkins. "We're hoping this is the year." ❄️❄️



**The current Junior Duck Stamp features two wood ducks portrayed by Andrew Kneeland of Wyoming.**

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**Olga Kern, Pianist**

**Tuesday, March 22 • \$50**

Critics have praised this Cliburn Gold Medalist for her “almost superhuman power and endurance,” “voluptuous charisma,” and “incredible stage presence.”

*Sponsored by Janet & Joseph Davie and Gene & Lee Seidler*

Tickets available on-line at **[www.sanibelmusicfestival.org](http://www.sanibelmusicfestival.org)**  
 or by phone at **239-344-7025**

Tickets may also be purchased at Bank of the Islands, 1699 Periwinkle Way  
 or Sanibel Captiva Community Bank, 2475 Library Way. *Cash or check only.*

An Island Tradition



Sanibel Music Festival is grateful for the support of Lee County and Southwest Florida Community Foundation.

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Bailey Drobnik, Evan Solberg, Milena Weigel, and Zane Stoneman

## Choir Members Honored

Four students from The Sanibel School, Bailey Drobnik, Evan Solberg, Milena Weigel and Zane Stoneman, participated in the 2016 Lee County Elementary Honor Choir Festival. The students were selected by the school's music director, Joseph Giangreco, to sing in an Honor Choir featuring select 5th grade students from elementary schools across the Lee County School District.

The students have been working hard for weeks to practice for this musically enriching event. They had a chance to learn about making music from guest clinician Robert Todd at an all-day choir workshop on Thursday March 10. They concluded their experience by performing in the Lee All-County Elementary School Honor Choir concert on the evening of Thursday, March 10.\*

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## It's All About The Bait



by Capt. Matt Mitchell

**S**trong southerly winds all week made the bay bumpy if not rough at times. On the bright side though it was finally warm out again. These south winds made for

extreme high tides and some outstanding fishing, usually close to home. This proved to be the case this week with the afternoon high water bite during that strong south wind being a perfect set-up for the fish to eat. Snook, redfish and big trout were often found mixed together on the same mangrove islands and shorelines.

Catching shiners has remained a real grind with the bridges being the only place I'm finding a few. I did try chumming for them on the open flats without

any luck, although there is certainly no shortage of pinfish. Hopefully, as the morning tides get a little stronger and our water continues to warm, these shiners will get easier to catch. Although catching shiners has been a chore to say the least, if you had them it made all the difference in the world.

Shrimp are still catching fish but if you want that shot at a real quality fish you have to put in your time throwing the cast net.

With so little bait around, it's amazing how aggressive the birds have become. While I was live shiner fishing this week the birds at times made it impossible to cast to mangrove shorelines without a dive bombing tern snatching up your shiner. This often became so frustrating you simply had to move to get about a 10-minute window before the birds found you again.

Switching over to pinfish was one way to keep the birds away and did produce a few fish although, just like the birds, the fish also preferred shiners.

The question among fishing guides and anglers alike this week continues to be, "Where are the shiners and when are they going to show up?" It could be



Jane Drew with a 28-inch redfish caught and released while fishing with Capt. Matt Mitchell this week

poor water quality in the mouth of the river that is keeping the huge schools of shiners out in the gulf or that the water is only now finally starting to warm up. A few weeks ago when the water was a whole lot colder and looked much nastier, they were much easier to catch on the bridges than they are now. I do remember a spring a few years ago when our shiners never showed up in any kind of numbers. Only time will tell

and until then it's going to continue to be a daily grind catching these magic little baitfish that everything that swims likes to eat.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

## Send Us Your Fish Tales

**T**he *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

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## CROW Case Of The Week:

## Gray Catbird

by Patricia Molloy



The gray catbird (*Dumetella carolinensis*) receives its name from one of its signature calls, which has been described as a cat-like mew. These medium-size songbirds are related to thrashers and mockingbirds, all of which are known to copy the sounds of other birds that they then incorporate into their own unique songs. Despite

being described by some as plain or drab due to the colors of their plumage, catbirds – both male and female – have big personalities and display bold behavior when defending their territories.

On March 10, a gray catbird was admitted to CROW after being found down and unable to stand. While no broken bones were palpated during the intake exam (which radiographs later confirmed), the songbird – patient #16-631 – showed clear signs of brain injury.

“He’s kind of an unknown trauma that Dr. Wu took it in,” explained Dr. Allison Daugherty, DVM intern. “He has motor (skills) and sensation in both hind limbs, but he’s definitely showing neurological signs: he’s splaying his legs out, back behind him. He can grip – you put your finger under him and he will grip it properly, same as he would with a branch. But when we put him in (his cage), he just lays with his legs splayed out behind him.”

In the first few days at the wildlife hospital, the catbird was treated with supportive care: pain medication, an anti-inflammatory, nutrient-rich food and plenty of cage rest. In addition to being force-fed a special formula designed for insectivores, the bird slowly began eating some of the mealworms that the staff left for it between

meals. The catbird’s ability to begin feeding itself was a sign of improvement; as long as a patient’s condition moves in a positive direction, CROW will continue to treat it.

“We’ve had several others like (this catbird) that were completely down and it just takes time,” said Dr. Allison. “Motor and sensation are big, because if they don’t have motor (skills) and sensation, then we really worry if they have, say, a spinal fracture that can’t be healed. But if they don’t have complete neurological deficits, a lot of times we do try to give them a little bit of time. That’s one of our big criteria. That’s why it is so important that, if (a patient) comes in and they’re not using their back legs properly, that’s one of the things we check. It’s a really big prognostic indicator.”

When asked how long it may take for the catbird to recover from head trauma, hospital director Dr. Heather Barron responded, “There’s no way to know. But if they still have some motor skills, then there’s a chance.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



The gray catbird, patient #16-631, just before its morning weigh-in. The songbird suffered a head injury in an unknown traumatic event.



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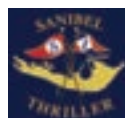
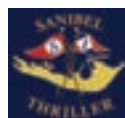


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Shell Of The Week

Colorful Moon Snail



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The colorful moon snail, *Naticarius canrena* (Linnaeus, 1758), belongs in the category of

“most desirable shell finds” locally. Colorful moon snails are in the same group (family *Naticidae*) as the shark eye, but, unlike this latter species, which has a brown, proteinaceous, “soft” operculum (plural opercula), colorful moon snails have opercula made of shell material, or calcium carbonate. The sculpture of the operculum in the family *Naticidae* is important in the classification of the different species. Colorful moon snails shells of have variable colors, with many variations around the theme of broad light brown spiral bands alternating with darker, transverse, wavy streaks. The shell on the right of the illustration, collected dead by Amy Tripp on Kice Island, received the Marilyn Northrop Award for Shell of the Show, Self-Collected last week at the 2016 Sanibel Shell Show. Learn more about the colorful moon snail and other local



The colorful moon snail, *Naticarius canrena*. On the right is the award-winning specimen collected “fresh-dead” by Amy Tripp on Kice Island. photos by José H. Leal

treasures at <http://shellmuseum.org/shells/southwest-florida-shells>.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book

through the Inn). Mollusk movies and scavenger hunts continuously throughout each day. Tank Talks continuously throughout each day: Gain great insights into the fascinating world of local mollusks! Monday at 1:30 p.m.: Carolyn’s Collection – A fun and engaging look at quality shells of a private collector. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes.) Tuesday at 1:30 p.m.: Shell Bingo. Wednesday at 1:30: Mollusk Matinees – A series of nature-related lectures presented by local experts. (Please check [shellmuseum.org](http://shellmuseum.org) for weekly

topics.) Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit. Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you. Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells. Sunday at 1:30 p.m.: Shell Bingo. The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

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## Learn About Horseshoe Crabs



A horseshoe crab

Horseshoe crabs are one of the oldest known living species of animals on earth, and it is believed that they lived in the ocean more than 600 million year ago. These interesting creatures will be the focus of the program at the March 20 Sanibel-Captiva Shell Club. Guest speaker Mark Thompson, a research associate at the Sanibel-Captiva Conservation Foundation explored the secret life of horseshoe crabs when he headed the horseshoe crab program at the South Carolina Marine Resources Research Institute.

The shell club meeting starts at 2 p.m. in Auditorium Room A on the main level of The Bailey-Matthews National Shell Museum. Door prizes will be awarded and refreshments will be served. The meeting is open to the public.✱



Two images of the Atlantic hairy triton (*Cymatium aquatile*) found on an eastern Sanibel beach by renown sheller Harlan Wittkopf. Photo on right shows the living mollusk.

photos courtesy Harlan Wittkopf

## Rare Shell Found On Sanibel Beach

by Jeff Lysiak

On March 4, well known shell enthusiast and author Harlan Wittkopf was strolling the shoreline near the Sandalfoot Condominiums on eastern Sanibel with his grandchildren when he discovered a rather unusual find. Reaching down into a tidal pool, he

picked up what he thought might be a moss- or mud-covered tulip shell. However, upon closer inspection, the shell turned out to be an Atlantic hairy triton.

"Every once in awhile, you find stuff like this... but not alive," said Wittkopf, who kept the shell only long enough to take a couple of specimen-quality photos of the rare find before placing it back into Gulf waters. "I hope somebody else will find it, still alive, because most people never get to see anything like it in their lifetime."

The Atlantic hairy triton (*Cymatium aquatile*) is typically seen in Caribbean

waters in depths between six and 25 meters. Found living on coral reefs, the shell has a blunt conical spire with weak knobs. Over the outer shell is a soft skin-like layer with hairy protrusions, called the periostracum. The living animal inside is white with dark, round spots. The color of the shell – which can grow up to 10 centimeters in length – is usually brown.✱

## Audubon 'Ding' Darling Bird Walk



Reddish egret photo by France Paulsen

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, March 19 at the JN "Ding" Darling National Wildlife Refuge on Sanibel. Participants will meet in the overflow parking lot (to the left as you drive into the refuge) at 8 a.m. These bird walks are open to the public and all levels of experience. Refuge access fees will apply. The Duck Stamp and Federal Senior Pass are accepted.

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Artillery fern is a low-maintenance groundcover that can become invasive  
photos by Gerri Reaves

Plant Smart  
**Artillery Fern**  
by Gerri Reaves

**A**rtillery fern (*Pilea microphylla*) is a fine-textured native groundcover and a member of the nettle family. This evergreen plant grows up to about 15 inches tall, spreading outward in clumps. It has a moderate growth rate and sometimes spreads so well that it can become invasive.

Use it as a filler, border or container plant, or in a shade garden or terrarium. It has moderate drought-tolerance and no serious pest problems. Although this plant will grow in full sun, it prefers some shade as well as moist but well-drained soil. The word “artillery” comes from the plant’s ability to strongly eject clouds of pollen. In other parts of the world, the groundcover is known as gunpowder plant and pistol plant because of this characteristic. Another name is rockweed.



The broken-off succulent stems root easily

It is upright or semi-erect with a miniature tree-like structure and arching succulent stems that are easily broken. The numerous tiny oval chartreuse leaves are fleshy and less than a half-inch long. While the delicate appearance justifies the word fern, it isn’t a fern at all. The almost unnoticeable greenish flowers can bloom intermittently throughout the year, the inflorescences clustered at the leaf axils. After the fruit ripens, the seeds are expelled. It is easily propagated with cuttings, which is a good thing, since it must be

replaced periodically. Other types with various flower colors are available. Experts disagree about this plant’s native status. Sources: *Five Hundred Plants of South Florida* by Julia F. Morton; *Florida Gardener’s Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida, My Eden* by Frederic B. Stresau; eol.org, and ifas.ufl.edu. *Plant Smart explores the diverse flora of South Florida.*✧

**Top Ten Books On The Island**

1. *Circling the Sun* by Paula McClain
  2. *Four Wives of Sanibel Sunset Detective* by Ron Base
  3. *Cuba Straits* by Randy Wayne White
  4. *Storied Life of AJ Fikry* by Gabrielle Zevin
  5. *Bubble Moment* by Katie Gardenia
  6. *63 Innovation Nuggets* by George E. L. Barbee
  7. *When Breath Becomes Air* by Paul Kalanithi
  8. *My Name is Lucy Barton* by Elizabeth Strout
  9. *Gift From the Sea* by Anne Morrow Lindbergh
  10. *Girl on the Train* by Paula Hawkins
- Courtesy of MacIntosh Books and Paper.*✧

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The school's computer lab was filled with fair posters last Friday afternoon

From page 1

## Language Fair

"We started the project in early January, but everybody's been getting very excited about the fair for the past three weeks," Zavala said last Friday, the day before the fair. Sixth, seventh and eighth graders submitted entries in singing, dancing, slide presentations, videos, posters and artwork. In addition, the school's steel drum band performed at the fair.

This year's World Language Fair win-

ners from The Sanibel School included:

- 1st and 2nd place with videos (from the sixth and seventh grades)
- 1st and 2nd places for entertainment/instruments
- 1st and 2nd place for dancing
- 1st and 2nd place for slide presentations
- 2nd and 3rd places with art
- 4th place with posters

Also, the school's Elementary Club performed a pair of songs, receiving a participation award.✱

## Mollusk Matinee Presents Horseshoe Crabs



Mark Thompson

On March 23 at 1:30 p.m., Mark Thompson will talk about horseshoe crabs at Mollusk Matinee at The Bailey-Matthews Shell Museum.

Thompson says the horseshoe crab is "one of the least understood members of our local marine fauna,"

Thompson has a bachelors degree in environmental engineering from Purdue University and a masters in environmental science from the University of Charleston.

As an engineer for private industry, including AT&T in Virginia, he worked to control and minimize pollutants in waste-

water, stormwater runoff and hazardous waste from large manufacturing facilities. In 1992, he joined the Virginia Institute of Marine Science (VIMS) working with sea turtles, oysters and estuarine fishes. From VIMS he moved to South Carolina where he worked with hard clams, leeches and other marine creatures.

He was then hired by the Marine Resources Research Institute, part of South Carolina Department of Natural Resources, where he participated in oyster reef research, headed their horseshoe crab program and helped with water quality monitoring in the ACE-Basin National Estuarine Research Reserve (NERR). While in South Carolina, he received an M.S. in environmental science from the College of Charleston-Medical University of South Carolina's joint graduate program.

His thesis explored the secret life of horseshoe crabs in South Carolina, during which time he was a member of the Atlantic States Marine Fisheries Commission's (ASMFC) Horseshoe Crab Management Plan development team.

He moved to the Florida Department of Environmental Protection, where he monitored and analyzed southeastern Florida's waters using biological, chemical and physical indicators.

He spent three years in the Philippine teaching coastal resource management (CRM) for the Peace Corps at a small college. He and his student researchers did baseline assessments of coral reef, seagrass and mangrove habitats as well as the state of local fisheries.✱

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# SCCF's Beer In The Bushes Scheduled For April 9

The committee for SCCF's 5th annual Beer In The Bushes, to be held Saturday, April 9 from 6 to 9 p.m. at SCCF, gives thanks to its host committee and event sponsors, whose financial support is so appreciated.

"Thanks to the host committee, the event sponsors, Jensen's Twin Palm Resort and Marina as band sponsor, and The Sanibel Captiva Trust Company as our presenting sponsor, we're able to keep ticket pricing down," said SCCF Executive Director Erick Lindblad. "We couldn't make Beer In The Bushes the good time it is without their generous support."

Host committee members to date include Richard Shipley, John and Kay Morse, Chauncey and Allison Goss, Don and Joyce Rice, Mark Blust, Amanda Curran, Shelley and Bill Greggs, Doc Ford's Rum Bar & Grille, Tom and Kathy Price, Blake and Jan Devitt, Ron and Phyllis Gibson, Tom and Linda Uhler, Chip and Nancy Roach, Deborah LaGo-



rce, Roberta and Philip Puschel, Nanelle Wehmann, Sandy and Rudy Zahorchak, Ed Wheeler and Anne Haslem, Jeff and Phaidra McDermott, Mary Ann Williams and Mike Billheimer, Jason and Kim Welch, Mary Ellen and Eric Pfeifer, Bill and Tory Burch, Mike Kelly, John Nader and Tiffany Onischuk, and Pam and Clark Rambo.

Other corporate sponsors include The Great White Grill, Pfeifer Realty Group, Landmark Design, Lighthouse Café, BrightStreet Group, iLoveShelling.com, Matzaluna, Adventures In Paradise, Kingfisher Vacations, and Time To Make Wine.

They will join the presenting sponsor, the band sponsor and the anonymous travel sponsor at a kick-off party later this month at the Bailey Homestead. Anyone interested in joining the host committee or becoming a sponsor can call 395-2768 for more information.

"Without the support of our host committee and sponsors, it would be very tough to make Beer In The Bushes a successful fundraiser," said SCCF's Jeff Siwicke, creator of the event. "Whether you're looking for new craft beer tastings, great food, world-class music or just a chance to catch up with fellow islanders at the end of a very busy tourist season, Beer In The Bushes is the most reasonably priced ticket around."

Tickets can be purchased online at [sccfbeer.eventbrite.com](http://sccfbeer.eventbrite.com) (preferred) or by calling 472-2329. They are \$60 in advance, or \$70 the day of the event.

The headliner this year will be New Orleans natives Kermit Ruffins & The BBQ Swingers. Vote for your favorite beer as eight local craft breweries compete for the SCCF People's Choice Award: Point Ybel Brewing Company (the defending champions of 2015), Fort Myers Brewing Company, Momentum Brewhouse, Old Soul Brewing, Naples Beach Brewery and Palm City Brewing, Bury Me Brewing and Cape Coral Brewing Company. Four local food trucks will be on site. All tickets include \$10 in TruxBux, redeemable for dinner choices from any of the trucks.

Beer In The Bushes will be held on the grounds of SCCF's Nature Center at 3333 Sanibel-Captiva Road.

Your attendance and contributions help SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.\*

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## Phoenix



by Di Saggau

The BIG ARTS Monday Night Movie for March 21 is *Phoenix*, a German History film about

unimaginable betrayal. The film, from director Christian Petzold, never loses sight of its human story while also serving as a commentary for how an entire country deals with tragedies like war. The film can be enjoyed for its narrative and also provides material for hours of discussion on its themes.

*Phoenix* opens with a face profiled in darkness. It is the face of a woman driving a bandaged and bloodied passenger back to Berlin. Lene (Nina Kunzendorf) is a survivor of a concentration camp. We learn that the passenger is Nelly Lenz (Nina Hoss), a German-Jewish nightclub singer who – from the appearance of photographs and discussions with friend Lene – had a happy life. She was married to a handsome man named Johnny (Ronald Zehrfeld), who was taken in for questioning by the SS on October 4. Two days later, he was released and Nelly was transported to a concentration camp.

Obviously the question is, did Johnny betray his wife's Jewish background? Nelly refuses to believe it. She returns to Berlin and seeks out Johnny. She is a shattered woman in a city of rubble. In *Phoenix*, a nightclub that literally looks like an oasis in ruins, Nelly finds some semblance of familiarity. And that's where she finds Johnny. She no longer looks the same, after undergoing facial reconstructive surgery to repair damage done at the hand of her captors. She also starts to think that her husband might have betrayed her to the Nazis.



Nelly doesn't seek revenge, she seeks the truth. Johnny has a plan. He needs someone to pretend to be his dead wife, so he can claim her inheritance as there's no evidence that his wife is dead. The parallels between *Phoenix* and *Vertigo* come into strong focus as Johnny begins to turn this woman he believes is a stranger into the wife he betrayed. In so doing, he brings Nelly back to life.

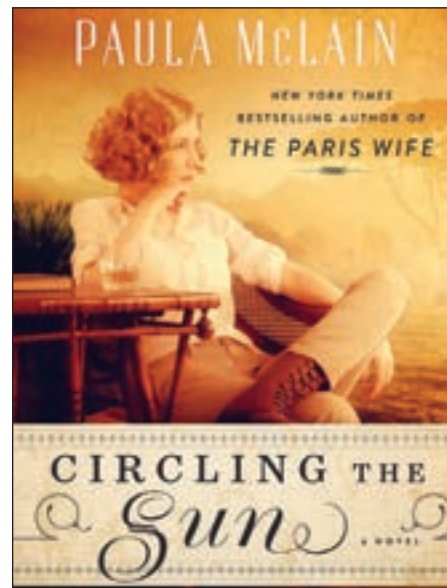
The acting from Hoss and Zehrfeld is simply amazing. Rarely are there character studies with performances as strong. *Phoenix* serves as a commentary on the human need to deny war and betrayal while never losing sight of the story of a pianist and nightclub singer in 1945 Berlin. The film runs 98 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi,

Jerry's Foods of Sanibel.

BIG ARTS is located at 900 Dunlop Road on Sanibel. Tickets are available at the door or by calling 395-0900.\*

## Book Discussion



*Circling the Sun* by Paula McLain, is the focus of the March 23 book discussion at Sanibel Public Library. The meeting is free and open to the public. The discussion begins promptly at 2 p.m. in Meeting Room 4, on the ground floor.

"Paula McLain is considered the new star of historical fiction, and for good

reason. Fans of *The Paris Wife* will be captivated by *Circling the Sun*, which... is both beautifully written and utterly engrossing," says author Ann Patchett in *Country Living* magazine.

Set in colonial Kenya in the 1920s, *Circling the Sun* tells the story of a fearless and captivating woman – Beryl Markham, a record-setting aviator and horse trainer. Brought to Kenya from England and then abandoned by her mother, Beryl was raised by her father and the native Kipsigis tribe who share his estate. Her unconventional upbringing transforms her into a bold young woman with a fierce love of all things wild. She was catapulted into a string of disastrous relationships, including a passionate love triangle with safari hunter Denys Finch Hatton and Karen Blixen, who as Isak Dinesen wrote the classic memoir *Out of Africa*. McLain's powerful tale reveals the extraordinary adventures of a woman before her time, the exhilaration of freedom and its cost, and the tenacity of the human spirit.

Copies of book club books are located in the library near the reference desk, in a variety of formats. *Circling the Sun* is an ebook that can be downloaded from the library via OverDrive.

On April 27 the group will discuss Graeme Simsion's *The Rosie Project*. The book for May's meeting is *Lisette's List* by Susan Vreeland.

If you have questions about the meetings or the Library, call 472-2483, or go to [www.sanlib.org](http://www.sanlib.org).\*

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Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

*In honor of St. Patrick's Day, a poem by one of her favorite sons. The poem describes the desire of W.B. Yeats to return to a simpler more natural lifestyle.*

The Lake Isle Of Innisfree  
by WB Yeats

I will arise and go now, and go to  
Innisfree  
And a small cabin build there, of clay  
and wattles made;  
Nine bean rows will I have there, a  
hive for the honey bee,  
And live alone in the bee loud glade.

And I shall have some peace there,  
for peace comes dropping slow,  
Dropping from the veils of the  
morning to where the cricket sings,  
There midnights all a glimmer, and  
noon a purple glow,  
And evening full of the linnet's  
wings.

I will arise and go now, for always  
night and day,  
I hear lake water lapping with low  
sounds by the shore;  
While I stand on the roadway, or on  
the pavement grey,  
I hear it in the deep heart's core.✱



Back from left: Beth Warner, Chris Godwin, Lorraine Walker Williams, Holly McEntyre, Jean Jensen, Richard Fox, Joyce Rand, Duke Barron, Martha Jeffers, Jack Chappell, Sandy Greco. Front row from left: Mary LaVelle, Dawn Schumann, Maynard Poland, Joe Pacheco and Johnnie Lorren.

Writers Share  
Their Talents

by Di Saggau

The 2nd annual Island Writers' Read took place Thursday, March 10 at BIG ARTS. A wine and desert reception preceded the 7:30 p.m. program, allowing everyone to mingle with the writers and those in the audience. Don Rice, president of the board of BIG ARTS, welcomed everyone to the program and then turned the microphone over to Joe Pacheco, who gave us background on the writers' groups. Founded

in 1984, the number of writers groups has grown to five with approximately 10 members each. This is the 63rd Island Writers' Read. Anyone interested in becoming a member of a writing group should contact Pacheco at 472-1280. The program consisted of 16 writers of prose and poetry. As everyone read their pieces, we were taken back to a place in childhood or reminded of events in our lives. Some were touching, others humorous, all were enjoyable to hear. Some of my favorites were: a limerick style poem that brought back memories of one's first visit to the Big Top; a tale about a father's seven-year-old daughter purchasing a big red

chest for 10 cents; trips to Canada and the Eiffel Tower; the patience needed in raising children; and adventures of working in a campground with 120,000 campers. You never know what is going to be addressed at a read, and that's part of what makes it so much fun. Everyone had something to offer. The writers taking part were: Duke Barron, Jack Chappell, Richard Fox, Chris Godwin, Sandy Greco, Martha Jeffers, Mary LaVelle, Jean Jensen reading for Mort Levy, Johnnie Lorren, Holly McEntyre, Joe Pacheco, Maynard Poland, Joyce Rand, Beth Warner, Dawn Schumann and Lorraine Walker Williams.✱

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

Critically Acclaimed Documentary Series  
Finding  
Vivian Maier

by Di Saggau

On Wednesday, March 23 at 12:30 p.m., the Island Cinema will show the final film in this year's BIG ARTS Critically Acclaimed Documentary Series. *Finding Vivian Maier* explores a mysterious street photographer who never exhibited her work. She hardly shared it even with those who knew her. Her remarkable images, mostly in and around Chicago in the 1950s and 1960s, were the children she cared for while working as a nanny. Later in her life, some of those children took care of her in turn. She died in 2009 on the verge of being discovered, first as a curiosity and then as a social-media sensation and a mystery.

Hers is a terrific story. Maier was introduced to the world by John Maloof, one of this movie's directors, who bought a box of her negatives at an auction in 2007 for about \$400. It included more than 30,000 negatives. In 2011, the Chicago Cultural Center mounted an exhibition titled *Finding Vivian Maier: Chicago Street Photographer*.

There is now a legal battle over who owns her work. Chicago officials say it could take years and could result in Maier's works' being pulled from gallery inventories and museum shows until a



determination is made as to who actually owns them. The film is about a fascinating, poignant and somewhat enigmatic woman. *Finding Vivian Maier* runs one hour, 23 minutes. Tickets are \$5 for members of BIG ARTS and \$6 for non-members. Tickets are available at BIG ARTS and the day of the film at the cinema, located in the Bailey's Shopping Center. Following the film, a discussion will take place at Island Cinema.✱

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## Artists Reception This Friday On Captiva



This painting of black crowned night herons by Eleanor Dominek is one of several wildlife paintings in the show

For anyone who wants to check out the island art scene and meet several of the best local artists, opening night at the Captiva Civic Association's Local Color art exhibit will be a great place to start.

The exhibit, featuring a diverse group of seven Captiva and Sanibel artists, kicks off with a reception on March 18 from 5 to 6:30 p.m. at the Captiva Civic Center, 11550 Chapin Lane, Captiva. Their art will be on display through April 18.

Two of the artists in the exhibit, Pat Levinson and Eleanor Dominek, are very familiar to Captiva art lovers. Both have had their work on display in similar shows at the civic center in recent years.

They and the five other artists whose paintings will be on display work with various media – oils, acrylics, pastels, watercolor – and their styles run the gamut from traditional to impressionistic to abstract.

One thing that nearly all of the artists have in common is that they came to their craft later in life.

From a New York textile executive to a former college administrator, an anesthetist and a retired chemist, these artists have varied backgrounds but didn't start out as artists.

Another thing they have in common: They all wound up out here on Sanibel and Captiva, where they have been pursuing their artistic passions.

The seven artists whose works will be shown are:

- Peter Reuling, who specializes in oils, focuses his time and effort on painting after he retired from a career in the sports insurance industry. He alternates between Sanibel and Santa



Artist Pedro Rodriguez combines the traditional with the impressionistic in this painting titled *Purple Bay*

Fe, New Mexico.

- Marjie Juedes, who has been visiting Sanibel for 35 years and taking art classes for the past eight years in the Chicago suburb of Lake Forest and at BIG ARTS, works in pastels and likes painting landscapes, birds of Florida as well as scenes from vacations and flowers.

- Pete Rodriguez, a retired chemist who moved to Sanibel in 2000, began taking painting classes with Lucie Macherowsky. He is involved with organizing and painting with the art class at The Sanctuary Golf Club on Sanibel.

- Joanne Jones, a former anesthetist in New York and Connecticut, who now has studios where she paints on Captiva and Cape Cod, uses oils, acrylics and watercolors and has a style that varies from the Italian classical to contemporary subjects.

- Pat Levinson alternates between Captiva and a 25-acre horse farm in North Salem, New York. The birds of Florida and the horses, chickens, ducks and dogs at her farm often find their way into her paintings and sculpture – often in whimsical ways.

- Tom Kulina, a former New York City textile executive, became an art dealer and then decided to do his own paintings a decade ago. Alternating between Sanibel and Montana, he works in both oil and acrylic, and his

abstract style is both personal and expressive, focusing on spatiality.

- Eleanor Dominek, a former Michigan College administrator, took a blue ribbon in last year's exhibit of local artists at the Captiva Civic Center. She returns this year with some very different works, including a triptych that features local birds.

The exhibit's opening night reception will feature a bar and refreshments.

For anyone who cannot make the opening, the show can be viewed by the public without charge on Tuesdays and Fridays from 11 a.m. to 1 p.m., or by appointment with the CCA, through April 18 by calling 472-2111.\*

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## Conservancy Biologist To Speak On Burmese Pythons At Lecture

The invasion of exotic Burmese pythons in the Florida Everglades has created monumental problems for native fauna. Ian Bartoszek, a biologist with the Conservancy of Southwest Florida, has extensive experience in the collection and identification of amphibians and reptiles across the Greater Everglades ecosystem.

His two Pythons in Paradise: Collaborative Burmese Python Research in Southwest Florida presentations begin at 10 a.m. and 1 p.m. on Friday, March 25 in the free "Ding" Darling Visitor & Education Center on Sanibel.

A lack of information on the natural history and behavior of the apex predator has limited effective Burmese python management strategy, Bartoszek said.

So, in January 2012, the Conservancy of Southwest Florida formed a collaborative research project with Dr. Paul Andreadis of Denison University, land managers at Rookery Bay National Estuarine Research Reserve, and scientists at the U.S. Geological Survey. The goal of the project is to develop a strategy to control python population levels in Southwest Florida based upon research results from telemetry tracking and other wildlife ecology investigative methods.

Admission is free to the lectures, part of the 13-part Friday Lecture Series sponsored by HighTower Advisors Fort Myers along with Mike and Terry Baldwin, with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

Seating for the lectures is limited and available on a first-come basis. Arrive one hour early to assure seating. Early arrivals can save one seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time or risk reassignment.

Wildlife Drive is closed on Friday, but visitors are welcome to explore the free "Ding" continued on page 12B



Ian Bartoszek with a Burmese python  
photo by Paul Andreadis

## Zonta's Peek Tour Raises Over \$60K



Members of the Zonta Club of Sanibel-Captiva and volunteers welcomed VIP guests to Shorehaven Redux, the fourth house featured in the March 12 Peek At The Unique Tour of magnificent island residences. The tour raised over \$60,000. On the former site of the historic Shorehaven cottage, the new house overlooks San Carlos Bay. photos by Jeff Lysiak



At Judy Hicks' home - dubbed Bromeliad Haven - hundreds of lush and colorful plants surround the residence, porches and screened pool area, inside and out



Peekers stroll down the driveway of a Spanish Revival remodeled home during Saturday's tour. For this year's Peek At The Unique, 18 busloads carried more than 620 guests around Sanibel between 8:30 a.m. and 6 p.m.

## Sanibel Fire Station Open House

On Saturday, March 19, Sanibel Fire Station #1 at 2351 Palm Ridge Road will be open to the public from 10 a.m. to 2 p.m.

The firefighters invite everyone for free food and a line-up of activities for children and adults. Station and equipment tours will be offered.

Lee County EMS is also participating.

Parking is available at the nearby Center 4 Life on Library Way.

Call 472-5525 for more information.\*

continued on page 8B





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# Can We Meet Sanibel’s Water Quality Challenges?

submitted by Mike Gillespie, Committee of the Islands

You can hear about these challenges when water expert John Cassani addresses the issue at the March 30 annual meeting of the Committee of the Islands.

The COTI annual meeting is open to the public, and we urge all Sanibel residents and visitors to attend and hear John’s keynote address on this important subject.

John Cassani is especially well-qualified in the area of water quality. Since 1978, he has worked in Southwest Florida as a water resource manager and water conservation advocate. After retiring as Deputy Director of the Lee County Hyacinth Control District in 2014, he has continued his research interests as an adjunct member of the Graduate Faculty at Florida Gulf Coast University, Department of Marine and Ecological Sciences.

## Continued Advocacy On Water Issues

John Cassani continues his advocacy on water issues as chairman of the Southwest Florida Watershed Council and a member of the board of directors for the Caloosahatchee River Citizens Association. He was one of the three initial advocates that brought the idea of a conservation land acquisition program to the Lee County Commission in 1995 and subsequently served on the Conservation 2020 advisory committee for 17 years. He was recently appointed to the Lee County Local Planning Agency.

Cassani is a recipient of the Everglades Coalition’s John V. Kabler Award for grassroots advocacy and a resolution honoring his water conservation efforts by the Lee County Board of County Commissioners. He holds a B.S. degree in Fisheries and Wildlife from Michigan State University and an M.S. from Central Michigan University in biology. Over his professional career, Cassani has authored more than 25 peer reviewed journal articles, two book chapters and edited a book on managing aquatic vegetation.

Please join us to hear John Cassani’s presentation on Wednesday, March 30 at The Community House, 2173 Periwinkle Way on Sanibel. Coffee and rolls will be served at 9 a.m.; the meeting begins at 9:30 a.m.

COTI invites your input on this and other issues affecting our island. Send an email to [coti@coti.org](mailto:coti@coti.org). To read our past commentaries on island issues, visit [www.coti.org](http://www.coti.org) or visit Committee of the Islands on Facebook.\*



John Cassani, COTI Keynote Speaker

# FWC Monitor Of Horseshoe Crabs

A ritual that dates back millions of years takes place again this spring on Florida beaches. Spring marks the mating season of horseshoe crabs, and biologists with the Florida Fish and Wildlife Conservation Commission (FWC) want the public’s help identifying spawning sites.

Beachgoers will likely have the best luck spotting mating horseshoe crabs around high tide, just before, during or after a new or full moon. The conditions around the new moon this Wednesday, March 9 and the full moon on March 23 will create ideal opportunities to view the spawning behavior of horseshoe crabs.

Mating crabs pair up with the smaller male on top of the larger female. Other male crabs may also be present around the couple. Beachgoers lucky enough to spot horseshoe crabs are asked to note how many they see and whether the horseshoe crabs are mating. If possible, the observer should also count how many horseshoe crabs are mating adults and how many are juveniles (4 inches wide or smaller).

In addition, biologists ask observers to provide the date, time, location, habitat type and environmental conditions – such as tides and moon phase – when a sighting occurs.

The FWC asks the public to report sightings through one of several options. Go to [MyFWC.com/Contact](http://MyFWC.com/Contact) and go to “Horseshoe Crab Nesting Activity” for the “Submit a Horseshoe Crab Survey” link, then select “Florida Horseshoe Crab Spawning Beach Survey.” You can also report findings via email at [horseshoe@MyFWC.com](mailto:horseshoe@MyFWC.com) or by phone at 866-252-9326.

The survey program began in April 2002. Through 2015, the FWC has received 3,485 reports from across Florida.

Horseshoe crabs, often called living fossils, are an important part of the marine ecosystem. Their eggs are a food source for animals. Birds, such as red knots, rely on horseshoe crab eggs to fuel their long migrations to nesting grounds.

Horseshoe crabs have also proved valuable to human medicine. Pharmaceutical companies use horseshoe crab blood to ensure intravenous drugs and vaccine injections are bacteria-free and sterile. Scientists are also using horseshoe crabs in cancer research.\*





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by Jeff Lysiak

On the evening of March 8, more than 75 people gathered at the Captiva Community Center to hear sixth generation Floridian John Parke Wright IV discuss his family's storied history, from homesteaders who planted the first citrus grove in the state to cattle ranchers who provided livestock to Cuba for more than a century.

The seventh Captiva Island Historical Society event of the 2015-16 season, Wright's lecture – Cuba-U.S. Relations: Prospects For Change – included a PowerPoint presentation on the history of cattle ranching here in Southwest Florida, whose headquarters were located at the Punta Rassa port just across San Carlos Bay from Sanibel.

“Southwest Florida was cattle country, with lots of marshes and thickets and grasses,” Jim Pigott, president of the Captiva Island Historical Society, told the crowd. “This was in an age that’s referred to as ‘BC’ or ‘BD,’ which either means ‘Before The Causeway’ or ‘Before Development.’”

The great-great grandson of Dr. HT Lykes, one of the pioneers of the cattle trade between Tampa and Havana, Wright himself is credited with re-opening trade between



## John Parke Wright IV chats with CIHS president Jim Pigott about his family's history in Florida

the United States and the People's Republic of China. In 1851, Wright's ancestors became homesteaders in Florida, establishing the first citrus grove – with more than 500 trees – in Brooksville.

According to Wright, the cattle industry was big business along Florida's west coast in the mid-1800s. Dr. Lykes, along with Capt. James McKay, created the Lykes Bros. Steamship Company. In addition to shipping cattle from the United States to Cuba, the company flourished by establishing a trade route between Tampa and Havana – along with other major U.S. ports, including New Orleans – distributing goods including Cuban rum and coffee, Florida citrus, Louisiana rice and Dakotas black beans.

At the time, Lykes Bros. was one of America's most successful import-export

continued on page 6B



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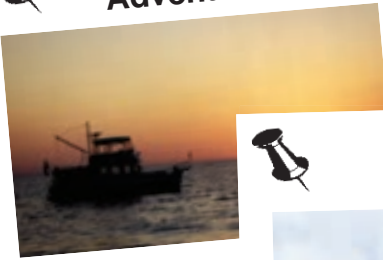
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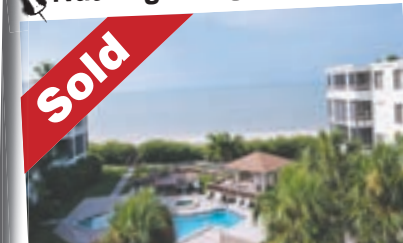


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Model of a vintage Lykes Bros. Steamship Company vessel



More than 75 people attended the March 8 Captiva Island Historical Society lecture  
From page 4B

# Wright Shares Knowledge

businesses.

Wright told the audience that an article in the October 25, 1879 issue of The Savannah News, Lykes Bros. transported 10,000 head of cattle to Cuba, along with an additional 13,000 head owned by Ziba King of Fort Ogden and Jake Summerlin, who was known as “King of the Crackers.” Summerlin earned his nickname through handling an 18-foot bullwhip as well as any cowhand.

At the time, he noted, both Floridians and Cubans distrusted Spanish bank notes, and neither held any respect for the American dollar. As a result, business owners in both countries dealt primarily in Spanish doubloons, which were worth approximately \$16.80 each.

Currently a resident of Naples, Wright explained that over the years, his family’s

business diversified from shipping cattle and other commodities into banking, insurance, real estate and steel production. Today, he serves as the managing director of JP Wright & Company, Inc. and is active in new business development in energy, oil and gas in the Far East, U.S.-Saudi Arabia business development, trade with China along with agricultural development and trade with Cuba.

Between 1858 and 1958, when Fidel Castro rose to power, Wright’s family operated what grew to become a 15,000-acre cattle ranch in Oriente province, which Fortune magazine once described as “one of the most productive cattle ranches in the Western hemisphere.” However, over the five decades that trade relations had been severed, that land was no longer under the family’s control.

That didn’t stop Wright from personally visiting Cuba several times of the years, attending trade fairs and making friends with fellow businessmen and prominent society figures, including Fidel Castro’s brother, Ramon. He called giving the older brother of the former Cuban president a Stetson rancher’s hat one of the “little acts of kindness” which helped bridge the political gap between the United States and the island nation 90 miles south of Key West.

Ramon Castro passed away on February 23.

Since relations between the U.S. and Cuba have been re-established over the 15 past months, Wright encourages people to pay a visit to Cuba and see what a beautiful and friendly country it is.

“The good news is that Americans are now visiting Cuba, for many reasons,” he said. “It’s going to take some time for our economic success to flow into Cuba... but it would be nice to enjoy Cuba now, before it changes.”

Wright also offered some friendly advice for those who may consider planning a trip to Cuba.

“If you have any talent at all with music – whether it’s a piano or a clarinet or a harmonica – you’d better be ready to join the band... they love their music,” he added. “That’s a big part of good neighborly relations.”✧



John Parke Wright IV spoke for an hour at the Captiva Community Center

# Correction

In the March 11 issue of the *Island Sun*, a photo caption incorrectly identified Anne Joffe’s hospital recovery room display as an artistic entry at the 79th annual Sanibel Shell Festival. It was a scientific display. We apologize for the error.✧

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From page 1B

Zonta Peek Highlights



Gary Chesley, left, and Cindy Hartman discuss details of the breakfast nook located along the upstairs lanai of the Spanish Revival home



The view from the back of the residence on Bird Lane



Shorehaven Redux has an outdoor seating area that overlooks a private beach and dock on San Carlos Bay



The second floor lanai of the Water Life residence overlooks a pool and canal to the rear of the property

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Zontians Gini Jones, left, and Cathy Cryder discuss one of the Peek homes



The wraparound porch of Bromeliad Haven is decorated with many colorful accent pieces and artwork





Attendees at last week's rally for clean water at Point Ybel Brewery

## START And Point Ybel Brewery Team Up At Clean Water Rally

The Sanibel-Captiva Chapter of Solutions to Avoid Red Tide (START) and Point Ybel Brewery joined forces last week to promote clean water. On March 7, a rally for clean water was held at the Point Ybel Brewery, located on San Carlos Boulevard in Fort Myers. Local experts Dr. Rick Bartleson, Dr. Bruce Neill and Ralph Woodring spoke on the current state of our waters and what concerned citizens can do to help. All proceeds from beer sales on the evening of the event were donated to START to support local water quality research by SCCF.

The biggest take-home message from the rally was that concerned citizens have the ability to help by contacting our representatives and making our voices heard. To find contact information for your representatives, visit [captainsforcleanwater.org/contact-a-politician](http://captainsforcleanwater.org/contact-a-politician).✱

## Rental Agency Joins Shell Museum Sponsorship Program



Fran Peters (in white shirt), owner of Island Vacations of Sanibel & Captiva, Inc., and her staff members Aimee Skolmutch and Beth Rizzo, present their sponsorship check to Paul Gulbrandsen, development associate, The Bailey-Matthews National Shell Museum

Island Vacations of Sanibel & Captiva, Inc., is one of the first Sanibel Island businesses to participate in the new Bailey-Matthews National Shell Museum sponsorship program. Agency owner Fran Peters has chosen to be a museum sponsor for March and April. Peters grew up on the beach and has been identifying seashells most of her life. She is a supporter of The Bailey-Matthews National Shell Museum and participates in many of its fundraising efforts.

"We are fortunate to have this national caliber museum on Sanibel cared for by an enthusiastic and knowledgeable staff and group of volunteers. The museum provides a unique vacation experience for island guests," she said. "It is gratifying to work with the museum and support them as they continue to expand their displays, educational endeavors and outreach to the community at large."

The museum initiated the sponsorship program this year. There is still opportunity for island businesses to participate. Businesses receive a variety of exposure opportunities at the museum in exchange for their support. Interested businesses should contact Paul Gulbrandsen, development associate with the museum.✱



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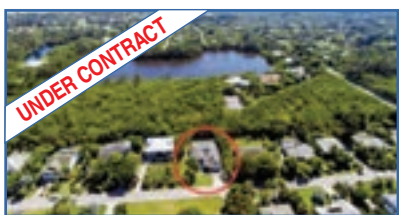
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## Bank Supports Sanibel Music Festival



From left, Marilyn Kane, the bank's customer service representative; Robert Orrell, Sanibel Music Festival president; and Mona Strasser, the bank's vice president and office manager

Sanibel Captiva Community Bank contributed \$1,500 to the Sanibel Music Festival for its outreach and education programs, including Save March for Music, featuring seven performances at Sanibel Congregational Church.

"We are proud to support the Sanibel Music Festival's 30th season," said Craig Albert, bank president and CEO. "The concert series is a Sanibel Island tradition, enjoyed by many in our community."

The mission of the Sanibel Music Festival is to present classical music of the highest standard and promote the careers of emerging artists through performance opportunities at affordable prices. For more information, visit [www.sanibelmusicfestival.org](http://www.sanibelmusicfestival.org).

## Trust Company Donates To BIG ARTS



Big Arts' Don Rice and Lee Ellen Harder, left, accept a check from Sanibel Captiva Trust Company's Steve Greenstein and Al Hanser

The Sanibel Captiva Trust Company is presenting sponsor of various programs in the 2015-16 season at BIG ARTS. The Trust Company donated \$20,000 in support of The Capitol Steps, Visual Arts Exhibits in Phillips Gallery, as well as the Community Chorus and Concert Band.

"BIG ARTS is a real cultural asset to our community," said company founder and chairman Al Hanser. "We are delighted to be a part of providing cultural enrichment in our community."

The Capitol Steps was a comical look at former Congressional staffers who dig into the headlines and create their own brand of political satire. It was a show filled with hilarious song parodies and skits.

The BIG ARTS Concert Band and Community Chorus are audience favorites in Schein Hall. The Concert Band marched into spring with a full concert from pop to famous marches. The Community Chorus has three concerts in March with special guest composer Gregory W. Brown. They will perform Shakespeare-inspired music to honor the 400th anniversary of the Bard's death.

"We aim to provide quality cultural and educational experiences in the arts to island residents and visitors," said Don Rice, BIG ARTS board president. "We are grateful for the support from Sanibel Captiva Trust Company, which allows us to continue our mission." ❄️





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# Rotary Happenings

submitted by Shirley Jewell

All parents want a good education for their children. All parents want their children to succeed in life. All parents want their children to go to school and love the experience of learning. They want them to make friends and enjoy growing up and feeling good about themselves. So, when the reality presents itself that your child is struggling in school and feels out of place, you know your parental responsibilities include becoming more involved in their educational and socialization experience. You are your child's advocate and exploring all the available options to provide the best education for your child is on your shoulders.

At our last San-Cap Rotary Club meeting, we were delighted to have as our guest speaker Lori Riti, principal of De LaSalle Academy in Fort Myers. The school was founded in 2012 and is an educational option for children with special needs. It is a private, non-profit elementary through high school serving students with ASD, learning disabilities, processing disorders, anxiety and mild mood disorders. The academic program is highly individualized and supported by



**Lori Riti, principal of De LaSalle Academy** therapies, including speech and language, occupational, and counseling.

Now before, you get a little nervous about it being a private school and the cost involved in that type of schooling, Riti made it known that many of the students are on scholarship. That number is about 60 percent of the student-body. Currently enrolled in De LaSalle are 144 students from Lee, Charlotte and Collier counties including three from Sanibel.

Testing for disabilities and clinical observations help the school identify the area of need for each child. De LaSalle is dedicated to creating individual education-

al programming for each child and this is driven by their specific needs and goals for learning and socialization. Educators and parents work together in formulating a pathway to success for each student. The academic environment at the school allows learning in small groups as well as social interaction and learning in larger groups. The goals allow each student time to concentrate until they master the building blocks of their individualized learning program. The school helps the students understand their disabilities and how to work at overcoming them. They learn alternative and creative ways to tackle their learning challenges. In this atmosphere each child knows he or she will and can be successful.

With success comes confidence. Confidence can open the doors to socialization.

We all remember the old Chinese proverb, "One picture is worth a thousand words." So Riti did that one better: she brought a De LaSalle video providing a visual overview of the school and the children working on their studies in small groups with some wonderful new learning tools and larger projects with hands being raised to answer questions put to them by the teacher. However, what really showed in this video was the joy on the faces of the students, eager to learn, unabashedly grasping the joy of succeeding in their studies.

Parents gave testimony to their feelings of joy as well. There is no better feeling for a parent then knowing they are helping their child find a pathway to a successful future.

Information regarding DeLaSalle Academy can be found at [www.delasallefm.org](http://www.delasallefm.org) or call 245-8212 to arrange a personal tour.

*The Sanibel-Captiva Rotary meets at 7 a.m., Fridays at The Dunes Golf & Tennis Club. Guests are always welcomed.\**

From page 1B

## Burmese Pythons Lecture

Darling Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge's official concessionaire located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to [dingdarlingsociety.org/lectures](http://dingdarlingsociety.org/lectures). For the schedule of the 2016 DDWS Film Series, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films). The remaining schedule includes:

April 1: Joe Wiegand – Teddy: The Conservation President Reprisal

\*April 8: John H. Hartig – Bringing Conservation to Cities: Lessons from Building the Detroit River International Wildlife Refuge

\*April 15: Sandra Friend and John Keatley – The Florida Trail Guide

\*book-signing to follow.\*



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### Justin McDonald

Justin McDonald has been working in the plumbing trade for over 15 years and has a long history as a service provider here on Sanibel & Captiva Islands'. Mr. McDonald worked for Nave Plumbing for almost 9 years as a plumber/technician prior to re-joining the Sanibel Plumbing Company team as its operations manager. With a long working history here on our islands, Justin has a true expertise of the islands plumbing and its city processes. Sanibel Plumbing is proud to have Justin leading our "dream team" of technicians to serve our neighbors on Sanibel & Captiva.

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### Ralph Sepulveda

Ralph Sepulveda has been working in the electrical trade for over 16 years and has a long history as a service provider here on Sanibel & Captiva Islands'. Mr. Sepulveda worked for Molnar Electric for 9 years as an electrician/technician prior to joining the SanCap Electrical Company team as its operations manager. With a long working history here on our islands, Ralph has a true expertise of the islands electrical services and its city processes. SanCap Electrical is proud to have Ralph leading our "dream team" of electrical technicians to serve our neighbors on Sanibel & Captiva.

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## Health System's Kashman Focuses On Wellness At Chamber Luncheon

The Sanibel & Captiva Islands Chamber of Commerce business members learned about the significance of placing priority on personal wellness during the monthly luncheon hosted at Sanibel Harbour Marriott Resort. Scott Kashman, FACHE, with Lee Memorial Health System was the guest speaker.

"Businesses see more productivity from employees who lead a healthy lifestyle," said Kashman, LMHS chief administrative officer. "This includes you, too."

LMHS is Southwest Florida's largest employer, according to the Southwest Florida Economic Development Alliance. Turning 100 this year, it is also one of the area's oldest businesses. Since the opening of its first hospital, it continues to be a health care leader in Southwest Florida.

A 10-day jump start to a healthier lifestyle program was created to help residents adopt a whole food, plant-based eating plan. It has shown to promote several health benefits, including weight loss, increased energy, a reduction in cholesterol and blood sugar, clearer thinking and more. The Healthy Lee initiative was developed as a community collaboration of grassroots organizations to further bring wellness to Lee County.

"The future is in our hands. It doesn't have to be done all at once, but you must be a part of the solution," Kashman concluded.

Learn more about the 10-day jump start program by calling Lee Health Solutions at 424-3121, by visiting Healthy Lee online at [www.healthylee.com](http://www.healthylee.com) or by



Scott Kashman of Lee Memorial Health System addresses chamber business members on the importance of focusing on a healthy lifestyle

visiting LMHS at [www.leememorial.org](http://www.leememorial.org).

Chamber members also enjoyed a special musical selection from BIG ARTS' *The Musical of Musicals*, opening on March 18 at the Herb Strauss Theater. This hilarious satire of musical theater is a charming story which becomes five delightful musicals from Rodgers and Hammerstein to Stephen Sondheim. To learn more, visit [www.bigarts.org](http://www.bigarts.org).

There will not be a chamber luncheon in April. It returns on Tuesday, May 10 at Sundial Beach Resort & Spa on Sanibel. Members can register online at [www.sanibel-captiva.org](http://www.sanibel-captiva.org) or by calling 472-1966.✱

## Third Screening Of Sanibel Film To Be Shown April 18

When Eric Pfeifer announced the third film in the Pfeifer Documentary Series, *Sanibel Before The Causeway*, he had no idea it would be such a big hit. The February 10 premiere was sold out 13 days before the showing and an encore for March 28 was quickly scheduled.

"We were pleasantly surprised when the March 28 encore was sold out four weeks in advance," said Pfeifer. "To satisfy the demand for tickets to see the film, we have scheduled another showing for 7 p.m. on Monday, April 18 at The Community House. Tickets are \$7, and are on sale at The Community House and Bailey's General Store."

The feature-length film includes vintage home movie clips from the 1930s through the early 1960s, and shows Sanibel the way it was before the causeway opened in 1963.

"When I first saw the old film footage, it was like traveling back in time," Pfeifer added. "Imagine seeing cars getting on the ferry boat, seeing the mail boat coming to the island, and seeing airplanes landing at Sanibel's airport. That's just a small sample of what is included in this film."

The documentary series is a collaboration between Pfeifer Realty Group and seven-time Emmy winner David E. Carter, a year-round Sanibel resident.

This is the third documentary sponsored by Pfeifer Realty Group. Previous films, *Growing Up On Sanibel* and *Seven Sanibel Artists*, generated more than \$25,000 in community support donations.

Additionally, Pfeifer Realty has donated DVDs of all three documentaries to The Community House to be sold to benefit the current renovation project.

More details on the documentary can be seen online at [www.SanibelStories.com](http://www.SanibelStories.com).✱

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# Sanibel Public Library Programs

The “Sprout Queen” (Christine Lindsey) will cover the benefits of eating and juicing sprouts and micro-greens and an overview of the growing process at Sanibel Public Library on Friday, March 18 at 2 p.m.

Karen M. Maxwell is a Master Gardener in Florida and Maine, a Florida Master Naturalist and a Florida Nursery, Growers & Landscape Association-certified horticulturist. On March 22 at 1 p.m. Maxwell will reveal secrets of where to see rare trees and plants on Southwest Florida’s public properties, and other Best-Kept Garden Secrets.

Manatee expert Fred Rubino will present an update on the Florida manatee on March 22 at 2 p.m. Fred Rubino is a Florida Master Naturalist and part of the Florida Wildlife Commission’s manatee rescue team. He is also a presenter at Lee County Manatee Park.

Ross Hauser, M.D. will present alternative ways to manage chronic pain, arthritis pain and pain caused by sports injuries at 2 p.m. on Wednesday, March 30.

First Fridays – Stories for Grownups will be held at 2 p.m. on April 1. Like all First Fridays, the designated storyteller will speak to the audience for the first half, then stories are drawn from the audience by Dr. Sid Simon.

A birthday celebration for Troup, wildlife educator and animal ambassador, the rescued raccoon, will be held on April 2 at 10 a.m.

Programming is supported by a grant from Sanibel Public Library Foundation. The public is invited to these library programs. No registration is required and there is no additional cost to participate. A complete list of programs is on the library’s website. Residents as well as non-residents are invited.

The Sanibel Public Library is located at 770 Dunlop Road, Sanibel. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).



Stephanie Murphy-Lupo

## Author To Sign New Non-Fiction Set In Florida

Florida native, journalist and author Stephanie Murphy-Lupo will sign copies of her new book on Wednesday, March 23 from 2 to 4 p.m. at MacIntosh Books & Paper, 2330 Palm Ridge Road, Sanibel.

Store manager Rebecca Binkowski said she was pleased when the 328-page paperback “was brought to our attention ... It looks like the perfect fit for our shop and demographic. Lots of Florida history buffs here!”

Globe Pequot Press, the trade division of Rowman & Littlefield, published *All Aboard! A History of Florida’s Railroads*, in January: “Our flagship imprint celebrates all things local ... Our authors are leading experts on the people, places, food, art, culture and craftsmanship of the regions they

cover – primarily New England, the mid-Atlantic and Florida.”

Murphy-Lupo was a writer and columnist for the *Palm Beach Daily News* (2000-08) and has written for Palm Beach County publications for most of her career. A resident of West Palm Beach since 2003, she has written about American destinations and travels to Cuba, Portugal, Australia, Finland, Sweden, Canada and Italy.

“Yet how is this for coming full circle? I attended first grade in Fort Myers (Edison Park Elementary),” said the Jacksonville native, “and Sanibel and Captiva have been favorite vacation spots since the 1960s.”

Her book chronicles the saga of pre-Civil War railroad development; Henry B. Plant’s devotion to Tampa and Central Florida; some European investors in Florida land and railroads; characters who peppered the state’s early days -- one or two of them jailed for treason; the cattle ranchers who sent herds to Arcadia and on to Punta Rassa; Bertha Honoré Palmer’s reinvention of Sarasota -- with the help of Seaboard Air Line Railroad; and Barron Collier’s investments in the region.

Highlights include David Levy Yulee’s development of the Florida Railroad connecting two coasts; Panhandle plantation owners who linked Big Bend settlements with southern rail junctions; Julia Tuttle’s triumph in persuading Henry M. Flagler to extend his railroad to Miami; and Flagler’s careers, culminating in his enchantment with St. Augustine, his development of the east coast and his singular triumph in building the Overseas Railroad to Key West.

Murphy-Lupo, a graduate of the University of Florida, also is the author of *Day Trips from New Jersey* (Globe Pequot Press, 2012). She has written two memoirs in production; and, since 2014, has been working on a novel and a screenplay.

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## Doc Fords Rum Bar & Grille Supports Children's Spring Festival



Doc Fords Rum Bar & Grille are once again supporting the Children's Education Center of the Islands as Gold Sponsors of their Spring Festival.

**D**oc Fords Rum Bar & Grille announced it will be a Gold Sponsor for the Children's Education Center of the Islands' 22nd annual Spring Festival, a family friendly festival open to the public held on Saturday, March 26 from 9 until 11 a.m.

Since 1994, the Children's Education Center of the Island has hosted their Spring Festival. The festival fun will include pony and unicorn rides, a bounce house, giant slide, face painting and many other crafts and games. Best of all, the Easter Bunny will be available at 10 a.m. for pictures. The festival will also include a silent auction with over 60 baskets to choose from.

The Spring Festival will be held at the Sanibel City Park (next to the playground on Periwinkle Way) on Saturday, March 26. All families are invited to celebrate with us. The festivities will begin at 9 a.m. sharp with a free Easter egg hunt for children of all ages. The games, contests and crafts will begin immediately after and will continue until 11 a.m. A \$10 armband will allow each child unlimited fun to participate in all activities.

For more information, call 472-4538 or visit [childrenseducationcenter.org](http://childrenseducationcenter.org).

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- The benefits of Florida domicile to you and your family
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- Estate plan protections for Floridians

**When:** Thursday, April 7, 2016  
4:00 p.m. – 6:00 p.m.

**Where:** Sanibel Public Library  
770 Dunlop Road  
Sanibel, FL 33957

For more information or to reserve your seat, contact Karen Lawrence at 239-466-2514.



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# Gurhan Crafts Unmistakable Jewelry

Gurhan jewelry is unmistakable. The famed designer will visit Lily & Co. Jewelers, 520 Tarpon Bay Road, March 24 to 26. There will be a cocktail reception and display of Gurhan jewelry from 5 to 9 p.m. on Thursday, March 24.

“We are delighted to be hosting a cocktail reception in honor of a talented designer such as Gurhan,” said Lily & Co. co-owner Dan Schuyler. “Having him visit for three days is a treat and we invite everyone to meet the wonderful, personable man behind the exquisite jewelry.”

Gurhan Orhan’s fingerprint on each piece is the essence of the brand – hand-hammering and natural imperfections – evidence that every piece is crafted by hand.

In the early 1990s Gurhan was handed a sheet of pure 24-karat gold during a trip to Istanbul. He was immediately drawn to its warmth and sensuality. In a single moment, his life changed forever; he would create fine jewelry using this pure material.

Four years later, his first pieces were created. While embracing the challenge of using pure gold, he rejected modern teachings and instead studied techniques used by ancient goldsmiths. After locking himself in his Grand Bazaar workshop, he reincarnated the ancients, bringing their craft into the modern world.

Gurhan defies the boundaries of traditional jewelry design, which is especially present in his 4/24 line that features a unique combination of an early Ottoman alloy containing 4 karats of gold and 24 karat gold, as well as a proprietary new way of setting diamonds.

He continues to evolve and grow with retailers in more than 15 countries featuring his three different lines created from three different metals.\*



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Bank of the Islands' Vicky Bowers, CECI Director Cindy De Costa, and the Bank's Customers Service Representative Darrin Grottrian.

## Bank Sponsors Spring Festival

**B**ank of the Islands has become a gold sponsor for the 22nd annual Spring Festival, the March 26 fundraiser benefiting Children's Education Center of the Islands (CECI). The event is a family-friendly celebration that takes place from 9 to 11 a.m. at the Sanibel Community Park. The Park is located at 2173 Periwinkle Way next to the Sanibel Community House.

"Pony rides, Easter egg hunt, bounce house, giant slide, live music, silent auction and so much more," said Bank of the Islands Sanibel-Captiva Office Man-

ager Willy Ocasio. "The Children's Education Center's Spring Festival is fun for kids of all ages. Being a gold sponsor this year is a great way to show how much we appreciate being your island bank."

The mission of the Children's Education Center of the Islands is to create, through our developmentally appropriate curriculum, a nurturing, exciting learning environment that creates happy, curious, confident children. To learn more, visit [www.cecikids.org](http://www.cecikids.org).

Bank of the Islands has performed island community banking since 1974 at 1699 Periwinkle Way at the corner of Casa Ybel Road on Sanibel. The Captiva office is at 14812 Captiva Drive, next to the Captiva Post Office.✱



CECI Executive Director Cindy DeCosta, Valentina Bell, Steele Floyd, Angelina Roa and Jasmin Hernandez, manager of The Bean, are proud to be working together to support the children of the community

## Sanibel Bean Sponsors CECI Spring Festival

**T**he Sanibel Bean announced it will be a Gold Sponsor for the Children's Education Center of the Islands' 22nd annual Spring Festival, a family friendly festival open to the public.

The festival fun will include pony and unicorn rides, a bounce house, giant slide, face painting and many other crafts and games. Best of all, the Easter Bunny

will be available at 10 a.m. for photo ops. The festival will also include a silent auction, with written bid sheets from over 60 baskets to choose from.

The Spring Festival will be held at the Sanibel City Park (next to the playground on Periwinkle Way) on Saturday, March 26 from 9 to 11 a.m. The festivities will begin at 9 a.m. sharp with a free Easter egg hunt for children of all ages. The games, contests and crafts will begin immediately after and will continue until 11 a.m. A \$10 armband will allow each child unlimited fun to participate in all activities. All residents and visitors are welcome to attend.✱

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Event co-chairs Amanda Cross, Paula Bentinck-Smith and Sue Peltzman with the “Little Red Wagon”

## Sponsor Party To Benefit Golisano Children’s Hospital

The sponsor party for SanCap Cares’ 16th annual Island Celebration to benefit Golisano Children’s Hospital of Southwest Florida was held last Sunday at the Captiva Island Yacht Club. A group of 140 people attended the party, celebrating the 120 sponsors who have donated \$335,000 to this year’s event as well as four major donors who donated \$125,000 in the past 12 months. All funds raised will go towards the capital campaign to build a new, freestanding facility entirely for children.

With SanCap Cares’ capital campaign goal of \$10 million reached last year, the focus of the evening was to say thank you to the community for a job well done and to turn the focus of its fundraising efforts towards equipment and programs needed for the new facility due to open this time next year.

Jim Nathan, CEO of Lee Memorial Health System (LMHS), Skip Leonard, the new chief foundation officer of the Lee Memorial Health System Foundation, and Al Hanser, CEO of Sanibel Captiva Trust Company – in their 13th year as Master



Jim Sprankle and Elaine August with Mike and Helene Hall



Carolyn and Ralph Clark with Nancy and Don Rolley



Al Hanser, CEO and master sponsor, Sanibel Captiva Trust Company with Jim Nathan, CEO of LMHS



Doug and Sherry Gentry



Charlotte and Randy Hockensmith



Dr. Steve Brown, board of directors, LMHS and Susan Ryckman, VP of patient care services, Golisano Children’s Hospital



Mike Mullins, board member, LMHS Foundation; Dr. Larry Antonucci, chief operating officer, LMHS; and Skip Leonard, chief foundation officer, LMHS Foundation



Honorary chairs Brenda and Marty Harrihy



Mike and Deb Szymanczyk



Margie and Mike Bennett



Toni and Dr. Brett Shannon





Paul Roth with John and Susie Freund



Dick and Emily Muench



Mary and Dick Butler



Dave and Lynn Padgett



Barbara and Campbell Johnstone

Sponsor of the event – offered their thanks to the Sanibel and Captiva community for their generosity and commitment.

Amanda Cross, Sue Peltzman and Paula Bentinck-Smith, this year's co-chairs, gave a preview of this year's event. A live auction of jewelry, trips and artwork has been replaced by expanded silent and live "Give to Give" auctions of items needed for the hospital. The evening culminated with the launching of the Little Red Wagon Fund, a new and ongoing initiative to provide funds for special items not in the hospital's budget, but which will make their little patients' hospital stay easier and less scary.

The main event will be held Sunday, April 3 at The Sanctuary Golf Club.

For more information, visit [www.SanCapCares.org](http://www.SanCapCares.org) or contact Amanda Cross at 472-2082 or [SanibelCaptivaCares@gmail.com](mailto:SanibelCaptivaCares@gmail.com).

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# Police Tout Preparedness At Active Shooter Workshop



Sanibel Police Department Sgt. Grace Towler and Lt. Anthony Thompson presented a workshop on how to respond to an active shooter situation on Monday at the Sanibel Public Library photo by Jeff Lysiak by Jeff Lysiak

Three members of the Sanibel Police Department offered a free workshop on Monday afternoon, entitled Response To An Active Shooter, an informational program about personal preparedness in case of violence in the workplace or places where people gather, such as banks, grocery stores or the mall. The 45-minute workshop, presented in the first floor meeting room of the Sanibel Public Library, was delivered by Lt. Anthony Thompson, Sgt. Grace Towler and Officer John Sherwood. “This is training that we have offered in the past,” noted Thompson. “It is unfortunate that there is a need for this type of training. However, with the increase of active shooters, this training is being offered to be proactive as well as provide the most current information available if such an incident does occur on Sanibel.” According to Thompson, the Federal Bureau of Investigation identified 160 active shooter incidents that occurred in the United States between 2000 and 2013. Of

the 160 incidents, two-thirds (107, or 66.9 percent) ended before police arrived and could engage the shooter, either because a citizen intervened, the shooter fled, or the shooter committed suicide or was killed by someone at the scene. Based upon those statistics, Thompson urged workshop attendees to be prepared and have a plan for if they ever encounter an active shooter situation. “Over the past several year, since the Columbine shootings, a body of knowledge has developed what has proved the most likely opportunity to survive an active shooter incident is the run/hide/fight approach,” he noted. The U.S. Department of Homeland Security defines an active shooters as “an individual actively engaged in killing or attempting to kill people in a confined and populated area. In most cases, active shooters use firearms and there is no pattern or method to their selection of victims.” “Active shooter situations develop quickly and provide little or no warning,” said Towler. “Individuals must be prepared – both mentally and physically – to deal with an active shooter situation until law enforcement arrives.” Towler explained that if presented with such a situation, one should conduct a quick threat assessment:

- Will you run? Is there a path to escape?
- Will you hide? Is there a chance to get to an area where the shooter may not find you?
- Is your only option to fight? This is a last resort.

“If you run, you’ll want to put as much distance between yourself and the shooter,” said Thompson, who added that you should attempt to find the nearest exit or – if none is present – find a room or closet where you can hide. If possible, find a location with a door that can be locked. If your best option is to run, move quickly – do not wait for others to validate your decision. Leave your personal belongings behind. Resist the urge to move or help evacuate wounded victims, but warn any individuals you may encounter. Should your safest option be hiding, remain calm. Try and find an area that offers some type of concealment. Make sure you remain out of the shooter’s view. If possible, lock the door to whatever room or closet you hide in and block the door with heavy furniture. If possible, turn out the lights and turn your cell phone off or to silent. Dial 911 if you can. If you reach the police on your phone, try to provide as much information as possible (i.e. the number of shooters, the physical description of shooters, the number and types of weapons being used, and the number of potential victims at the location). If you cannot speak, leave the phone line open and allow the dispatcher to listen. Finally, if your only option is to fight, act quickly. Throw items to distract, disorient or disarm the shooter. Use improvised weapons – called “weapons of opportunity” – to arm yourself. “If you don’t have a weapon, you’d be surprised what you can find around you that can be used to defend yourself,” said Towler, who suggested that items such as fire extinguishers, chairs and other office furnishings might be used in that manner. When interacting with law enforcement responders, victims should not expect officers to assist them as they evacuate. Law enforcement’s top priority is to locate the shooter and neutralize the threat. Medical assistance will follow. Towler also noted that when law enforcement personnel arrives on the scene, victims should not:

- Point at officers or the shooter
- Make quick movements
- Run towards officers or attempt to hug them
- Scream or yell
- Have anything in their hands

Victims should raise their arms, spread their fingers, be prepared to follow officers’ directions and try their best to remain calm. “The swift and immediate response to an active shooter is the key to surviving the event,” added Thompson. “The best way to avoid becoming a victim of any crime is to lock your doors, lock your windows and know how you’re going to respond.” The Sanibel Police Department, which undergoes active shooter preparedness training every six months, offers the Response To An Active Shooter workshop free of charge to community groups, organizations and businesses. For additional information, contact Sgt. Grace Towler at 472-3111 or [grace.towler@mysanibel.com](mailto:grace.towler@mysanibel.com).

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## Osprey Annual Meeting

Dr. Jerome Jackson, professor emeritus at Florida Gulf Coast University and Mississippi State University, author and broadcaster, will be the featured speaker for The International Osprey Foundation’s annual meeting on Sunday, March 20 at 7 p.m. He will talk about ospreys and other raptors. Dr. Jackson, host of WGPU’s public radio show, *With The Wild Things*, is noted for his research on the ivory-billed woodpecker about which he wrote a book, *In Search of the Ivory Billed Woodpecker*. The bird was thought to be extinct since the mid-20th century but there have been reported sightings as recently as 2005 and 2006 in Arkansas and Florida. A short business meeting will precede Dr. Jackson’s presentation. The meeting will include an update on the 2016 osprey nesting season, which is still under way. The weather has been cooler, wetter and windier than usual. The meeting will be held at The Community House, located at 2173 Periwinkle Way on Sanibel. Parking is available. All are welcome to attend; a \$3 donation is requested of non-members.



## ISLAND SUN BUSINESS NEWSMAKERS



Craig Wolf



Stephanie Bissett

technology, and a commitment to approach the pricing assignment from various perspectives.

"The market demands accurate property value assessments, so NAR is excited to provide realtors with enhanced tools, education and expertise to determine the most accurate value for a home and give their clients a leg up when buying or selling," said NAR President Tom Salomone, broker-owner of Real Estate II Inc. in Coral Springs.

Pricing Strategies: Mastering The CMA is the required one-day course for the PSA certification that provides realtors with knowledge and skills to select appropriate comparables and make accurate adjustments, guide sellers and buyers through the details of comparative market analyses and the underlying pricing principles that inform them, and interact effectively with appraisers. In addition to completing the course, participants are required to view two required webinars. Once awarded the certification, realtors will be equipped to guide clients through the anxieties and misperceptions they often have about home values.

For more information about the PSA certification, visit [www.pricingstrategyadvisor.org](http://www.pricingstrategyadvisor.org).



Vicki Panico

## Top Producers

Premier Sotheby's International Realty named Craig Wolf as its Top Producer Associate and Stephanie Bissett as Top Listing Associate for the month of February.

## Panico Earns PSA Certification

Vicki Panico with Royal Shell Real Estate has earned the nationally recognized Pricing Strategy Advisor (PSA) certification. The National Association of Realtors offers the PSA certification to realtors as determining property values depends more than ever on professional expertise and competence, the best use of

## Bank Hires Porzig

F. Jeff Porzig has joined Sanibel Captiva Community Bank as a loan officer. He is responsible for assisting customers with residential loans, including conventional and construction loans, and for condominium and commercial lending.

Porzig has more than 20 years of financial experience in management, sales and loan origination. He attended Western Connecticut State University.

A Fort Myers resident, he is a 2004 graduate of Leadership Lee County and



F. Jeff Porzig

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served as a Fort Myers Association of Realtors community relations committee chair and POLO Club of Lee County director. As a four-year GROW Africa board member, he helped to build wells in Western Zambia.

## Mazziotti Hired

John R. Wood Properties has added Jennifer Mazziotti to its team of realtors. Mazziotti was born and raised in Centerville, Ohio and later attended The University of South Florida where she received a bachelors degree.



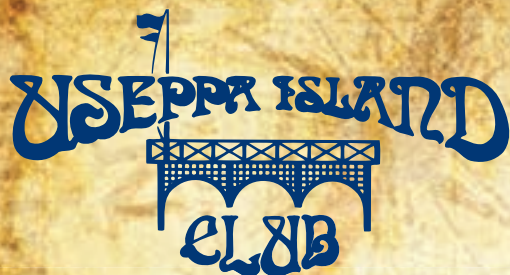
Jennifer Mazziotti

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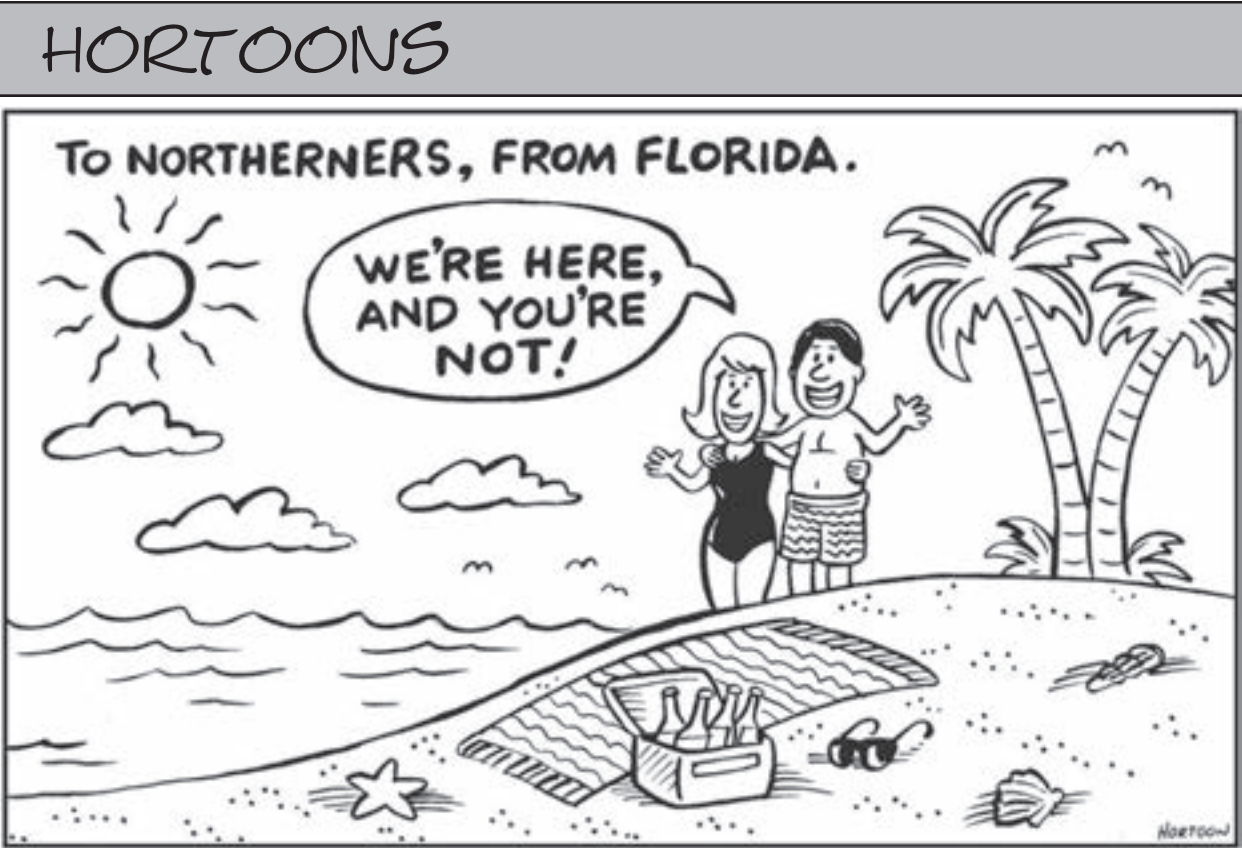
**Tropical Pan-Asian Calamari Salad**

- 1½ pounds calamari, cleaned
- 2 tablespoons light or low-sodium soy sauce
- 1 tablespoon rice wine vinegar
- 2 tablespoons sesame oil
- 1 clove garlic, minced
- 1 teaspoon ginger root, freshly minced
- 1 small red onion, halved lengthwise, then thinly sliced across (about 1 cup)
- 1 red bell pepper, sliced paper-thin
- ¼ cup fresh cilantro, chopped
- 1 teaspoon crushed red pepper flakes (optional)
- 2 cups seedless watermelon, cut into small pieces
- Salt and fresh ground pepper, to taste

Clean and rinse calamari under cold running water, lightly pat dry with clean paper towels, cut tentacles and bodies into the same size, about 1/3 inch wide. Quickly cook calamari in a 5 to 6 quart pot of rapidly boiling salted water until opaque, about 30 to 40 seconds. Drain and immediately immerse in a bath of ice water to stop cooking. In a mixing bowl, whisk together soy sauce, rice wine vinegar, garlic, ginger, sesame oil and pepper (red and black). Let stand at room temperature for 5 minutes. Meanwhile, combine calamari, bell pepper, watermelon, and cilantro in a large bowl, toss with dressing, allow to marinate at least 15 minutes. Garnish with pepper curls and fresh cilantro.

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Will Power

## Trust Creditor Protections



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**A**re the assets in your revocable trust outside of the reach of your creditors? During your lifetime, the answer to that question is "No."

Many clients mistakenly believe that by creating a revocable living trust, they protect their assets from the claims of divorcing spouses, predators and creditors. This isn't the case. When you transfer assets from your name into your revocable trust, you are merely changing the form of ownership. Because you are the grantor of the trust, you are deemed to own it. You can freely change the terms of the trust whenever you want

and can control the disposition of the trust assets, so the assets of the trust are still considered yours.

Revocable trusts generally use your social security number as the tax identification number, so there's no separate income tax return to file as long as you are alive. All of the income of the trust appears on your federal Form 1040 just as it always has.

Because assets inside of your trust remain yours legally, the trust does not shield you from liability.

This came to light recently when a client was involved in a tragic accident that involved killing a motorcyclist while driving her car. Because she was retired, she had cut expenses, limiting her automobile insurance coverage to 100/300/50, meaning that she had coverage of \$100,000 bodily injury liability insurance per person, \$300,000 total bodily injury liability insurance per accident and \$50,000 property damage liability per accident.

Moreover, she had dropped her umbrella insurance policy. Umbrella insurance is extra liability insurance that stacks on top of your home, auto and boat coverage. It is designed to help protect you from major claims and lawsuits. As a result it helps protect your assets and your future. A \$2 million umbrella policy, for example, will provide additional coverage above the limits of those policies. Generally speaking, you must increase your home, auto and boat coverage to the maximum limits when purchasing an umbrella policy. For most people, umbrella policies are very affordable.

Our client's auto insurance wasn't adequate to cover the losses associated with the accident. This meant that her other assets, including those assets funded into her revocable trust, were at risk in the negligence lawsuits following the incident. The lesson to be learned is to carry adequate insurance and, if you have any degree of net worth even if you are retired, it makes sense to carry an umbrella insurance policy.

When you die and leave continuing trusts for your spouse, children or beneficiaries, however, you can build those trusts to provide protections from creditors and predators. This is because your trust is no longer revocable. Once you pass away, your trust becomes irrevocable.

If you wish to protect the inheritance you leave your loved ones, then you may build a testamentary (after-death) trust inside of your trust. In order to offer the best protection, you would make the income and principal distributions discretionary as opposed to mandatory, and you would not name the beneficiary of the trust as the sole trustee. Distributions would have to be approved by an independent trustee to provide the maximum protections.

Assume, for example, that you leave assets in a testamentary trust for your daughter, Brenda. You would like Brenda to control the investment and distribution decisions during her lifetime, so you name her as the trustee. You are concerned, however, because Brenda isn't all that experienced handling money and has had problems with credit cards.

In this case, you may want to name a bank, financial firm, or trust company as Brenda's co-trustee so that she has professional money management and some level of protection over any creditors that she may have. By making the trust distributions discretionary, if Brenda had any outstanding judgments, the trustee can withhold distributions that the judgment creditor otherwise may be entitled to.

Whenever naming a bank, financial firm or trust company as a co-trustee, you should consider allowing Brenda or someone else close to her the ability to remove and replace the corporate co-trustee. This way, Brenda isn't married to any one particular financial institution.

By naming an independent trustee that can withhold trust distributions, Brenda would not have access to the trust funds during a creditor problem but would also put her legal team in a better position to negotiate the debt with the creditor, perhaps settling for pennies on the dollar. Or, in a worse case scenario, Brenda may consider bankruptcy proceedings to discharge the debts. Once those debts are satisfied, then the trustee could resume distributions to Brenda or for her benefit.

If, however, you left the inheritance outright to Brenda, or if you named Brenda as the sole trustee of her testamentary trust, then her inheritance could be at risk.

I hope this gives you a better understanding of the differences as to the levels of asset protection between a revocable trust that benefits the grantor during his or her lifetime, as opposed to a testamentary trust that springs into effect upon that grantor's death.

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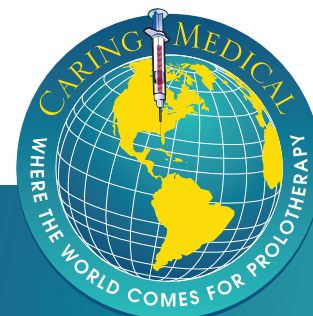


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# Produce Grown In Historical Village Garden Helps Feed Needy



From left, Sherry Halleran, Jan Vap, Mike DiCorpo, Liz Clark and Lyn Kern

The Sanibel Historical Village is sharing the bounty from its garden with FISH (Friends In Service Here), to help them help people in need.

The village's garden produces tomatoes, cabbage, beans, peas, radishes, turnips, rutabaga and more. "We have the garden as a way to demonstrate that Sanibel was not always a tourist economy but started as an agricultural community," said Emilie Alfino, museum manager. "That is one of the more surprising things our guests learn. We are so pleased to be able to help FISH at the same time we're educating people."

Village farmer and volunteer Mike DiCorpo devotes many hours to tending the garden, whether it's a beautiful day, a rainy or windy day, or, as happened recently, a flood. "He's always there," Alfino said. "We're very lucky to have such a devoted and talented volunteer."

"I'm sure the pioneers on this island didn't waste anything from their gardens, and we agree with that philosophy," said DiCorpo. "I'm glad FISH is able to use the vegetables to help others. They've been a delight to work with, too."



The garden at the Sanibel Historical Village demonstrates how people lived on Sanibel from the 1800s through the 1920s

"FISH and our clients greatly appreciate the generosity of the Sanibel Historical Museum and Village," said Maggi Feiner, FISH president and CEO. "We cannot thank Mike DiCorpo enough for working in their beautiful garden, supplying healthy choices for our clients and delivering such lovely, freshly picked treats. Last year, over 350 households used our food pantry throughout the year, many of which are large families. Fresh vegetables are always the first to go out the door. It's heartwarming to know that the historical museum and Mike care about the health and well-being of our island neighbors."

The historical village is open from 10 a.m. to 4 p.m. Tuesdays through Saturdays at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults 18 and older; free for those under 18 and members. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings.

For information, call 472-4648 during business hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

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## San-Cap Orchid Society Meeting

Successful Paphiopedilum Culture will be the topic of the Monday, March 21 meeting of the Sanibel Captiva Orchid Society. The program will be presented by Anna Busch, co-owner of Exotic Orchids in Fort Myers. The meeting will take place beginning at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel.

Orchid novices are encouraged to come to the meeting's Fundamentals Session at 1 p.m. to hear Bill Overton discuss The Doctor Is In – Bring Your 'Patients' For Diagnosis. Overton has been growing orchids for over 40 years and is an accredited American Orchid Society judge. He will moderate this season's monthly Fundamentals Sessions.

Anyone with questions or an "ill orchid" that needs further diagnosis can bring their plants to the meeting during Show and Tell. San-Cap Orchid Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. An orchid raffle will also be held. Annual society membership is \$25 per person, or \$40 for couples. Guests are \$5 per meeting. For more information, visit [www.sancaporchid.org](http://www.sancaporchid.org).

## Memory Loss And Estate Planning

The Sanibel Captiva Trust Company hosted the third session in its women's series at The Sanctuary on March 9 entitled Countdown to an Estate Plan. Presenter, Dr. Frederick W. Schaerf, from the Neuropsychiatric Research



Dr. Frederick W. Schaerf, Robin Cook and David Port

Center of Southwest Florida and David F. Port, J.D., of The Sanibel Captiva Trust Company, outlined how memory loss due to Alzheimer's disease or other neurological disorders can jeopardize the quality and strength of an estate plan.

Port highlighted real life situations that demonstrate the turmoil families face when estate plans are questioned due to the memory health of the decedent and why it is vital to make trust and estate planning decisions promptly if memory viability is in question.

Women Opportunity Wealth is hosted by Robin L. Cook, executive vice president of the trust company.

Anyone interested in attending may contact Frances Steger at 472-8300 or [FSteger@sancaptrustco.com](mailto:FSteger@sancaptrustco.com).

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# BIG ARTS Community Chorus Performs At Twins Game



Last Friday afternoon, 31 members of the BIG ARTS Community Chorus performed the national anthem prior to the spring training game between the Minnesota Twins and Miami Marlins at Hammond Stadium in Fort Myers

photos by Jeff Lysiak



Community Chorus members singing the national anthem



Members of the BIG ARTS Community Chorus pose for a photo in front of the Hammond Stadium fountain



Chorus director Steve Cramer leads a pre-game warmup



Twins mascot TC reacts to the chorus performance

## SPORTS QUIZ

1. Who was the last Padres starting pitcher before James Shields in 2015 to win his first seven decisions of a season?
2. During the 1970s, two N.L. players had a season of at least 30 home runs and at least 30 errors. Name either one.
3. Who holds the Big Ten record for most passing touchdowns in a season?
4. When was the last time the Washington Wizards franchise won at least 50 games in a season?
5. Ben Bishop set a record in the 2015-16 NHL season for most career wins by a Tampa Bay Lightning goaltender. Who had held the mark?
6. Who was the first American male skier to win an Olympic downhill gold medal?
7. In 2015, Inbee Park became the seventh female golfer to win four different majors. Name four of the first six.

## ANSWERS

1. Andy Hawkins went 11-0 to start 1985. 2. Cincinnati's Tony Perez (1970) and Atlanta's Davey Johnson (1973). 3. Purdue's Drew Brees, who had 39 TD passes in 1998. 4. It was the 1978-79 season, when Washington was 54-28. 5. Nikolai Khabibulin, with 83 victories. 6. Bill Johnson, in 1984. 7. Louise Suggs, Mickey Wright, Pat Bradley, Juli Inkster, Karrie Webb and Annika Sorenstam.

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# Baseball Writer Tells Sanibel Fans That Red Sox Should Be Better In 2016



by Ed Frank

The success of the Boston Red Sox in the upcoming season could hinge upon resolving two problem areas that plagued the team a year ago, according to Nick Cafardo, the *Boston Globe's* national baseball columnist, who addressed a group of Red Sox fans last week at The Community House on Sanibel.

Cafardo made no secret of the fact that infielders Pablo Sandoval and Hanley Ramirez, whom the Red Sox obtained a year ago in huge, multi-million dollar signings, not only performed poorly but also hurt the chemistry of the club.

You need only to look at their 2015 records to understand Cafardo's reasoning. Sandoval, who reported to Boston grossly overweight after signing a five-year \$90 million contract, hit only .245 with just 47 RBIs.

Ramirez, who is being switched to first base this year, wasn't much better, hitting .249 with 53 RBIs after signing a four-year \$88 million deal with the Red Sox.

Cafardo said Boston tried to trade Ramirez in the off-season without success so he has decided to try the controversial former All-Star at first base in the hope his play will improve in the upcoming season and shed a negative reputation.

"Red Sox fans are very special and don't accept finishing in last place three of the last four years," Cafardo said.

The well-known baseball writer and television personality explained the major change in the Red Sox philosophy that we reported upon two weeks ago, of less reliance on mathematical analytics and a return to added emphasis on scouting.

He said this move is somewhat surprising since principal owner John Henry, who ordered the change, made his fortune as a business investor crunching numbers.

In a wide ranging question and answer session following his talk, the personable Cafardo predicted an improved Red Sox record in 2016 winning 88 to 89 games (they won 78 last year) and a second-place finish in the tough American League Eastern Division.

The free-agent signing of David Price (seven years, \$217 million) provides Boston the best pitcher in the AL East, according to Cafardo, and the acquisition of closer Craig Kimbrel (39 saves with San Diego in 2015) fortifies the bullpen.

Asked his opinion on the status of manager, John Farrell, Cafardo said he could be on a "short leash" should the team not get off on a good start. He pointed out that interim manager Torey Lovullo directed Boston to a plus-500 record when he took over during Farrell's medical leave for cancer treatment last season.



Sanibel resident Bill Gibney, left, hosted noted baseball writer Nick Cafardo for The Community House presentation

The deep-pocketed Red Sox have invested heavily in the international market signing Cuban outfielder Rusney Castillo in 2014 for a record \$72.5 million, the largest ever for a Cuban free agent, and a year later paying Cuban Yoan Moncada, a second-baseman, \$71.5 million – a deal that cost the Red Sox another \$71.5 million for exceeding the international signing pool.

After being called up from Triple A Pawtucket last year, Castillo hit a respectable .253 in 80 games.

Cafardo had high praise for David Dombrowski, brought in last year as president of baseball operations. "He is not afraid to trade prospects. He is very decisive and honest," he said.

Other Cafardo opinions: After 26 years of being banned from baseball, Pete Rose belongs in the Baseball Hall of Fame; players such as Barry Bonds, Roger Clemens, Alex Rodriguez and others who have been accused of using performance-enhancing drugs, should be admitted to the Hall of Fame because he believes 70 to 80 percent of players tried them at one time and simply didn't get caught.

It was an enlightening, entertaining evening for the Red Sox faithful on Sanibel who attended, but Cafardo left those fans feeling that the negative infield vibes of Ramirez and Sandoval must be resolved – and resolved quickly.✪

## Fun Days At Rec Center

Register your children now for the upcoming Fun Days on Friday, March 25 and Monday, April 4. The Fun Days will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be

provided. Register in advance and receive the "Early Bird" rate. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call the 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✪

## Spring Break Camp At Rec Center

Join your friends and neighbors during spring break at the Sanibel Recreation Center for a fun filled week of athletics, games and crafts. Spring Break Camp will be held from Monday, March 28 through Friday, April 1 from 8 a.m. to 5:30 p.m. Enrollment is available for children in kindergarten through eighth grade. Participants should pack a swimsuit and towel. Each child will need to bring their own lunch each day. Register by March 21 to receive the "Early Bird" rate. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✪



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# Trust Company Rallies For NAMI



Employees and friends of the Naples and Sanibel Captiva Trust Companies gathered recently for the annual NAMI Walk in Cambier Park, Naples. NAMI raises awareness of those suffering from mental illness. Several hundred peoples from all over Collier and Lee counties gathered in team to raise money for the cause. The trust company supports more than 100 charities from Naples to Tampa Bay, including Sanibel and Captiva Islands.



Carol Boyd, Beth Weigel with daughter Milena Weigel and Edina Molabreciri at the walk



Sally Hanser, Francie Harmon, Al Hanser and Elaine August at the walk

## SANIBEL 8-BALL POOL LEAGUE 2015-16 Standings through March 14

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	295	165
Second	Sandycappers	226	234
Third	Sanibel Café	224	236
Fourth	Fresh Legion Crew	175	285

### March 14 Results

Bunt's Ball Busters	13	Fresh Legion Crew	7
Sanibel Café	12	Sandycappers	8

#### Sanibel 8-Ball Pool League

### Race For Second Place Narrows

Sanibel Café's 12-8 win over Sandycappers pulled the Café team to within two games in the battle for second place. With only one night to play before the regular season ends, Sanibel Café needs help to take over second place and it doesn't seem to be readily available since they meet the league-leading Bunt's Ball Busters on Monday night and the Sandycappers rack up against the bottom dwelling Fresh Legion Crew.

Randy Carson's 4-0 win over Jeff Brown, backed by a 3-1 victory by Pete Mindel over Kevin Pottorf, propelled Sanibel Café over the Cappers. Jack

Dalton led the losers with a 3-1 thumping of Rich McCurry.

Rich Ennis, Mike DeWitt and Bob Buntrock led Bunt's Ball Busters to its 13-7 pounding of Fresh Legion Crew with 3-1 victories over Tom Yorgey, Doc Lubinski and Gator Gates. Chip Gelpi and Matt Hall were top shooters for the Legion Crew.

Twenty-one players have now paid entry fees for the year end singles tournament on Monday, March 28. Competing in the double elimination tournament will be Rich McCurry, Bob Buntrock, Cecil Crowe, Terry Ricotta, Becky Skog, Dave Doane, Pete Mindel, Doc Lubinski, John Bates, Randy Carson, George Sell, John Reigert, Rich Ennis, Jimbo Gaubatz, Nate Buffam, Mike DeWitt, Tom Yorgey, Jack Cunningham, Matt Hall, Kevin Pottorf, and Gator Gates.✱

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## Superior Interiors

# Neutrals: They're In Style, Not Boring



by Marcia Feeney

**N**eutrals (white, greys, beige, browns, etc.) continue to be a mainstay in today's home furnishings. As celebrity decorator Candace Olson put it, "Beige doesn't

have to be boring. White is classic and timeless. You can layer textures, add high contrast to quiet neutrals, and create spacious, airy, calm and restful spaces – all by using neutrals as your starting point."

Another celebrity decorator, Barclay Butera, touting his new book *Elegant Simplicity* by extolling the benefits of neutrals, noted that they can create a simple but elegant style for a room.

If you're aiming for a complete room makeover, neutrals make a great

foundation. You lay down a base with a large piece of furniture and then you can build seasonal or trend colors around and on top of that.

Invest in a high quality grey sofa and chair, for example, and then you can cost-effectively add contrast and interest with pillows and an accent chair that can be changed out when you want a new look. You'll get great return from your investment in the longer-lasting sofa and chair.

Neutrals are safe to traditionalists and for those who are not risk takers. They make it easy to experiment with color on smaller furnishings, lamps, wall art and other pieces that easily can be changed out.

Krissa Rossbund, style editor of *Traditional Home*, has noticed "a lot of navy going with neutrals" in showrooms. "It's a nice base color that shows off red well, along with orange, green and, of course, pink."

She also noted that today there is more of a desire to have custom pieces. "We don't want to have guest say, 'Oh, I have that same bowl.'" Investing in a good quality neutral base can leave you the freedom to really express yourself with your other furnishings.

And, those neutral pieces can be customized to fit your personality,

physical characteristics, and taste. You can choose your legs, your arm style, your seat depth, the back height, the firmness of the cushions, trim and other features.

The use of neutrals also fits well into the desire of some to bring nature indoors. Much of Mother Nature's colors are neutrals or compliment neutrals.

So when you are investing in that one or two pieces that you want to last and endure, and you are not sure about taking a risk on a color that you may not want for as long as you want that piece to last, think neutral. And use it to show of your own style with how you finish off the room.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at [marcia@coindceden.com](mailto:marcia@coindceden.com).*✱

## BeautifulLife:

## Spring Ahead



by Kay Casperson

**W**hat are some of the first things you think about when it comes to springtime?

Is it spring cleaning – clearing away clutter and pushing out the

winter gloom? Is it planting – creating and cultivating beautiful new life in your garden? Is it joining a new group – supporting a meaningful cause or connecting with like-minded people?

Spring is such a wonderful time to

do all of the above – and then some. It's a time for something new and different, and it's also a time to take what you already have and make it even better!

For me, spring is a great time to remove clutter from our closets and homes, our cars and garages, our offices and computers, and our minds, too. It's a time to make room for positive and inspiring thoughts, and things that make you happy and more complete.

The most important thing to remember when clearing out your clutter is to immediately fill the void with something positive, nourishing, and encouraging – try a new activity or hobby, pick out a new spring outfit, try a new hairstyle or color, sample a new makeup or skincare routine, or simply try meeting new people. However you choose to celebrate spring, make it fun, refreshing and revitalizing.

Here are some of my favorite affirmations for springtime:

- I will remove clutter from my life and will make room for positive things and people that inspire me to be great.

- I am refreshing my mind with new ideas and thoughts that help me grow stronger and wiser every day.

- My world is full of happiness and sunshine, and I inspire others to shine bright and pass along the inspiration.

Happy Spring!

*Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at [kaycasperson.com](http://kaycasperson.com).*✱

## PAWS Of Sanibel

## Quilt Raffle

**T**wo quilts are being raffled off to benefit PAWS of Sanibel/Captiva.

Raffle tickets are available for a cat themed quilt at Bank of the Islands, where that quilt is on display. Tickets for a dog themed quilt are available at Three Crafty Ladies, where that quilt is on display.

Tickets are \$20 each or three for \$50. Winning tickets will be drawn March 31 and you need not be present

to win. Quilts can be shipped.

Bank of the Islands is at 1699 Periwinkle Way. Three Crafty Ladies is at 1628 Periwinkle Way in Heart of the Island Shops.

PAWS (Protection of Animal Welfare Society) is a 501(c)3 nonprofit organization responsible for the care of stray/abandoned domestic animals on Sanibel and Captiva. Money raised will help fund the cost of food, supplies, veterinary and other care for these animals.✱

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## Doctor and Dietitian

## When Knee Injuries Happen



by Ross Hauser, MD and Marion Hauser, MS, RD

Most of us walk and go about our day without giving much thought to how important our knees are in our day-to-day endeavors. Proper knee function helps us to stroll the beach, walk the golf course and enjoy a bicycle ride without pain. When any structure of the knee becomes injured, such as a ligament, imbalance and instability occur.

Injury to the ligaments of the knee is quite common. How often do we hear of athletes missing their entire season due to an anterior cruciate ligament (ACL) tear? Unfortunately, these injuries sometimes lead to career-long problems. Here's why ... An injury to one joint structure can affect other structures of the knee. Sometimes that occurs at the time of

the trauma, but it can also happen over time, producing extra wear and tear on the other structures. Common conditions directly related to knee joint instability include chondromalacia patella, meniscal tears, runner's knee, bursitis, chronic swelling and tendonitis, as well as the development of osteoarthritis.

Medication or hyaluronic acid injections options may provide short-term help with pain symptoms. However, these do not correct the underlying instability. Our joints are like hinges on a cabinet door. A loose hinge needs a screwdriver to tighten the screws to allow the doors to glide properly. Otherwise the doors hit each other, just like adjacent bones in the case of an unstable joint. When knee pain becomes chronic, regenerative injection therapy works similarly to how a screwdriver works for a hinge. It stimulates the stabilization of the knee by repairing the injured soft tissue, such as the ligaments, tendons and menisci.

Knee injuries can interrupt your life, but fortunately, non-surgical regenerative treatment options exist and can quickly get you back to doing the things you love to do.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.\**

## Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

## Dear Mom &amp; Me,

I am in my late 60s, widowed for five years and living in the same house for the last 45 years.

I thought I was managing well, but I started to have severe allergy problems, and my doctor suggested I have the house inspected for molds.

I contacted a local man who frequently does home inspections. He told me I had a terrible problem. My house was full of termites and mold in addition to many other structural problems. He estimated to correct my problems it would cost me \$40,000. I was inconsolable.

A friend suggested I contact the best company with the highest credentials. After their inspection, they told me that I have no termites, no structural damage but a bad case of mold and it would cost \$3,000 to repair. They also told me that the house inspector was just taking advantage of an elderly widow. I had the problem corrected, and my sniffing and headaches are almost all gone. Just passing my experiences on.

Louise

## Dear Louise,

There is little doubt that the elderly can be victims of fast-talking thugs. The economy being what it is will encourage more criminal activity and people who will do anything to get extra cash for their own use. Many times it is far more economical, in the long run, to contact the most qualified and then go from there to decide the best plan of action.

Lizzie

## Dear Louise,

There are many people offering honest work and, unfortunately, just as many people looking for ways to take advantage of others. Individuals of all sizes, age and education can be hoodwinked, thus the adage, "Let the buyer beware." Keeping informed, trusting your intuition and pursuing multiple options are your best strategies.

I am glad that your sniffles are gone, and thank you for sharing your experiences so that others may stay informed.

Pryce

*Lizzie and Pryce's email address is momandmeaging@hotmail.com.\**

## Eden Energy Medicine

## Acid Reflux? EEM To The Rescue; Part 3



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

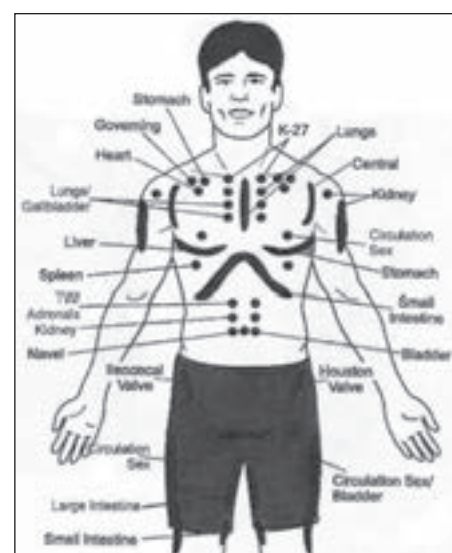
Feeling some relief by now for that nasty heartburn? And you did it yourself without relying on over the counter meds. Over the last two

weeks, three options for acid reflux have been provided: Freeing the Diaphragm, tracing behind ears and down neck; and tracing stomach meridian backwards. Today, learn two more options.

Remember that part of the daily energy routine includes buzzing the 90+ neurolymphatic reflex points, points found throughout the body. These points are on the surface of the body, which are not always located directly over lymph nodes, vessels or lymph tissue. Research has shown that by rubbing the reflex points (see chart), toxins will be released from the system, clearing stagnant energies (including emotional energy) and leaving you feeling energized.

If you cut yourself, clear liquid appears; this is lymph. Its role is to support the immune system by creating antibodies, producing specialized white blood cells, transporting nourishment to the cells and then eliminating and transporting waste products from the cells. If lymph movement is compromised by the accumulation of toxins that are not removed, then the system becomes less able to efficiently function to remove toxins; i.e. the system is on overload.

An essential principle of Energy Medicine (EM) is moving stagnant energy to make space. So, use as much pressure as you can tolerate to push the toxins from these points. Go to the points over the sternum on the front of the body. If these are tender, begin buzzing. They sit directly over the esophagus so as you release the toxins, you ease your dis-ease. The points may be tender, so be mindful of your body. Go slowly when starting (especially if you have been ill), but build



## Neurolymphatic points

to the point that enables rubbing daily with vigor.

Begin by buzzing the points shown with firm pressure moving the skin up and down or with a circular motion for about five to 10 seconds. Continue buzzing until you take a deep breath or sigh. Of course, buzzing all of the points is advisable since they are part of the daily routine. However, if you have an attack of acid reflux, go right to these points over the sternum and start buzzing.

Lastly, place the fingers of both hands on either side directly under the chin. Gently begin stretching the skin away from the esophagus. Continue stretching the skin while working down the neck until you get to the neurolymphatics on the sternum. Then place both hands at temples, trace around the ears, bring your fingers across the front of the neck to meet under the chin. Gently rake the entire neck with all fingers, bringing the hands to rest by placing both over the heart center.

That's it, now you have five "go to" tools to use when acid reflux starts its speech.

Have fun with your energy! Next week's topic is Spinal Flush for Pets – a Veterinarian's Story.

*If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.\**

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dearRPharmacist

# The Case Against Kale



by Suzy Cohen, RPh

## Dear Pharmacist:

My mom and dad invited me to dinner and I refused to eat the raw broccoli and dip mom offered. I am not afraid of broccoli, honest. But it made me wonder

how many of you know about the goitrogenic effect this veggie has on your thyroid.

Today, I'm writing to inform you of goitrogenic foods, in case you are worried about thyroid cancer, goiters, breast or prostate disease or fatigue.

Goitrogens fight with your thyroid. Over time, they can cause a goiter which is a swelling in the neck due to an enlarged thyroid gland. Goiter, goitrogens, get it?

It's not that they are "bad." It's more that they are a poor match for you, especially if you have (or are afraid of getting) thyroid disease. A lot of you are drinking greens because I've told you to over the years. Some of the brands out there are loaded with goitrogens. Two recent studies have taken the relationship between goitrogens and thyroid health even further. The rising incidence of thyroid cancer worldwide has prompted much of the research on goitrogens.

Drinking raw goitrogens every day could cause dramatic consequences to your thyroid and reproductive organs,

despite other benefits from these superfoods. Goitrogenic compounds temporarily suppress iodine absorption and utilization. Mind you, iodine is critical to good thyroid, breast and prostate health. Goitrogenic foods are primarily the cruciferous vegetables such as kale, broccoli, cabbage, Brussels sprouts and others. But you may not realize that peaches, strawberries, pears, peanuts, soy milk and flax seed are goitrogenic, too. The complete list is posted at my website.

These goitrogenic vegetables contain compounds like "thiocyanate" which may increase thyroid cancer risk by inhibiting iodine transport to the thyroid gland. In the study published in *Clinical Nutrition Research 2014*, researchers were able to confirm that blocking iodine caused a pro-inflammatory reaction against the thyroid gland (bad). The researchers found this association in several geographic regions of the world, where iodine intake was low and raw cruciferous vegetable intake was high.

In November 2015 in *The International Journal of Cancer*, researchers looked at dietary patterns in people and tracked them for about 10 years. Within that time frame, 325 participants were diagnosed with thyroid cancer. They didn't track the number of people who developed a goiter, but I suspect that was high, too.

After accounting for the different variables, one dietary trend stood out: Higher intake of "cruciferous vegetables" in mid-life doubled the risk of thyroid cancer!

This could be a nightmare for some of you because all commercial green superfood drinks contain a lot of goitrogens in them, and you may be enthusiastically drinking them. I'd be avoid them if you have hypothyroidism, Hashimoto's, a goiter, breast disease or chronic fatigue.

I've written a more comprehensive version of this article and included a mind-blowing list of all the goitrogenic foods that you probably have in your fridge right now. Go to SuzyCohen.com and sign up for my newsletter, and I'll email it to you next week.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.\**

# Spring Shamrock Carnival At FGCU

Florida Gulf Coast University's Eta Tau chapter of Kappa Delta is hosting a Shamrock Carnival on March 19 from 11 a.m. to 3 p.m. It will be held on the South Village Lawn at Florida Gulf Coast University, located off of 10501 FGCU Boulevard South.

Eighty percent of what is raised will go to Children's Advocacy Center (CAC) of SWFL, the local child abuse prevention agency, while the remaining 20 percent will go to the national Kappa Delta organization and Prevent Child Abuse America.

Kicking off the carnival will be Estero Mayor Nick Batos, with a special proclamation from the Village of Estero, recognizing Kappa Delta's contributions to CAC over the past few years. The carnival will have inflatables, a dunk tank, relay races, a caking station, a DJ, carnival games and more. Tickets are on sale for \$10 each and can be purchased by contacting Devon Arcuri (dnarcuri9350@eagle.fgcu.edu or 321-276-4220).

Through the carnival, the sorority hopes to create a friendly competition among FGCU students and increase awareness of the treatment and prevention of child abuse.\*

# Free Workshop For Chronic Conditions

Would you like to learn how to better manage chronic health conditions such as arthritis, diabetes, COPD, heart disease, high blood pressure and more? Lee Memorial Health System announced a free six-week workshop, entitled It's All About You, a research-based Chronic Disease Self-Management Program developed by Dr. Kate Lorig of Stanford University.

Information presented in the workshop can help you become empowered to improve your quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy

eating. Participants will also receive a copy of Dr. Lorig's book *Living A Healthy Life With Chronic Conditions*.

Sessions will be held on Wednesdays from 1 to 3:30 p.m. beginning on April 20 at the Dunbar-Jupiter Hammon Public Library, located at 3095 Blount Street in Fort Myers.

Seating is limited and registration is required. Call 424-3122 for more information or visit [www.leememorial.org](http://www.leememorial.org).\*

# Night For Life IX Returns April 11

by Jeff Lysiak

Night For Life IX, the annual fundraiser sponsored by the Organ Transplant Recipients of Southwest Florida, Inc., will return to the Broadway Palm Dinner Theater in Fort Myers on Monday, April 11 from 5 to 9 p.m.

The event, featuring entertainment by The Del Prados along with a performance by the cast of *Funny Girl*, raises money for the Fletcher Trust Fund, established in 2004 to assist transplant recipients and those who are waiting for transplants in Southwest Florida. An average of 22 people die each day in the United States due to a lack of available organs and tissue donors.

Tickets for Night For Life IX are \$35 each, or \$50 per person for VIP seating. Admission includes a buffet dinner, entertainment along with both silent and Chinese auctions. Attendees will be able to bid on original works of art, jewelry, golf packages, boat trips, vacations, dinners, services, unique gifts and more. Auctions begin at 5 p.m.; the buffet dinner will be served at 5:30 p.m. Table sponsorships are also available.

To purchase tickets, to inquire about sponsorships or for more information, call 560-3401 or 247-3073.

Learn more about the Organ Transplant Recipients of Southwest Florida, Inc., a local non-profit support group whose members represent all forms of organ transplants – such as heart, lungs, kidneys, liver, pancreas and corneas – by visiting [www.organsupport.org](http://www.organsupport.org) or by sending an email to [otrofsfwl@gmail.com](mailto:otrofsfwl@gmail.com).

Broadway Palm Dinner Theater is located at 1380 Colonial Boulevard in Fort Myers.\*



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# Nominations For Distinguished Entrepreneur

Florida Small Business Development Center at Florida Gulf Coast University is accepting nominations for the 2016 Distinguished Entrepreneur of Southwest Florida. Area business owners who have overcome obstacles, discovered new technologies to help grow their business, or dedicated themselves to helping other small businesses through mentorship and civic leadership are encouraged to submit applications.

Additional awards this year include Distinguished Small Business Advocate and Distinguished Innovator of the Year. There are prizes, including radio time and press coverage, for the three awardees. The application deadline is March 31. Find out more and apply online at [www.fsbdcswfl.org/de2016](http://www.fsbdcswfl.org/de2016). The awards ceremony will be held May 18 from 5:30 p.m. to 8 p.m. at Harborside Event Center in Fort Myers. Sponsorship opportunities are still available.

Contact Amanda Stirn at [astirn@fgcu.edu](mailto:astirn@fgcu.edu) or 745-3706 for more information.\*



## School Smart



by Shelley M. Gregg, NCSLP

**D**ear Shelley, My son will have to take some standardized tests online very soon. It's a big change from taking a handwritten test and I am worried

that it will be a problem for him. Is there something I can do to help him?

Tanya A., Fort Myers

**Tanya,**

You are correct in thinking that the method of testing can change student test scores. There is current although limited research that suggests that the method of test taking actually does influence test results. The research results are quite mixed. In some studies, students who take the pencil and paper handwritten exams performed better than those on computer while in other studies the reverse is true.

Some of the issues concerning test-taking methods include speed and legibility of handwriting. Students' handwriting is not always fast enough for them to record all of their ideas before some of them slip from memory. In a study with University of London undergraduates, handwriting fluency accounted for 40 percent of the variance in their scores on a timed-essay writing test. While additional research has revealed that test responses that are less legible can drop scores by 35 percentile points compared to the same response that is written neatly and legibly.

Interestingly in a review of five scientific studies, Dr. Stephen Graham, Professor of Leadership and Innovation at Arizona State University found that the score for a typed version of a handwritten text dropped by 18 percentile points. According to teachers involved in these studies, spelling and grammar errors were more visible in typed versus the handwritten version of the same paper.

Computers can underestimate writing achievements. In another review of the literature, Dr. Graham found showed that students with little experience using computers as an assessment tool scored 18 percentile points lower than when they composed their essays using paper and pencil. For students with little experience, computer assessments underestimate their writing achievement.

So what testing methods should schools use? Should one method or the other be abandoned? In the best of all possible worlds, students should be allowed to use the method of testing they are most proficient with when taking tests. Abandoning computer-based tests would be a mistake since high-stakes assessments are becoming increasingly digital. Schools will respond more effectively and catch up by will making word processing and other digital composing tools a common staple. Studies have shown that students who use such tools over time become better writers than those who continue to write with paper and pencil.

The key activity for your son is for him to take as many practice exams as possible online so he becomes familiar with the process. If his word processing skills are weak, he should practice those as well so he can have the most success possible in his upcoming exams.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

## Letter Carrier Food Drive Is May 14

**T**he nation's largest single-day food drive, Stamp Out Hunger, will be held on Saturday, May 14. This is the one day when letter carriers collect non-perishable food that has been left by mailboxes.

Summer is coming, school will be out, and the need for food assistance will be greater than ever. Letter carriers in Lee and Collier counties are gearing up for the 24th annual national letter carrier food drive. Most food collected in Lee County will be distributed by the Harry Chapin Food Bank through participating agencies in the county; food collected in Collier County will be distributed by Collier Harvest and food collected in Charlotte County will be distributed to participating food pantries. All food collected is distributed to participating agencies at no cost.

Northerners and seasonal residents who are returning home prior to May 14 are encouraged to check their pantries for unopened food items; they may drop off their contributions at any post office.

Businesses can set up collection boxes for employees and customers who may not be able to leave food at their mailboxes on May 14. Virtually any kind of food may be donated in unopened, nonbreakable containers. Items especially in need are peanut butter, tuna, rice, beans and canned meats, fruits, vegetables, and soups.

Additional information about the letter carrier food drive and early food drop-off may be obtained by contacting George Sciascia, letter carriers' food drive coordinator, at gsciascia@comcast.net, phone 218-1147.✱

## Overeaters Anonymous

**A** second Overeaters Anonymous (OA) meeting is now available on Sanibel for anyone who has a problem with food. The new weekly meeting is held on Fridays from 8:30 to 9:30 a.m. in room 132 at Sanibel Community Church, 1740 Periwinkle Way.

The continuing Tuesday OA meeting is held weekly from 5:30 to 6:30 p.m. in the

same location. Newcomers and island visitors are always welcome at both meetings.

OA is a 12-step program that addresses all kinds of food issues including compulsive overeating, under-eating, food addiction, anorexia, bulimia, binge eating and overexercising. There are no dues, fees or weigh-ins.

For more information, call Vicki at 630-618-8730 or visit [www.oa.org](http://www.oa.org).✱

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I have a friend who is constantly judging others rather than seeing the good in them. I don't even think she realizes how much she does it. Should I say anything to her?

**A:** You may be correct in the fact that your friend may not even realize that she is so judgmental. Most of us believe that our thoughts, however critical we are, do not harm others as long as they remain in the privacy of our own head. We don't realize how others really are sensitive to our judgments and criticisms that we project onto them. Others can sense this through our body language, facial expressions, physical energy in their own brain. Our brains are capable of reading each other's minds, so be careful what you are thinking! This is something very appropriate to bring to your friend's attention. The brain that reads these cues from another is called the mirror neuron system. These neurons do track emotions. Usually our brain gets the meaning, even if it's subtle, as we pick up on non-verbal cues. We are all energy, and we can sense another's energy. We can also sense someone's vibration. If someone is sending positive vibes, the other can sense it. Perhaps if your friend realizes this, she will be a bit more considerate. It's worth a try.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✱

## Scholarship Applications

**T**he Uncommon Friends Foundation is accepting applications for its 2016 scholarships until Friday, April 1. More than a dozen scholarships will be awarded to deserving students, veterans, struggling adults, and single parents of good character who are pursuing degrees in education, law, technology, and other studies. Nominees from Lee, Charlotte, Collier, Glades, or Hendry Counties who need

financial assistance, excel in school and or in life, and possess good character traits are eligible to apply. Scholarships vary in application requirements, duration and financial amounts, while some are for specific schools such as Florida Gulf Coast University, High Tech Center, and PACE Center for Girls of Lee County.

Scholarship application forms and requirements can be found online at <http://uncommonfriends.org/scholarships/applications-nominations/>. Application packets require an application form, as well as an essay from the applicant describing how he or she emulates the character traits of the Uncommon Friends Foundation. Applicants must also supply a digital color photograph and include one or more letters from a personal sponsor, such as a service agency, school guidance counselor, teacher, or principal. Submit completed applications packets by April 1 via email to [scholarships@uncommonfriends.org](mailto:scholarships@uncommonfriends.org). Winners will be announced in May.

All winners will be honored at the Uncommon Friends Foundation Uncommon Evening annual gala to be held on Thursday, November 3 from 6 to 9 p.m. at the Burroughs Home and Gardens. Tickets and sponsorships to the event can be purchased by emailing [angela@uncommonfriends.org](mailto:angela@uncommonfriends.org).✱

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# My Stars ★★★★★

FOR WEEK OF MARCH 21, 2016

**ARIES** (March 21 to April 19)

The week promises a calmer aspect. Although there might be some lingering effects of a recent job problem, things should continue to ease up. Also expect a change in a home-based situation.

**TAURUS** (April 20 to May 20) If you feel uneasy about a colleague's suggestion, it might be that your wise inner Taurean guide is alerting you to a

potential problem. Stepping away could turn out to be the right thing to do.

**GEMINI** (May 21 to June 20) A family get-together opens up new opportunities for renewing ties. It can be especially effective in dealing with disagreements that should have been, but never were, fully resolved.

**CANCER** (June 21 to July 22) You might be surprised at the response you get to a recent decision. You might be even more surprised by the reasons behind it. In any event, you'll learn something important.

**LEO** (July 23 to August 22) Your aspects favor resolving any tensions left over from a recent incident. You might want to consider having a "clear the air" talk as soon as you can. A call can lead to a change of plans.

**VIRGO** (August 23 to September 22) Avoid repeating yourself. If your first few efforts fail to connect, maybe it's because you haven't found the right way to get your message across. Try changing your approach.

**LIBRA** (September 23 to October 22) Good intentions plus a strong resolve to

succeed can take you where you want to go. Don't give up just because someone suggests you might be pursuing an impossible cause.

**SCORPIO** (October 23 to November 21) An unexpected setback can be a blessing in disguise. Use it to recheck your facts and how you've presented them. Meanwhile, look for ways to expand your contacts.

**SAGITTARIUS** (November 22 to December 21) You should finally be seeing a positive change in a recent personal situation. However, an on-the-

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job matter might need more attention than you realized. Stay with it.

**CAPRICORN** (December 22 to January 19) While you should be close to completing an important matter, you still need to focus on being focused. But things ease up in time for weekend fun with family and friends.

**AQUARIUS** (January 20 to February 18) A certain matter might take an unexpected turn. Don't simply accept it; ask for an explanation. What you learn might be helpful in shifting the situation around to your benefit.

**PISCES** (February 19 to March 20) Projecting a positive attitude helps restore calm even when you're confronting some pretty stormy situations. Stay the course. The outcome will be well worth your efforts.

**BORN THIS WEEK:** While you enjoy tradition and stability, you also appreciate the good things that change can bring.

### THIS WEEK IN HISTORY

- On March 22, 1765, to raise funds to pay off debts and defend the new American territories won from the French, the British government passes the Stamp Act. It levied a tax on all materials printed in the colonies, from newspapers and pamphlets to playing cards and even dice.

- On March 25, 1911, the Triangle Shirtwaist Company factory in New York City burns down, killing 145 workers. Owners had refused to install sprinkler systems and take other safety measures in case they needed to burn down the shop to collect fire insurance, a not uncommon practice at the time.

- On March 23, 1937, Craig

Breedlove, the first person to reach land speeds of up to 600 mph in a jet-powered vehicle, is born. He designed a three-wheeled, rocket-shaped vehicle powered by a surplus military jet engine and dubbed it the Spirit of America.

- On March 27, 1945, Nazi Germany launches its last V-2 long-range rockets, killing 162 civilians in England and Belgium. The V-2 could carry a 2,000-pound warhead and became the precursor of the ICBM of the postwar era.

- On March 26, 1953, American medical researcher Dr. Jonas Salk announces that he has successfully tested a vaccine against the virus that causes polio. In 1952 -- an epidemic year for the crippling disease -- there were 58,000 new cases reported in the U.S.

- On March 21, 1965, in the name of black voting rights, 3,200 civil-rights demonstrators, led by Martin Luther King Jr., begin a historic 54-mile march from Selma, Alabama, to the state capitol at Montgomery.

- On March 24, 1989, the worst oil spill in U.S. territory begins when the supertanker Exxon Valdez runs aground on a reef in Alaska's remote Prince William Sound. An estimated 11 million gallons of oil was released and eventually covered 1,300 miles of coastline.

### STRANGE BUT TRUE

- It was British art critic and social reformer John Ruskin who made the following sage observation: "Sunshine is delicious, rain is refreshing, wind braces us up, snow is exhilarating; there is really no such thing as bad weather, only different kinds of good weather."

- After the events of this past winter, you may not be surprised to learn that sales of cakes, cookies and candy spike when a blizzard is in the weather forecast.

- You've almost certainly heard of "M\*A\*S\*H," one of the most popular TV series of all time. One of the main characters on the show, which ran from 1972 to 1983, was Corporal Klinger, played by Jamie Farr. It's interesting to note that in the 1950s, Farr actually served as an enlisted man in the U.S. Army in Korea -- and the dog tags he wore on the show were the same ones he wore during his service.

- For reasons that are not quite clear, inventors have created a robot that can solve a Rubik's cube in slightly more than one second.

- In 18th-century France, there was a Parisian printer who employed several apprentices, all of whom lived in the home of the printer's family. The printer's wife was, evidently, a lover of cats -- and her cats begged for scraps and screeched at all hours of the night. Finally fed up with the felines, the apprentices took matters into their own hands: While the family was out of town, they held a formal trial, complete with guards, a confessor and a public executioner. After they were pronounced guilty, the accused felines were strung up on cat-sized gallows.

### THOUGHT FOR THE DAY

"Politics, as a practice, whatever its professions, has always been the systematic organization of hatreds." -- Henry Adams

## LIVE ON THE ISLANDS

**The Jacaranda** has live entertainment Friday and Saturday with DVS, playing classic rock and oldies. Sunday is CJ and Friends, playing oldies, Motown, rock 'n' roll and country. Renata plays funk, jazz and contemporary on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Sailor Larry, playing contemporary, top '40s and acoustics. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

**Traditions on the Beach at Island Inn** has live entertainment Friday and Saturday with Joe McCormick and Marvilla Marzan. On Sunday, it's Dusk. The "Jersey Kid" Mike Arnone performs on Monday. On Tuesday, it's Woody Brubaker. On Wednesday, it's Woody Brubaker and Barbara Smith. On Thursday, Joe McCormick and Marvilla Marzan perform.

**Il Cielo** has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.\**

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### COSMETICS



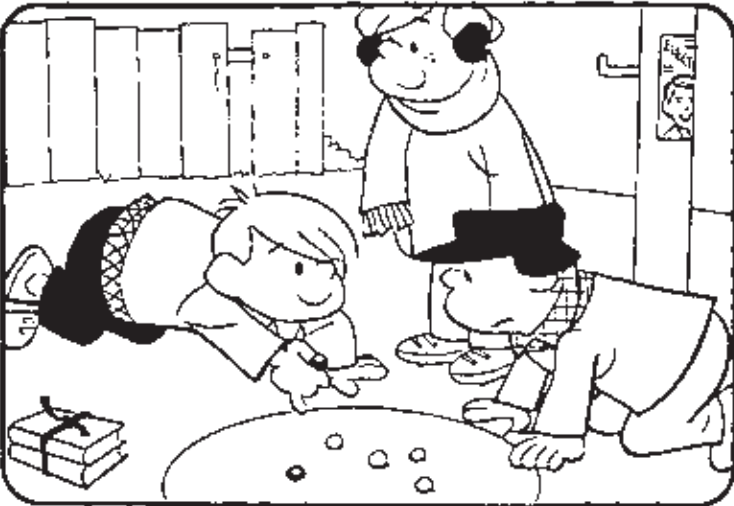
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**ALWAYS A GIFT WITH PURCHASE!**

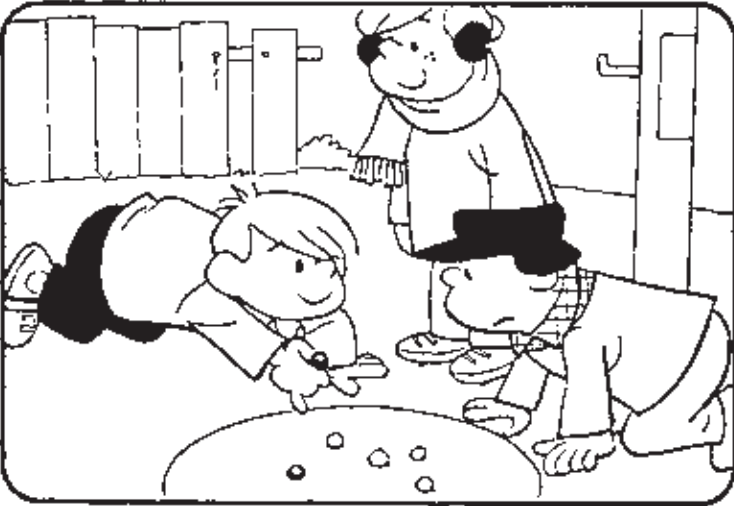
**MAGGIE BUTCHER**  
Career information available  
Gift ideas available



**HOCUS-FOCUS** BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Sweater ribbing is missing. 2. Books are missing. 3. Fence board is missing. 4. Scarf is shorter. 5. Poster is missing. 6. Arm is moved.

"And we thought our boy was eating all his..."

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the found letters to form the mystery word, which will complete the gag!

Tasting  
**BLEATS**

Method  
**CORPSES**

Tumult  
**CORDIDS**

Normal  
**TOURINE**

**TODAY'S WORD**

answer on page 37B

9				1			5	
		6	3					7
	5				4	8		
	8				6			9
		3		4		2		
2			5				7	
		4		2		3		
	1				5		9	
6			9					8

### SUDOKU

To play Sudoku:  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 35B

PROFESSIONAL DIRECTORY

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Home Theater

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I'm Olga, hairstylist from Sanibel Salon. I've moved to Salon by Design at Sanibel Beach Place Plaza, right next to the Publix across from Tanger Outlets. That's the Publix just off the island! I can't wait to see you.

Still looking for me?

Call 590-0015  
to make your hair appointment.



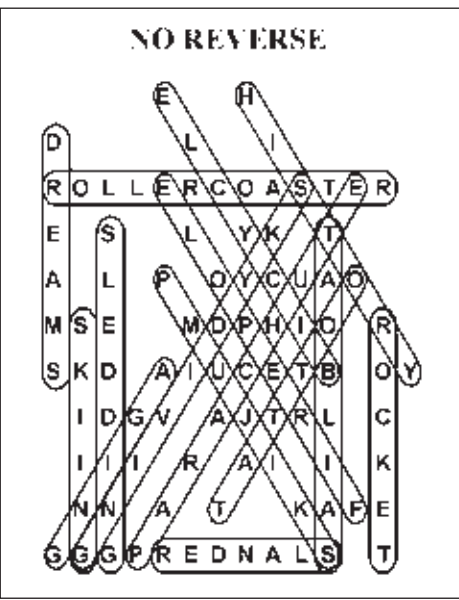
PUZZLE ANSWERS

SUPER CROSSWORD

KING CROSSWORD

MAGIC MAZE

SUDOKU



9	3	2	7	1	8	6	5	4
8	4	6	3	5	2	9	1	7
1	5	7	6	9	4	8	2	3
4	8	1	2	7	6	5	3	9
5	7	3	1	4	9	2	8	6
2	6	9	5	8	3	4	7	1
7	9	4	8	2	1	3	6	5
3	1	8	4	6	5	7	9	2
6	2	5	9	3	7	1	4	8

PROFESSIONAL DIRECTORY

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Look at the Carolyn Model today!  
How about a three bedroom, two bath plus den, new home on your lot for \$360,000!!  
1900 square feet under air.  
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- New kitchen, new roof, new baths, new impact glass – New Everything!  
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Easy to see, the Carolyn model, call us for a showing at  
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\*RS 3/11 CC 4/8

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**IslandSunNews.com**  
CLICK ON  
**PLACE CLASSIFIED**

## REAL ESTATE

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2/2/Den/2 Car Garage. Great family friendly neighborhood. Tile roof, completely tiled home and lanai. Updated kitchen. Lots of windows/sliders throughout home. New sprinklers/well. \$309,000  
MLS # 216015718. Check virtual tour  
<http://tourfactory.com/1458628>.  
Pls call 239-699-5635  
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## COMMERCIAL RENTAL

### COMMERCIAL RENTAL



Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.  
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### OFFICE SPACE FOR RENT

Great office space for rent.  
Great location,  
700 square feet on Periwinkle.  
Call Joe Gil 516-972-2883  
or 800-592-0009.  
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### LIGHTHOUSE REALTY

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2 Screen/Glass Doors Private Lanais.  
This is not a typical rental condo.  
Breathtaking views from both lanais.  
Luxury & High End Furnishings.  
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Charming stone cottage in wine village near Bordeaux, sleeps 2, cozyclocktowercottage.com.  
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Great rates.  
Call 401-862-2377.  
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### RE/MAX OF THE ISLANDS

Putting owners and tenants together  
Call Ryan Block  
[www.remax-oftheislands.com](http://www.remax-oftheislands.com)  
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\*RS 1/23 BM TFN

### BEAUTIFUL AND FUN SANIBEL HOME

3B/3½B, West end, porches, bonus room, dock, pool, garage, beautifully furnished, near golf and Captiva. Call 817-300-9499.  
\*NS 2/12 CC TFN

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### RETIRED COUPLE SEEKING ANNUAL RENTAL

Long-time Sanibel residents looking for a 2 or 3-bedroom unfurnished house or condo. Just us. No pets.  
We can make a move anytime between now and mid-August.  
email david33957@mac.com  
\*NS 3/18 CC 4/8

## ANNUAL RENTAL

### HOUSE FOR RENT

West Gulf Dr., long term, 2,000 sq.ft.  
3Br,2B, loft, 2 car garage. 2 enclosed lanais off MB & LR. Private Deeded Beach.  
\$2,500, first,last,security. 239-910-6430  
or email Luvavantis@aol.com  
\*NS 12/11 CC TFN

## ANNUAL RENTAL

### ANNUAL RENTALS SANIBEL

**GREAT DEAL NOW**  
**RENT TILL NOV. 1**  
RIGHT ACROSS FROM BEACH  
Furnished two BR/two baths.  
Pool/Tennis.  
Discounted \$1,000/mo..

### WATERFRONT HOME

This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf.  
This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,300/mo.



Please call for details

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Gulf Beach Properties, Inc.

Helping People Become Islanders for over 35 years!  
The Island Experience!

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1,900 sq ft 4BR/4BA furnished SF house.  
East end, 2 houses from beach access, easy commute off island. \$3,200/mo, no pets/smokers. Avl April 5. 206-225-5030 or  
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\*NS 3/11 CC 5/6

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Call an insured and bonded professional in to help:  
Debi Almeida offers personal assistance for you.  
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I'm your Woman. I can cook, clean, shop for all your needs I am also good Company.  
I can work part & or full time  
Call 732-221-2012  
\*NS 3/4 CC 3/18



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**SCARNATO LAWN SERVICE**  
Lawn Service, Shrubs and Tree Trimming  
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**NEWSPAPER PRODUCTION**  
Full or part time on Sanibel.  
Must be detail oriented, proficient in  
InDesign, and experienced in  
ad building and pagination.  
Email resume to islandsunlorin@aol.com.  
★NS 2/19 NC TFN

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**2014 VESPA ET2**  
  
2014 Vespa ET2 plus Extras.Mint  
Condition1500 original miles.  
\$1,700 or ONO  
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**WANTED**  
Boat Lift to Rent  
North Sanibel of Captiva preferred  
Yearly rental needed  
1-513-256-7640  
★NS 3/18 CC 4/1

**GARAGE • MOVING • YARD SALES**

**ESTATE SALE**  
Sanibel Bayous, 5309 Umbrella Pool Rd.  
Saturday, March 19th, 9am - 1pm  
Furniture, area rugs, collectibles, Hall  
pottery, kitchen items, Cannondale pink  
tri-bike and much more!  
★NS 3/18 CC 3/18

**SANIBEL PERSONAL ASSISTANT**  
Dependable, professional and friendly  
Sanibel resident (40-year old female)  
available for help with errands,  
appointments, pet care, and  
house-keeping.  
Experienced with elder care and  
administrative work.  
References available.  
\$20 per hr./negotiable.  
Please call 315-440-1875.  
★NS 3/11 CC 3/25

**JERRY'S FOODS WAITRESSES OR WAITERS**  
Looking for experienced Waitresses or  
Waiters with open availability Monday  
through Sunday. If interested call  
and ask for Kim 472-9300.  
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Join our Professionals at the New  
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comfortable atmosphere. Close to FMB &  
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Professional wanting house to sit long  
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Street legal, "gas" powered.  
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**GARAGE • MOVING • YARD SALES**

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Office Desk, 4 Drawer File Cabinet,  
Washing Machine. Many Gift Items,  
Ladies Clothing petite.  
March 18, 19. 8 A.M. - 1 P.M.  
1481 Sand Castle Rd.  
★NS 3/18 CC 3/18


**YARD SALE**  
Saturday, March 19  
9 a.m. - 1 p.m.  
Double kayak, artist wood burned  
items, stuff. No early birds.  
1634 Bunting off Dixie Beach  
★NS 3/18 CC 3/18

**HUGH NEIGHBORHOOD GARAGE SALE**  
Saturday - March 19 - 9am - 1pm  
In Parker Lakes (off Gladiolus Drive)  
Go to WILLOW BROOK Division  
At the way back to: 14541 Daffodil Drive  
LOTS OF JEWELRY  
DESIGNER PURSES  
ART OBJECTS/VASES/PLATES  
SMALL APPLIANCES  
FURNITURE/LRG & SML RUGS  
HOUSEHOLD ITEMS  
WINE GLASSES  
★NS 3/11 CC 3/18

**FOR SALE**

**BICYCLE**  
Two wheel Rans Tailwind recumbent  
bicycle. 24 speed, front & rear fenders,  
kickstand, odometer/speedometer,  
rearview mirror, 18 inch wheels.  
Very comfortable adjustable seat, recently  
tuned up, & in very good condition.  
Email mochanelle@aol.com  
to see bike which is on Sanibel.  
★NS 3/18 CC 3/18

**BOATS - CANOES - KAYAKS**

**20 FT BOSTON WHALER OUTRAGE**  
  
2015 Mercury 200 HP (15 hours) Factory  
Warranty to 2018, Many extra's and  
Electronics, One Owner, Showroom  
condition, \$25,900. Why Pay For New?  
Trailer Available. Peter Warner, Sanibel  
239-472-0342 warner@hay.net  
★NS 3/11 CC 3/18

**MOVING SALE**  
Saturday March 19. 8am  
Furniture, oak dining set w/8 chairs, oak  
hutch, wall art, kitchen items, bedding,  
bikes, beach equipment, washer dryer,  
refrigerator, stainless gas grill, AC window  
unit, patio furniture, lots of miscellaneous.  
712 Cardium ST 239-560-1817.  
★NS 3/18 CC 3/18

**GARAGE SALE**  
Furniture,household items,canoe, books,  
good prices and good condition. East end.  
661 Anchor Dr. 9:00 -3:00  
Friday & Saturday. Mar. 18 & 19  
★NS 3/18 CC 3/18

**SCRAMBLERS**

*solution*  
1. Stable; 2. Process;  
3. Discord; 4. Routine  
*Today's Word*  
**BROCCOLI**

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Isles	Sanibel	2015	4,325	\$3,500,000	\$3,400,000	0
White Heron Subdivision	Sanibel	1986	3,200	\$2,249,000	\$2,050,000	658
Avieto	Bonita Springs	2005	3,794	\$1,225,000	\$1,050,000	207
Sanibel Isles	Sanibel	1979	1,740	\$975,000	\$862,500	128
Shell Harbor	Sanibel	1971	1,552	\$940,000	\$800,000	15
East Rocks	Sanibel	1975	2,289	\$929,000	\$922,000	1
Briarcliff Downs	Fort Myers	1990	5,398	\$859,000	\$790,000	96
Cape Coral	Cape Coral	2005	2,657	\$799,000	\$725,000	53
Cranbrook	Bonita Springs	1992	3,187	\$795,000	\$775,000	12
Dunes Sanibel Island	Sanibel	1985	2,487	\$787,000	\$755,000	292

Courtesy of Royal Shell Real Estate



# Island Sun

NEWSPAPER  
Sanibel & Captiva Islands

## CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-4775
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org . 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com

## Pets Of The Week

Hello, my name is Paris. I'm a 1-year-old spayed female brown brindle pit bull terrier. It's a mystery as to how such a good dog didn't get claimed. Paris surely had an owner that was missing her. She's beautiful, smart and athletic and loves, loves, loves to play ball. Throw a Frisbee and she will catch it. She really enjoys being in playgroups with other dogs at the shelter. If you're looking for a hiking, jogging, companion for your active lifestyle look no further, she's right here at Animal Services.

My adoption fee is \$75. Get \$20 off when you make a basket during Animal Services March Madness Adoption promotion.

Hello, my name is Blue. I'm a 5-year-old neutered male white and black domestic shorthair. Blue is a very handsome big boy. He's very personable and will make an excellent companion for a human or other pet. In fact, Blue came into the shelter with two other cats from the same household. One has been adopted but Emmie is still available as well as Blue. You may want to adopt them both as cats are always two-for-one adoption fee.

My adoption fee is \$50. Get \$20 off when you make a basket during Animal Services March Madness Adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Paris ID# 625368



Blue ID# 629448

### PAWS Of Sanibel

## Mimi

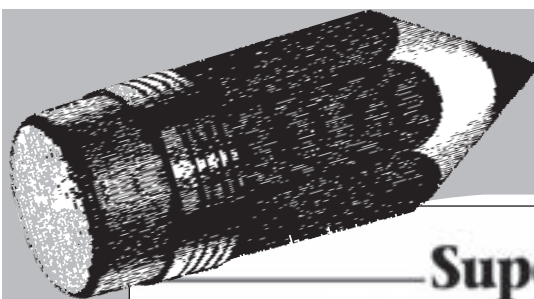
Mimi is a healthy, 14-year-old, declawed lap kitty looking for a new home. Her owners will soon be moving out of the country and cannot take her along. She would be a great companion for someone and she would not mind sharing you with other cats. If you can adopt or foster Mimi, call PAWS of Sanibel volunteer Moni at 472-4106.\*



Mimi

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)





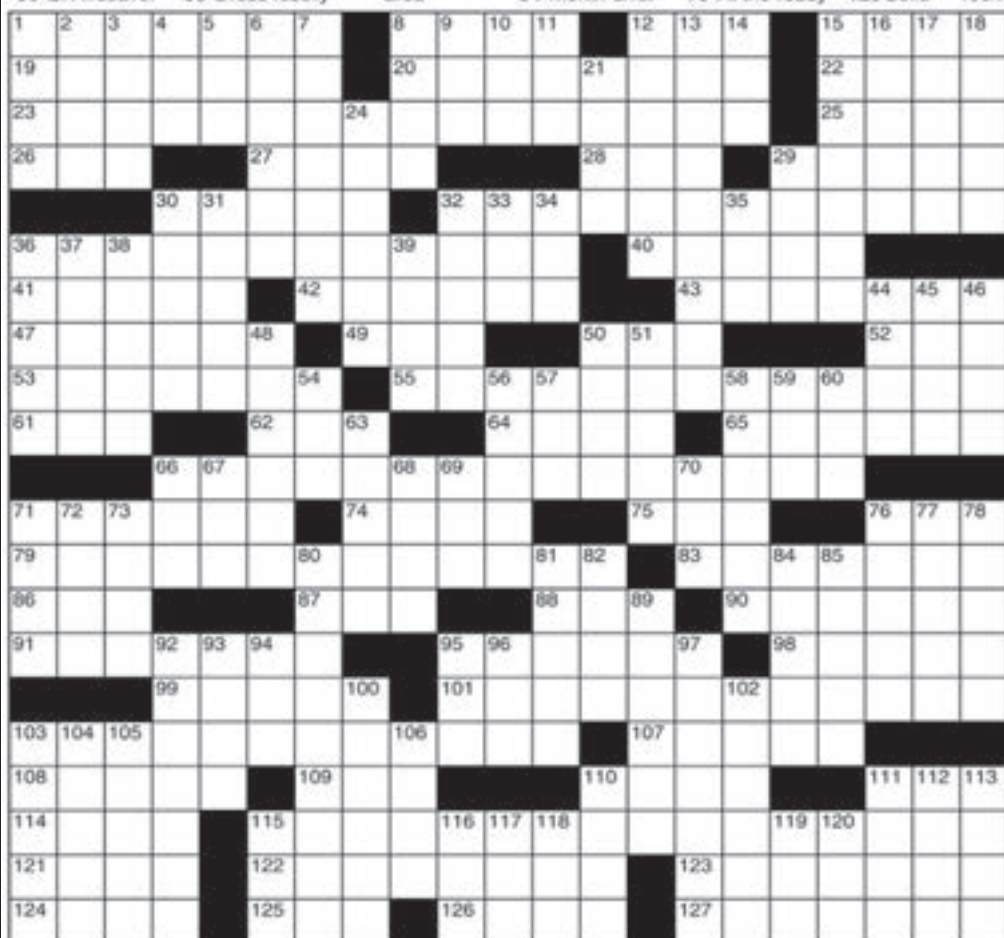
# BEACH CHAIR PASTIME

answers on page 35B

## Super Crossword

A DOZEN TO  
CHOOSE FROM

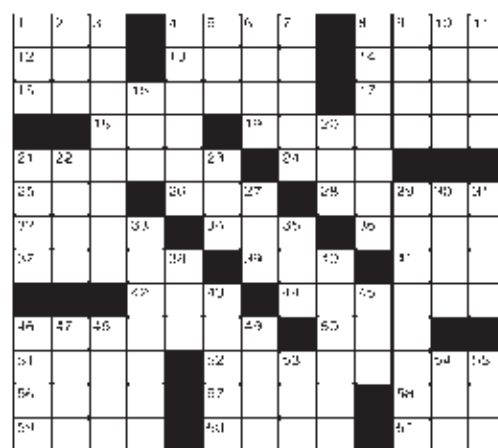
- ACROSS**
- 1 Stinging box jellyfish  
8 Salvador of surrealism  
12 NFL three-pointers: Abbr.  
15 Seal off  
19 Satellite, to its planet  
20 Envoy  
22 Course  
23 Jack-o'-lantern  
25 One gazing  
26 Ending of sugars  
27 A deadly sin  
28 Wiggly fish  
29 Mother, in Madrid  
30 Snow house  
32 1986 #1 hit for Whitney Houston  
36 Colonel on "Hogan's Heroes"  
40 See 52-Across  
41 Tibetan or Thai  
42 Weighted fishing nets  
43 How butter is often eaten  
47 Gave gas to in a garage  
49 Start to fail  
50 ER lifesaver
- 52 With 40-Across, 1960s fad dance  
53 Christmas star's place  
55 7/21/69 New York Times headline  
61 Strong desire  
62 Say "I do" to  
64 Having a sleek design  
65 Snatched  
66 1978 Maya Angelou poem  
71 Shot — (ice hockey statistic)  
74 Not of the clergy  
75 Bit of Aspen gear  
76 Feedbag bit  
79 Y2K  
83 Nosy comic Jimmy?  
86 Sebastian of England  
87 Kind of poem  
88 Ill-lighted  
90 Pestle's partner  
91 Nine-item groups  
95 "Fallin'" singer Keys  
98 Tale twisters  
99 Dress fussily
- 101 Dessert at a tropical-themed party, maybe  
103 1928 Eddie Cantor song  
107 Reel drum  
108 Samuel on the Supreme Court  
109 Drop the ball  
110 Mosque chief  
111 Kick — fuss  
114 Strong desire  
115 It uses only the 12 letters A, E, H, I, K, L, M, N, O, P, U and W (like eight long answers in this puzzle)
- 121 "The Wizard of Oz" farm hand  
122 Present-day Persians  
123 Most lax  
124 In time past, in time past  
125 Hogs' home  
126 Rolling — (rich)  
127 Apply messily
- DOWN**
- 1 Arty NYC area  
2 Lengthy reigns, say  
3 Proficient  
4 Wheaton of the screen  
5 Volume 1 heading starter  
6 "Black Beauty" author  
7 First names, in France  
8 Disallow  
9 Fuse box unit  
10 Lucy of the screen  
11 Philosophy  
12 Bluff one's way through  
13 Decorative grating  
14 Wd. in Roget's  
15 Talk with  
16 Franz  
17 In — surgery  
18 Flung  
21 Expel  
24 Draws forth  
29 Light fog  
30 "— no clue"  
31 Playwright Jean  
32 Gate joint  
33 A single  
34 Month divs.
- 35 Jeremy of basketball  
36 Like toads  
37 River to the Rhine  
38 Pep (up)  
39 Neeson of "Taken"  
44 All-inclusive  
45 Brogan, e.g.  
46 Be inclined  
48 Thrive  
50 Track legend Lewis  
51 Rototills  
54 Hogs' home  
56 Country/folk singer  
57 "Aren't — pair?"  
58 Densest stable element  
59 Tchr.'s org.  
60 Hour div.  
63 Portioned  
66 Toy dog breed, briefly  
67 "Bali —"  
68 Shaggy locks  
69 German "a"  
70 Didn't nix  
71 In time past  
72 Sign gas  
73 Stefani of pop music  
76 At the ready
- 77 Early arcade biggie  
78 Laconic  
80 Despair  
81 City near Venice  
82 Prey for owls  
84 Rich kid in "Nancy"  
85 Israel's Sharon  
89 Noxious vapor  
92 Sobriquet  
93 Tuscan river  
94 Dawn beads  
95 Tablet buy  
96 — in wait  
97 Horrific  
100 Oslo's land  
102 Item for a cheerleader  
103 Corn, to Brits  
104 Amend  
105 Boots  
106 Algerian city  
110 Tech sch.  
111 Super, slangily  
112 Mexican coin  
113 Fax abbr.  
115 That fellow's  
116 20% of XV  
117 Scottish "John"  
118 Singer DiFranco  
119 Farm tool  
120 Solid — rock



## King Crossword

### ACROSS

- 1 Vim and vigor  
4 Go by  
8 Blueprint  
12 Glass of NPR  
13 Between jobs  
14 Top-rated  
15 Unreasonably suspicious  
17 Deteriorates  
18 Cumsy ship  
19 Protective wall  
21 Not quite ball  
24 Greek consonants  
25 Past  
26 Two, in Japanese  
28 Sulked  
32 First course, maybe  
34 "Golden Girl" Arthur  
36 Volcanic flow  
37 First Lilt  
39 Blond shade  
41 Prof. or Cath.  
42 Disencumber  
44 Expedition  
46 Ideal  
50 Tatter  
51 — out



- (supplement ed)  
52 Toxic herbicide  
56 Missile shotler  
57 Ostriches' k  
58 Bristle  
59 Black quartz  
60 Long legs  
61 Still  
5 Commotion  
6 Error  
7 Auto style  
8 Sunshade  
9 Aerobically maneuver  
10 In real stake  
11 Cardinals' home?  
16 Branch  
20 Pirates' quart  
21 Hack talk  
22 "— Rhythm"  
23 Plagiarize  
27 Red or Black  
29 Landlocked country  
30 Always  
31 Limp-watched painter  
33 Seeming  
35 Donkey  
38 Pezuke  
40 Bother repeatedly  
43 Grumpy companion  
45 Online help pg.  
46 Mexican money  
47 Related  
48 Depend (on)  
49 Appellation  
53 Scoot  
54 Really impress  
55 Stick with a kick

### DOWN

- 1 Spot on a domino  
2 Mound star  
3 Lover  
4 Made a sawtooth edge

## MAGIC MAZE ● NO REVERSE

MAXVETQHOMJHFCADY  
WURLGNIPMUJPN  
ROLLERCOASTERLJEHS  
FDLBYKZTXVTRAQLO  
PMOYCUAOKIHMSEFD  
MDPHIOBRZYSKDWAI  
UCETBVOYTRIDGVQA  
JTRLOCNLIKIIIRHAI  
FIDKCAZNNXAWTVUKA  
FESRGGGPREDNALSQ  
TON

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

- |           |                |            |          |
|-----------|----------------|------------|----------|
| Aging     | History        | Sailboat   | Slander  |
| Bicycle   | Parachute      | Ski jump   | Stedding |
| Dreams    | Rocket         | Skiing     | Tattoo   |
| Fire pole | Roller coaster | Sky diving |          |



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Naples, Ocala and Sanibel Island

**North Carolina:** Cashiers/Lake Glenville,  
Highlands, Sapphire/Lake Toxaway



CASA YBEL RESORT  
MUST CALL FOR PRIVATE PREVIEW

- Gorgeous Direct Gulf Views, Excellent Rental Income
- Coveted 1st Floor Location w/Direct Beach Access
- Beautiful Sunsets, World Class Amenities
- **\$649,000** MLS 2160127
- Jason Lomano 239.470.8628

DIRECT SANIBEL BAYFRONT  
OPEN 3/19 1-4 PM

- 1253 ANHINGA LN., SANIBEL
- Beautiful 4 Bedrooms, 4 Bathrooms w/Pool & Spa
- Private Location w/Spectacular Views
- **\$3,795,000** MLS 2160017
- McMurray & Nette 239.850.7888

KINGS CROWN 208  
OPEN 3/19 & 3/20 12-4 PM

- 2721 WEST GULF DR. #208, SANIBEL
- 2 BR, 2 BA w/Wonderful Gulf Views
- Remodeled w/Open Kitchen & Updated Baths
- **\$825,000** MLS 2160227
- The Berry Team 239.910.8430

ST. CHARLES HARBOUR  
OPEN 3/19 1-4 PM

- 15811 TURNBRIDGE CT., FT. MYERS
- 2-Story, 4 Bedrooms, 4.5 Bathrooms
- 2 Fireplaces, Gourmet Kitchen, Wine Room
- **\$1,495,000** MLS 2160087
- McMurray & Nette 239.470.4226

WATERS EDGE II AT PEPPERTREE POINTE  
OPEN 3/19 & 3/20 12 – 4 PM

- 15238 CAPE SABAL LN., FT. MYERS
- Exquisitely Remodeled Ground Level Villa
- 2 Bedrooms, 2 Bathrooms, 2 Car Garage
- **\$250,000** MLS 2160010
- The Berry Team 239.910.8430

BETTS – SANIBEL  
MUST CALL FOR PRIVATE PREVIEW

- 152' Bayou Bay Water Frontage
- Last Buildable Site All Fish & Wildlife Next Door
- Great Direct Boating Access
- **\$1,379,000** MLS 2131372
- John Nicholson 239.849.3250

SPACIOUS BLIND PASS CONDO  
MUST CALL FOR PRIVATE PREVIEW

- Large 2 BR, 2 BA Near Beach Condo
- Great Location w/View of Pool
- Clubhouse, Pool and Tennis
- **\$539,000** MLS 2150402
- John & Denice Beggs 239.357.5500

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OPEN 3/19 & 3/20 1-4 PM

- 536 LIGHTHOUSE WAY, SANIBEL
- Fantastic Lifestyle, Direct Waterfront Estate
- 4 BR, 4.5 BA, Grotto Style Screened Pool Area
- **\$3,495,000** MLS 2150966
- McMurray & Nette 239.472.4226

BEACHVIEW ESTATES  
OPEN 3/20 1-4 PM

- 1258 PAR VIEW DR., SANIBEL
- Gorgeous Golf Course Views
- Remodeled 3 BR, 2 BA w/Soaring Ceilings
- **\$749,000** MLS 2151090
- Cindy Sitton 239.810.4772

TOWN & RIVER  
OPEN 3/20 1-4 PM

- 766 CAPE VIEW DR., FT. MYERS
- 3 BR, 3 BA; 2,372 Living S.F.
- Fantastic River & Sunset Views, Quiet Cul-de-Sac Location
- **\$1,189,000** MLS 2150769
- McMurray & Nette 239.810.7388

5 PEACEFUL TROPICAL ISLAND ACRES  
MUST CALL FOR PRIVATE PREVIEW

- Live or Build - Up to 24,000 S.F.
- Deeded Beach Access Across the Street
- 2,000 S.F.; 2 Bedrooms + Den & Pool
- **\$2,200,000** MLS 2150689
- Cathy Rosario 239.464.2249

WATERSHADOWS  
MUST CALL FOR PRIVATE PREVIEW

- Beautiful Elevated 3 BR, 2 BA Pool Home
- Great Water Views, West Facing
- Fireplace, Family Room, Eat-in Kitchen
- **\$1,295,000** MLS 2160215
- John Nicholson 239.849.3250

TENNIS VILLA  
MUST CALL FOR PRIVATE PREVIEW

- Charming 1 BR Overlooking the Tennis Complex
- Fully Furnished & Ready for Your Vacation
- Easy Walk to Beach, Shops, Restaurants & More
- **\$287,000** MLS 2160266
- Fred Newman & Vicki Panico 239.980.0088

OLD FLORIDA STYLE GEM  
OPEN 3/20 11-3 PM

- 563 HIDEAWAY CT., SANIBEL
- Beautiful Landscaping, 3 BR, 2 BA, Furnished
- See Virtual Tour - <http://royalshell.me/HideawayCt>
- **\$849,000** MLS 2160032
- Radigan Team 239.691.6240

BRYNWOOD  
OPEN 3/20 1-4 PM

- 13733 BRYNWOOD LN., FT. MYERS
- Gorgeous, Designer Renovated, 1.5 Acre Estate
- 4 BR, 4 BA + Media Room & 4-Car Garage
- **\$1,950,000** MLS 2160049
- McMurray & Nette 239.810.7388

PALMETTO POINT  
OPEN 3/19 & 3/20 1-4 PM

- 6758 GRIFFIN BLVD., FT. MYERS
- 4 BR (2 Master Suites), 3 BA, 2,953 Living S.F.
- 100' of Canal Frontage, Recently Renovated
- **\$759,000** MLS 2160205
- McMurray & Nette 239.410.8047

KINZIE ISLAND  
MUST CALL FOR PRIVATE PREVIEW

- 3 BR, 2.5 BA on Navigable Canal
- Beach Cabana Just Steps Away
- Private Dock and Boat Lift
- **\$1,899,000** MLS 2150965
- Burns Family Team 239.464.2984

THE SANCTUARY  
MUST CALL FOR PRIVATE PREVIEW

- 3 BR, 2.5 BA on Sanibel's Premier Golf Course!
- Timeless Design w/10' Ceilings Throughout
- Virtual Tour: <http://royalshell.me/5681baltusrolct>
- **\$650,000** MLS 2150693
- The Radigan Team 239.691.6240

CATALPA COVE  
MUST CALL FOR PRIVATE PREVIEW

NEW PRICE

- 4 BR, 3.5 BA Lakefront, 2 Boat Docks
- Very Private Location on 2 Lots
- Den, Living Room, Family Room, Pool
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